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Offered Daily:

Strawberry Pop-tart, Fudge Pop-tart,

Cinnamon Toast Crunch Cereal, Lucky Charms Cereal

Meal Prices

2nd Breakfast - $2.00 Adult Breakfast - $3.00

Milk (2nd) - $.50

Bottled Water (Large) - $.50

Bottled Water (Small) - $.30

Choice at least 3 food groups.

Take at least ½ cup fruit and/or vegetable

**MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVALIABILITY**

The 5 food groups to a school breakfast are:

Meat/Meat Alternative

Grain

Fruit

Vegetable

Milk

**A copy of the menu with the nutritional and allergy information is available at:**

**https://www.schoolcafe.com/PortageASD**

Grab N Go Meal

or

Cinnamon Roll

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

No School

No School/

Thanksgiving

Break

No School



Grab N Go Meal

or

Pancake & Sausage Stick

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

Grab N Go Meal

or

Raspberry Turnover

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

Grab N Go Meal

or

Breakfast Pizza

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

Grab N Go Meal

or

Egg, Sausage, and Cheese Muffin

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

Grab N Go Meal

or

Cinnamon Roll

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

Grab N Go Meal

or

Ham & Cheese Pocket

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

Grab N Go Meal

or

Blueberry Waffle

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

No School

Logo, company name

Description automatically generated

Grab N Go Meal

or

Pumpkin Swirl Roll

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

Grab N Go Meal

or

Pancake & Sausage Stick

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

Grab N Go Meal

or

Raspberry Turnover

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

Grab N Go Meal

or

Breakfast Pizza

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

Grab N Go Meal

or

Egg, Sausage, and Cheese Muffin

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

**NOVEMBER 2022**

Portage Area High School

Grab N Go Meal

or

Breakfast Pizza

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

Grab N Go Meal

or

Blueberry Waffle

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

Grab N Go Meal

or

Ham & Cheese Pocket

Assortment of Fruits

100% Apple or Orange Juice

Choice of Milk

No School

Parent/Teacher

Conferences

No School

Parent/Teacher

Conferences