



# FRAZIER SCHOOL DISTRICT

*Inspire and Empower*

## HIGH SCHOOL DECEMBER 2024



### Lunch Menu

**Frazier participates in CEP**  
**All Student meals are Free**  
**Adult Lunch: \$4.65**



Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Texas Toast Grilled Cheese Tomato Soup Green Beans Fruit & Vegetable Bar Milk Choice	4 Popcorn Chicken Bowl Dinner Roll Corn, Mashed Potatoes, Gravy Fruit & Vegetable Bar Milk Choice	5 Chicken Fryz, Brd Cheese Stick, Brd Stick w/ Sauce Seasoned Carrot Coins Fruit & Vegetable Bar Milk Choice	6 School Made Pizza w/o Pepperoni Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
9 Meatballs w/ Marinara Sauce & Garlic Bread Stick Seasoned Green Beans Fruit & Vegetable Bar Milk Choice	10 Crunchy or Soft Tacos w/ Lettuce, Cheese & Salsa Refried Beans & Churro Fruit & Vegetable Bar Milk Choice	11 Chicken Alfredo o/ Noodles w/ Dinner Roll Seasoned Broccoli Fruit & Vegetable Bar Milk Choice	12 Philly Steak Hoagie w/ Cheese, Peppers & Onions Potato Smiles Fruit & Vegetable Bar Milk Choice	13 Buffalo Chicken Dippers w/ Tostito Chips Seasoned Corn Fruit & Vegetable Bar Milk Choice
16 Mini Corn Dogs Baked Beans Tatar Tots Fruit & Vegetable Bar Milk Choice	17 Christmas Feast w/ All The Fixins & Yummy Dessert Fruit & Vegetable Bar Milk Choice	18 Chicken Tenders w/ Mini Loaf Seasoned Mix Vegetables Fruit & Vegetable Bar Milk Choice	19 BBQ Steak Cheeseburger w/ Bacon Crinkle Cut French Fries Fruit & Vegetable Bar Milk Choice	20 French Toast Sticks Sausage Golden Hashbrowns Fruit & Vegetable Bar Milk Choice
23	24	25	26	27
30	31			

**Daily Alternates may included**  
 Cheeseburger on a Bun  
 Hamburger on a Bun  
 Breaded Chicken Patty/Bun  
 Spicy Chicken Patty/Bun  
 Chef Salad w/Choice of Meat,  
 Croutons & Dinner Roll  
 Cold Wraps with Chips

**Additional Choices of Fresh Fruits and Vegetables offered daily may include:**  
 Apples, Apple Slices, Oranges, Grapes, Bananas, Seasonal Fruits, Baby Carrots, Cucumber Slices, Celery Sticks and Beans  
**Canned/Frozen Fruits can include:**  
 Applesauce, Mandarin Oranges, Mixed Fruit, Peaches, Pears, Pineapple Tidbits

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

**Students are offered low fat and non fat milk choices daily and is included with all meals**

The Frazier School District Food Service  
 Department needs Cafeteria Workers  
 Applications available at the Administratin Office

Food Service Manager  
 Christie Mansberry  
 724-736-9507 x431  
 cmansberry@fraziersd.org