



WELCOME BACK TO SCHOOL!

Dolly Parton Children's Hospital School Telehealth Team wishes everyone a very successful academic year 2026-2027. We are grateful for your partnership and look forward to helping serve you and your students.

The purpose of this newsletter is to communicate any updates, share important reminders, offer educational topics, and provide top diagnoses and discharge data pertinent to our school telehealth program.



VH FACILITATORS

Our Virtual Health Facilitators (VHF) will begin traveling to their assigned counties during Labor Day week. Be on the lookout for email communications. Remember, they're a great resource and can help support visits and registrations.



FIRST MONTH BACK

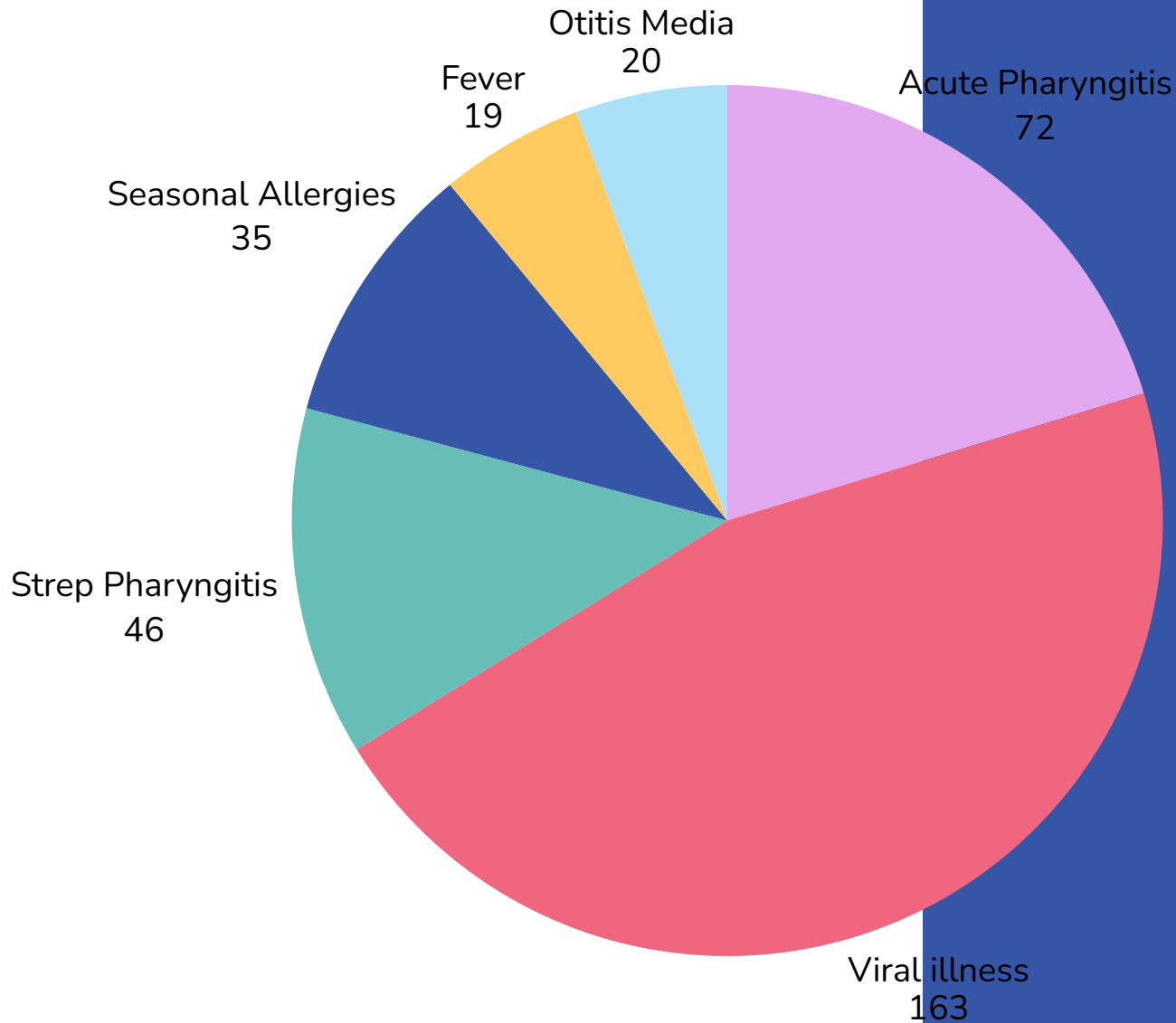
Our first month of the academic year has been a great success, with over 200 visits! Thank you for all you do. We're grateful to support your students and families. Our goal is simple: keep students healthy, reduce absenteeism, and help them stay ready to learn.



TYTO CHAT FEATURE

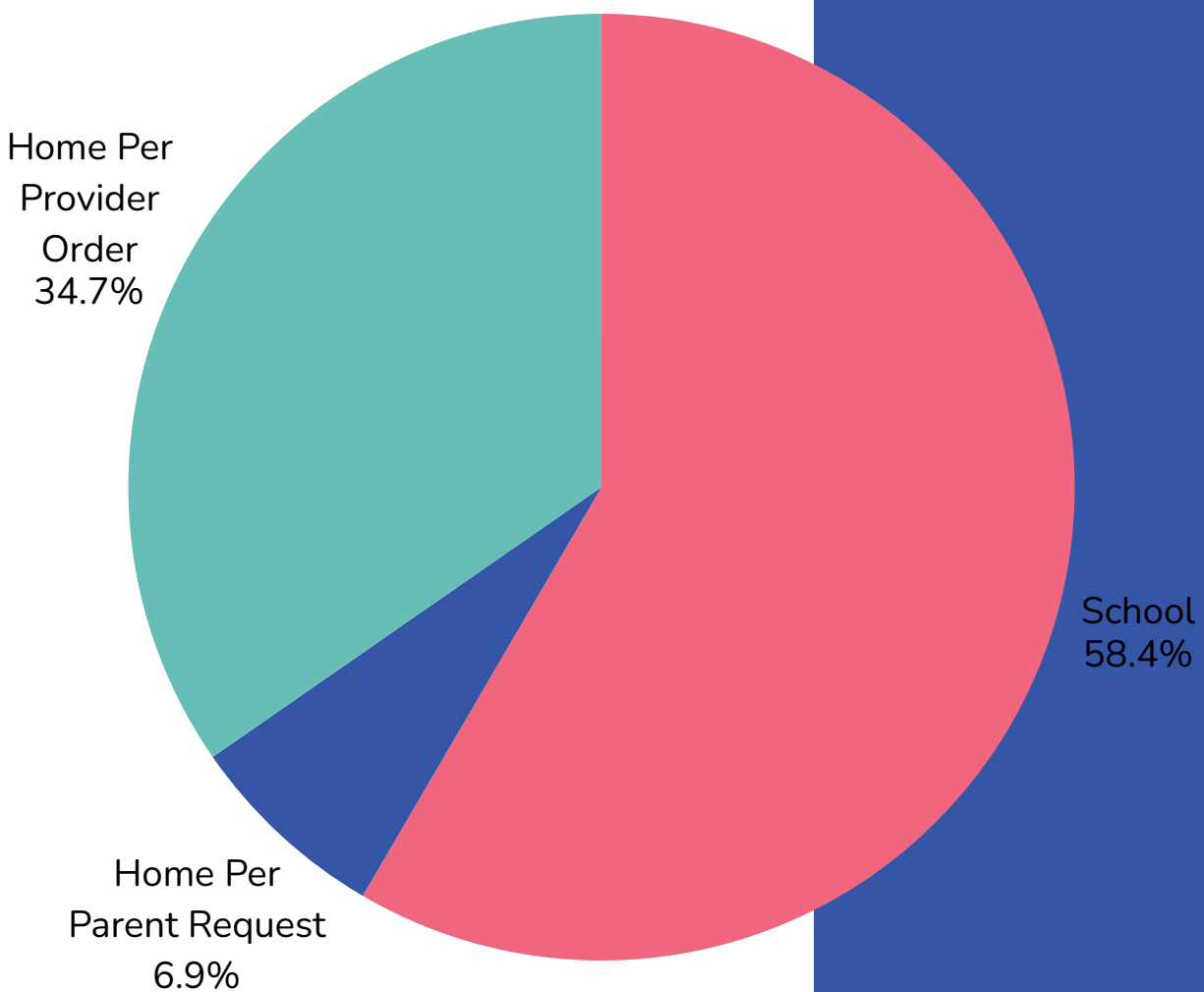
As we work with Tytocare to improve the chat feature, please notify your VHF if you do not have access to this function. The chat feature appears as a small bubble on your iPad screen.

When communicating with a provider, enter the provider's name. We are currently working with Tytocare to create a School Telehealth Group for communication with all of us.



SCHOOL TELEHEALTH AUGUST DATA

See the graph above for the top diagnoses across various counties. Keep in mind that the data also includes secondary diagnoses. For example, a child being treated for a viral illness may also have a diagnoses of otitis media, while a child with strep throat may also have fever documented as a secondary diagnosis.



SCHOOL TELEHEALTH AUGUST DATA

See the graph above for discharge information and trends.

SEASONAL ALLERGIES

What are seasonal allergies?

Seasonal allergies are the body's reaction to airborne allergens such as pollen, grass, weeds, and mold. Seasonal allergies are common in children and are not contagious. Typical timing includes Spring, Summer and Fall.

Typical symptoms:

Sneezing, runny or stuffy nose, itchy/watery/red eyes, itchy or sore throat, and sometimes cough. Symptoms often repeat during the same seasons.

Management:

- Saline nasal rinses or saline spray can help clear allergens
- Nasal steroid sprays such as Fluticasone or Nasacort
- Age appropriate antihistamines such as Cetirizine and Loratadine

When to see a provider:

- The child's symptoms interfere with sleep, school, or activities
- If you are unsure whether allergies are the cause of the child's symptoms
- The main goals are reducing exposure and controlling the symptoms safely with age-appropriate treatment.

