

WADENA-DEER CREEK ELEMENTARY SCHOOL NOVEMBER 2024 BREAKFAST AND LUNCH MENU

Students eat **FREE!**

Breakfast is served 7:30am-8:30 am Adult breakfast: \$2.40 Lunch is served 10:45am-12:45 pm Adult Lunch: \$5.00

Lactose free milk is available with written request from parents

1%, and fat free milk choices offered with each meal



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Monday	Tuesday	Wednesday	Thursday	Friday
28 Cereal, fruit, juice, milk Breaded chicken patty wg	29 Breakfast pizza, fruit, orange Juice, milk	30 Pancakes, syrup, fruit, apple Juice, milk	31 French toast sticks, syrup , fruit, juice, milk	Nov. 1 Cheese omelet, toast, jelly, fruit, juice, milk
bun, mayo, Baked fries, ketchup, fresh veggies, fruit choices	Walking taco, shredded cheese, taco sauce, salsa, tomatoes, lettuce, refried beans, fruit choices	Orange chicken & rice, Asian blend veggies, fresh broccoli, fruit choices	Chicken nuggets & Garlic knot, Steamed green beans, fresh baby carrots, fruit choices	Pizza, Steamed carrots, fresh romaine lettuce, grape tomatoes, fruit choices
4 Sausage pancake on stick, syrup, fruit, juice, milk	5 Breakfast pocket , fruit, juice, milk	6 Early risers hashbrown, toast , fruit, juice, milk	7 NO SCHOOL	8 NO SCHOOL
Hot dog/bun, ketchup, Baked beans, baby carrots fruit choices	Cheese quesadilla, steamed carrots, fresh tomato wedges, fruit choices	Sloppy Joe /bun, Roasted root blend veggies, Fresh Baby spinach, fruit choices		
11 Breakfast sandwich, fruit,	12 Biscuit, sausage gravy,	13 Egg patty, English muffin, fruit,	14 Breakfast pizza, fresh orange,	15 Waffles, syrup, diced pears,
juice, milk	fruit, juice, milk	juice, milk	fruit punch, milk	assorted juice, milk
Corn dog Baked beans, fruit choices, fresh romaine lettuce and tomato wedges	Bosco sticks, fresh baby carrots, Sicilian blend veggies, fruit choices	Popcorn chicken, dinner roll Mashed potato/gravy, fresh cucumber slices, fruit choices	Chicken al Fredo with pasta, Bread slice, butter, steamed green beans, fresh baby carrots, fruit choices	Pulled pork/bun, BBQ sauce, steamed broccoli, fresh grape tomatoes, fruit choices
18 Cereal, fruit, juice, milk Cheeseburger/bun, ketchup,	19 Breakfast pizza, fruit, juice, milk	20 Pancakes, syrup, fruit, juice, milk Totally taco Max Snax, fresh red and	21 French toast sticks, syrup , fruit, juice, milk	22 1 Cheese omelet, toast, jelly, fruit, juice, milk
Baked fries, fresh romaine lettuce, tomato slices, fruit choices	Mini Corn dogs, ketchup, fresh cauliflower and broccoli, Baked beans, fruit choices	green peppers, Roasted potatoes, fruit choices	Turkey in gravy, dinner roll, mashed potatoes, fresh romaine lettuce and grape tomatoes, fruit choices	Italian dunkers, marinara sauce, steamed Normandy blend veggies, fresh cucumbers, fruit choices
25 Sausage pancake on stick, syrup, fruit, juice, milk	26 Breakfast pocket, fruit, juice, milk	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL
Breaded chicken patty wg bun, mayo, Baked fries, ketchup, fresh veggies, fruit choices	Walking taco, shredded cheese, taco sauce, salsa, tomatoes, lettuce, refried beans, fruit choices		Thanksgiving	

^{*}Menu is subject to change due to availability of items* Questions? Comments? Call or email Sue Motzko Food Service Director 218-632-2396; smotzko@wdc2155.k12.mn.us This institution is an equal opportunity provider