

Daily Breakfast Choices

- Daily Special
- Cereal & Cracker or
- Cereal & Cheese Stick
- Fruit & Milk

Meal Prices - Include Milk

- Lunch Free
- Breakfast Free
- Adult \$4.25
- Milk \$0.55

*All Lunches include
Variety Bar and Milk*

*Variety Bar Includes:
~Salad
~Variety of Fruits
~Variety of Vegetables*



BREAKFAST - Daily Special

Monday	Tuesday	Wednesday	Thursday	Friday
20 Cereal, Cracker Fruit & Milk	21 Cereal, Cracker Fruit & Milk	22 Cereal, Cracker Fruit & Milk	23 Cereal, Cracker Fruit & Milk	24 Cereal, Cracker Fruit & Milk
27 Cereal, Cracker Fruit & Milk	28 Cereal, Cracker Fruit & Milk	29 Cereal, Cracker Fruit & Milk	30 Cereal, Cracker Fruit & Milk	1 Cereal, Cracker Fruit & Milk

Lunch Menu

*Chicken Nuggets and Roasted Chicken include a roll

Monday	Tuesday	Wednesday	Thursday	Friday
20 Blue: Chicken Nuggets Red: Chicken and Gravy over Mashed Potatoes Variety Fruits &Veggies Milk, breadstick	21 Blue: Hot Dog Variety of Fruit Variety of Veggies Milk	22 Blue: Pepperoni Pizza Red: Cheese Pizza Variety Fruits &Veggies Milk	23 Blue: Chicken Burger Variety of Fruit Variety of Veggies Milk	24 Blue: Corn Dog Variety of Fruit Variety of Veggies Milk
27 Blue: Chicken Nuggets Breadstick Variety of Fruit Variety of Veggies Milk	28 Blue: Burrito Variety of Fruit Variety of Veggies Milk	29 Nachos, Chips, Meat Refried Beans Cheese Variety Fruits &Veggies Milk	30 Blue: Chicken Burger Red: Toasted Cheese Tomato Soup Variety Fruits &Veggies Milk	1 Blue: Hamburger Red: Seasoned Drumstick Roll Variety Fruits &Veggies Milk

MealTime On-Line Is Available!!!

- * Check you child's account
- * Receive low balance e-mail message
- * Make payments to your child's lunch account
- * Apply for Free/reduced lunch online

Go to www.mymealtime.com to set-up an account.

You will need:
Your Child's Synergy Number,

It is free to check your child's account, to receive the low balance e-mail, and to apply for free/reduced lunch.

If you have questions, please call 503-554215 and use the following extensions.

Melissa Pratt xt. 412
Debbly Webster ext. 407

Menu subject to change due to supply chain issues. We will do our best to publish at least one week at a time. Most items are in stock and ready to serve to your children.

Even with breakfast and lunch being free, if you qualify for free or reduced priced meals, please still fill out the application.

A lot of school funding and grants are based on our % of Free and Reduced meals.

[Mealtime Apply Online](#)