

# DECEMBER 2024

## LUNCH



**School Information:** This Institution is an Equal Opportunity Provider.

All Fruit is either fresh, frozen or in light syrup.



**Nutrition Tip:** Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



### MONDAY

Hot Dog  
Broccoli w/ Cheese  
Fruit  
Milk

2

### TUESDAY

Pizza Grilled Cheese  
Tomato Soup  
Fruit  
Milk

3

### WEDNESDAY

Chicken Strips  
Mac n" Cheese  
Corn  
Fruit  
Milk

4

### THURSDAY

Quesadilla  
Pinto Beans  
Fruit  
Milk

5

### FRIDAY

Beef Stroganoff  
Brussel Sprouts w/  
Cheese  
Fruit  
Milk

6

Lasagna  
Garlic Bread  
Fruit  
Milk

9

Crispito  
Spinach  
Fruit  
Milk

10

Ham and Cheese  
Sandwich  
Potato Smiles  
Fruit  
Milk

11

Chicken Sandwich  
Pinto Beans  
Fruit  
Milk

12

Corndog  
Peas  
Fruit  
Milk

13

Sausage and Peppers  
Roll  
Fruit  
Milk

16

Chicken Pot Pie  
Broccoli w/ Cheese  
Fruit  
Milk

17

Stake Fingers  
Tater Tots  
Fruit  
Milk

18

Hamburger  
Baked Beans  
Fruit  
Milk

19

Mac n" Cheese  
Green Beans  
Fruit  
Milk

20

Winter Break

23

Winter Break

24

Winter Break

25

Winter Break

26

Winter Break

27

Winter Break

30

Winter Break

31



Menu subject to change without notice due to availability of products.