

DECEMBER 2021 Taylor-White Elementary

BREAKFAST

MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.

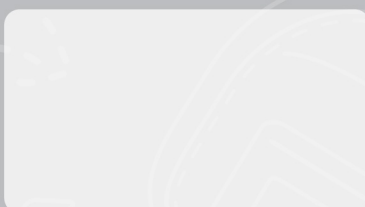


Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke

MONDAY



TUESDAY



WEDNESDAY

French Toast 1
Sausage
Juice
Milk

THURSDAY

Breakfast Pizza 2
Juice
Milk

FRIDAY

Pop Tart 3
Cheese Stick
Juice
Milk

Cinnamon Roll 6
Sausage
Juice
Milk

Breakfast Hot 7
Pocket
Yogurt
Juice
Milk

Waffles 8
Sausage
Juice
Milk

Sausage Biscuit 9
Juice
Milk

Apple Fritter 10
Cheese Stick
Juice
Milk

Chicken Biscuit 13
Juice
Milk

Apple Frudel 14
Yogurt
Juice
Milk

Pancake on a 15
Stick
Juice
Milk

Muffin 16
Sausage
Juice
Milk

Pop Tart 17
Yogurt
Juice
Milk



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Happy Holidays
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