**Living Skills Syllabus- Franklin County High School

Course Title**: Living On Your Own: Survival Guide

**Course Description**: Living Skills curriculum is a full-year course for high school students with limited reading abilities, including those with intellectual disabilities or autism. The Survival Guide consists of 10 Chapters covering the following topics: Housekeeping, Vacuuming, Miscellaneous Housekeeping Tasks, Cleaning the Bathroom, Cleaning the Bedroom, Kitchen Jobs, Doing the Laundry, Indoor Maintenance, Outdoor Maintenance, Other Living on Your Own Issues.

**Teacher Introduction**: Kari Myers
Major–National University – Special Education
Masters- National University- Special Education

**Chapter 1: Housekeeping**

Straightening Up, Emptying Wastebaskets, Sweeping and Dusting, Dust Mopping, Cleaning Smudges, Mopping the Floor, Sponge Mopping, Hand Scrubbing

**Chapter 2: Vacuuming**

Vacuuming Wood Floors, Vacuuming Carpets, Vacuuming Furniture, Using a Hand-held Vacuum

**Chapter 3: Miscellaneous Housekeeping Tasks**

Watering House Plants, Shaking Throw Rugs, Cleaning Windows

**Chapter 4: Cleaning the Bathroom**

Straightening Up the Bathroom, Cleaning Sink, Vanity, and Mirror, Cleaning Shower and Tub, Cleaning the Toilet Area

**Chapter 5: Cleaning the Bedroom**

Straightening Bedroom and Putting Clothes Away, Making and Changing the Bed

**Chapter 6: Kitchen Jobs**

Setting and Clearing Table, Doing Dishes, Cleaning Up Kitchen After Meals, Taking Garbage Out and Cleaning Container, Cooking

**Chapter 7: Doing the Laundry**

Washing Clothes

**Chapter 8: Indoor Maintenance**

Maintaining Your Place

Caring for Pets

**Chapter 9: Outdoor Maintenance**

Outdoor Maintenance Part 1, Outdoor Maintenance Part 2

**Chapter 10: Other Living on Your Own Issues**

Home Safety Issues, Getting Along with Neighbors, Having Roommates, Internet Safety

**Assessment Types:**  May include the following: quizzes, lab process, journals, and projects.

**Class rules:**
1. Please be considerate of the other students in class.
2. Be prepared to work the entire class period.

**Consequences for failure to follow class rules and/or requirements:**
1. Conference with teacher.
2. Parents will be called if unacceptable behavior continues and may be asked to come to the
school to discuss problems in class.
3. Students with a pattern of disruptive behavior and/or failure to complete homework and
class assignments may be asked to report to the Assistant Principal for counseling and/or punishment.

**Grading system:** Points shall be awarded for cooperative leaning (group work), quizzes, and participation.

**Materials:**  Chrome book, composition notebook, pencil or ink pen, notebook paper

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