BREAKFAST

# OCTOBER 2026
## INGRAM ELEMENTARY SCHOOL

*MENUS ARE SUBJECT TO CHANGE







| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | | | 1<br>OATMEAL<br>CINNAMON TOAST<br>FRUIT<br>ORANGE JUICE<br>MILK | 2<br>WG CEREAL<br>TOAST & JELLY<br>FRUIT<br>APPLE JUICE<br>MILK |
| 5<br>WG CEREAL<br>WG MUFFIN<br>FRUIT<br>ORANGE JUICE<br>MILK | 6<br>BREAKFAST KIT<br>FRUIT<br>MILK | 7<br>PIG IN A BLANKET<br>FRUIT<br>APPLE JUICE<br>MILK | 8<br>BISCUIT & SAUSAGE<br>FRUIT<br>ORANGE JUICE<br>MILK | 9<br>SCRAMBLED EGGS<br>HASHBROWNS<br>FRUIT<br>APPLE JUICE<br>MILK |
| 12<br>**Holiday** | 13<br>BREAKFAST KIT<br>FRUIT<br>MILK | 14<br>PANCAKE BITES<br>FRUIT<br>APPLE JUICE<br>MILK | 15<br>OATMEAL<br>CINNAMON TOAST<br>FRUIT<br>ORANGE JUICE<br>MILK | 16<br>WG CEREAL<br>TOAST & JELLY<br>FRUIT<br>APPLE JUICE<br>MILK |
| 19<br>WG CEREAL<br>WG MUFFIN<br>FRUIT<br>ORANGE JUICE<br>MILK | 20<br>BREAKFAST KIT<br>FRUIT<br>MILK | 21<br>APPLE FRUDEL<br>SAUSAGE<br>FRUIT<br>APPLE JUICE<br>MILK | 22<br>BISCUIT & SAUSAGE<br>FRUIT<br>ORANGE JUICE<br>MILK | 23<br>SCRAMBLED EGGS<br>HASHBROWNS<br>FRUIT<br>APPLE JUICE<br>MILK |
| 26<br>WG CEREAL<br>WG MUFFIN<br>FRUIT<br>ORANGE JUICE<br>MILK | 27<br>BREAKFAST KIT<br>FRUIT<br>MILK | 28<br>WAFFLES<br>SAUSAGE<br>FRUIT<br>APPLE JUICE<br>MILK | 29<br>OATMEAL<br>CINNAMON TOAST<br>FRUIT<br>ORANGE JUICE<br>MILK | 30<br>**NO SCHOOL** |

**AVAILABLE DAILY: 1% WHITE MILK AND FAT FREE CHOCOLATE**
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

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