

# October 2024 |

# EZZELL



### Announcements:

CEREAL, MILK, FRUIT AND JUICE SERVED WITH BREAKFAST

FRUIT AND MILK SERVED WITH LUNCH

REMEMBER TO TAKE THREE ITEMS ONE OF THEM NEEDS TO BE A FRUIT OR VEGETABLE

MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> BREAKFAST TACOS BURRITOS CORN BROCCOLI CHIPS/SALSA	<b>2</b> CINNAMON ROLLS CHICKEN NUGGETS MASHED POTATOES GREEN BEANS ROLLS	<b>3</b> EGGS SAUSAGE TOAST PIZZA CUCUMBERS CARROTS	<b>4</b>
<b>7</b> STRAWBEERY BAGEL PULLED PORK SANDWICH FRENCH FRIES BEANS	<b>8</b> BREAKFAST TACOS TACOS REFRIED BEANS LETT/TOM CHIPS/SALSA	<b>9</b> EGGS SAUSAGE BISCUIT POPCORN CHICKEN SALAD CUCUMBERS BREADSTICKS	<b>10</b> MUFFINS SALISBURY STEAK MASHED POTATOES GREEN BEANS ROLLS	<b>11</b> 
<b>14</b> APPLE EMPANADA RAVIOLI SALAD CUCMBERS BREADSTICKS	<b>15</b> BREAKFAST TACOS CRISPITOS REFRIED BEANS CORN CHIPS/SALSA	<b>16</b> YOGURT CORNDOGS BROCCOLI CARROTS CHIPS	<b>17</b> POPTARTS CHICKEN BURGERS FRENCH FRIES BEANS	<b>18</b> PLEASE JOIN US FOR THE FALL FESTIVAL OCTOBER 19 <sup>TH</sup> STARTING AT 4 PM
<b>21</b> PANCAKE ON A STICK HAMBURGERS FRENCH FRIES BEANS	<b>22</b> BREAKFAST TACOS NACHOS REFRIED BEANS LETT/TOM GRAHAM CRACKERS	<b>23</b> BREAKFAST PIZZA STEAK FINGERS MASHED POTATOES GREEN BEANS ROLLS	<b>24</b> EGG SANDWICH PIZZA BROCCOLI CARROTS	<b>25</b>
<b>28</b> MUFFINS CHICKEN BURGERS FRENCH FRIES BEANS	<b>29</b> BREAKFAST TACOS TOSTADAS CORN LETT/TOM CHIPS/SALSA	<b>30</b> SAUSAGE ROLLS POPCORN CHICKEN SALAD CUCUMBERS ROLLS	<b>31</b> EGG SANDWICH PIZZA BROCCOLI CARROTS	 <b>Apples</b> Season in Texas: July-November Did you know? There are about 2,500 different kinds of apples grown in the United States 



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Food and Nutrition Division  
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National School Lunch Program