

2025 Heron Lake-Okabena Summer Recreation

Mites/Midgets Baseball

T Ball and In-Between Ball

Please see the reverse side of this paper regarding signup information and T-shirt/cap orders. Please return this completed information to the school office or Lucas Knutson by Friday, May 16.

All boys and girls from Heron Lake, Okabena and the surrounding area are encouraged and welcome to participate. There is no participation cost. Come have some fun this summer!

Mites and Midgets youth baseball practice will begin on Monday, June 2 at the Heron Lake Elementary School Field. Practice may also be held in Okabena throughout the summer.

Practice is held Mondays, Wednesdays and Fridays (every day the first week). Games are on Tuesdays and Thursdays. Practices/home games will be in Heron Lake or Okabena. Game times will vary and will be announced beforehand. Transportation to games is not provided.

Practice Time	Team	Ages
1:00 – 2:00 p.m.	Little Mites (coach pitch)	8-10 as of June 1, 2025
2:00 – 3:00 p.m.	Big Mites	11-12 as of June 1, 2025
3:30 – 5:00 p.m.	Midgets/Jr. Legion	7th – 10th graders as of 2024-2025

*****Tentative Tournament Dates – Week of July 14-15 in Okabena**

T Ball and In-Between Ball will begin Monday, June 9 and will take place on Mondays, Wednesdays and Fridays. This will be held at the Heron Lake Elementary School Field.

***Please note: T Ball and In-Between Ball players do not need to order shirts and caps.

T Ball	(ages 3-5)	9:00 – 9:45 a.m.
In-Between Ball	(ages 6-7)	9:45 – 10:30 a.m.

Please join the Heron Lake-Okabena Summer Recreation group on Facebook for updates. Contact Lucas Knutson at 507-360-1980 with questions.

2025 HL-O Summer Recreation Information

Participant's Name(s)_____

Age_____ Date of Birth_____

Parents' or Guardians' Name(s)_____

Address_____

Phone Numbers_____

Emergency Phone Number and Person to Contact_____

E-Mail Address_____

T-Shirt and Baseball Cap Information. T-Shirts: \$10 Caps: \$15

T-Shirt Size:	Youth	S	M	L		
	Adult	S	M	L	XL	XXL

Baseball Cap Size:	Youth	Adult S/M	Adult L/XL
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Please include payment to: Heron Lake Summer Recreation

(cash or check)

My son or daughter has my permission to participate in the 2025 Heron Lake-Okabena Summer Recreation program. I understand that regular attendance is necessary for my child to participate. Also, I will not hold the coaches or the Cities of Heron Lake or Okabena responsible for any accidents that may occur.

Parent or Guardian Signature

Date