

**Sumter County High School
February Breakfast Menu**

	January 29th	January 30th	January 31st	February 1st	February 2nd
Breakfast	<div style="border: 2px solid black; background-color: #d9e1f2; padding: 10px; text-align: center;"> Milk and Fruit choices available at every meal! </div>			Blueberry Muffin Yogurt Smoothie Fruit	Vanilla Yogurt Fruit Parfait with Rockin'ola Granola Clusters Apple Juice
Option 2				Chicken Biscuit Juice Fruit	Scrambled Eggs Grits Sausage Patty Juice Fruit
	February 5th	February 6th	February 7th	February 8th	February 9th
Breakfast	Bowl of Cereal Yogurt Banana Apple Juice	Stuffed Hashbrown Fruit Orange Juice	Scrambled Eggs WG Grits Hashbrown Patty Slice of Bacon	Blueberry Muffin Yogurt Smoothie Fruit	Vanilla Yogurt Fruit Parfait with Rockin'ola Granola Clusters Apple Juice
Option 2	Biscuit Sausage Patty Juice Fruit	French Toast Sticks Fruit Juice	Pancake Pup Orange Juice Fruit	Chicken Biscuit Juice Fruit	Scrambled Eggs Grits Sausage Patty Juice Fruit
	February 12th	February 13th	February 14th	February 15th	February 16th
Breakfast	Scrambled Eggs Grits Sausage Patty Juice Fruit	Biscuit Sausage Patty Juice Fruit	Scrambled Eggs WG Grits Hashbrown Patty Sausage Patty	Chicken Biscuit Hashbrown Patty Juice Fruit	Scrambled Eggs WG Grits Hashbrown Patty Sausage Patty
Option 2	Biscuit Sausage Patty Juice Fruit	Scrambled Eggs Grits Sausage Patty Juice Fruit	Vanilla Yogurt Fruit Parfait with Rockin'ola Granola Clusters Apple Juice Fruit	Oatmeal Bar Teddy Grahams Fruit	Bowl of Cereal (Assorted Variety) Yogurt Apple Juice Fruit
	February 19th	February 20th	February 21st	February 22nd	February 23rd
Breakfast		Double Chocolate Muffin Fruit Orange Juice	Bowl of Cereal Yogurt Apple Juice Fruit	Scrambled Eggs Grits Sausage Patty Juice Fruit	Bowl of Cereal Yogurt Apple Juice Fruit
Option 2		Pancake Minis Hashbrown Patty Fruit Orange Juice	Pancake Pup Orange Juice Fruit	Chicken Biscuit Juice Fruit	Mini Waffles Grape Juice Fruit
	February 26th	February 27th	February 28th	February 29th	<div style="border: 2px solid black; background-color: #d9e1f2; padding: 10px; text-align: center;"> Milk and Fruit choices available at every meal! </div>
Breakfast	Bowl of Cereal (Assorted Variety) Banana Apple Juice	Scrambled Eggs WG Grits Hashbrown Patty Sausage Patty Or Slice of Bacon	Pop Tart Yogurt Apple Juice Fruit	Egg & Cheese Breakfast Sandwich Grape Juice Fruit	
Option 2	Biscuit Sausage Patty Juice Fruit	French Toast Sticks Fruit Juice	Pancake Pup Orange Juice Fruit	Pancake Minis Hashbrown Patty Fruit Orange Juice	

**Sumter County High School
February Lunch Menu**

	January 29th	January 30th	January 31st	February 1st	February 2nd
Entrée #1	Cheeseburger w/ Lettuce & Tomato	BBQ Chicken	Max Stixs (2) w/ Marinara Cup	Generals Chicken or Chili Thai Chicken	Ranchero Taco Pizza
Entrée #2	Chicken Tenders	Spicy Chicken Sandwich	BBQ Sandwich	Deli Turkey & Cheese Hoagie	Regular OR Spicy Chicken Sandwich
Sides	Sweet Potato Fries Cucumber Slices w/ranch Fruit	Mac & Cheese Green Beans Celery Sticks w/ Ranch Dinner Roll Fruit	Potato Wedges Baked Beans Broccoli & Carrots w/ranch Fruit	Steamed Veggies: Carrots, Broccoli Fried Rice Noodles Sun Chips Fruit	Side Salad Carrot Sticks w/ Ranch Tater Tots Fruit
Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	
Fruit & Veg	Side Salad Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Fruit	Tater Tots Broccoli w/ Ranch Fruit	
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Meat Options	Chicken Strips Black Beans Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Diced Turkey Hard Boiled Egg Shredded Cheddar	Chicken Strips Chickpeas Hard Boiled Egg Shredded Cheddar Queso Cheese	Taco Soup Black Beans Shredded Cheddar	Chicken Strips Chickpeas Hard Boiled Egg Shredded Cheddar Queso Cheese
Grain & Fruit	Tortilla Chips Fruit	Sun Chips Muffin (Variety) Fruit	Tortilla Chips Fruit	Tortilla Chips Crackers Fruit	Tortilla Chips Fruit



**Sumter County High School
February Lunch Menu**

	Monday February 5th	Tuesday February 6th	Wednesday February 7th	Thursday February 8th	Friday February 9th
Entrée #1	Baked Potato Bar w/ Chili, Cheese, Broccoli, Bacon Bits	2 Taco Tuesday Tacos w/ lettuce & Tomato	Chicken Wings	Pasta Bar w/ Choice of Meat Sauce, Meatballs, Chicken, Alfredo Sauce	Cheesy Chicken Quesedilla
Entrée #2	Chicken Tenders	Turkey Hoagie w/ Lettuce & Tomato	BBQ Sandwich	Spicy Chicken Sandwich	Cheeseburger w/ Lettuce & Tomato
Sides	Baked Potato or Crinkle Cut Fries Cheddar Cheese Sauce Cooked Broccoli Carrot Sticks w/ Ranch	Corn Celery Sticks Chex Mix	Baked Beans Tater Tots Carrot Sticks w/ Ranch Dinner Roll Munchies Mix	Potato Wedges Cooked Broccoli Cucumber Slices Side Salad Fruit	Side Salad Carrot Sticks w/ Ranch Tater Tots Fruit
Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza
Fruit & Veg	Crinkle Cut Fries Broccoli w/ Ranch	Carrots & Cucumbers w/ Ranch Fruit	Side Salad Tater Tots Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Dried Chick Peas Fruit
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Meat Opations	Chicken Strips Hard Boiled Egg Shredded Cheese Queso Cheese	Diced Ham Diced Turkey	Chicken Strips Queso Cheese	Beef Vegetable Soup Diced Turkey	Tuna Salad Cheese Cubes
Grain & Fruit	Tortilla Chips w/ Queso Black Beans Corn	Cheese Its Club Crackers Green Peas	Tortilla Chips w/ Queso Black Beans Rockin' Ola Corn Crunch Buffalo Ranch	Corn Muffin Crackers Chickpeas	Apple Loaf Crackers Kernal Corn

**Sumter County High School
February Lunch Menu**

	Monday February 12th	Tuesday February 13th	Wednesday February 14th	Thursday February 15th	Friday February 16th
Entrée #1	Breaded Pork Parmesean Sandwich	2 Taco Tuesday Tacos w/ lettuce & Tomato	Chicken Wings	Cheesy Chicken Quesedilla	Ranchero Taco Pizza
Entrée #2	Turkey Hoagie w/ Lettuce & Tomato	Chicken Tenders	BBQ Sandwich	Cheeseburger w/ Lettuce & Tomato	Regular OR Spicy Chicken Sandwich
Sides	Baked Potato or Crinkle Cut Fries Cooked Broccoli Carrot Sticks w/ Ranch	Corn Celery Sticks Chex Mix	Baked Beans Tater Tots Carrot Sticks w/ Ranch Dinner Roll Munchies Mix	Potato Wedges Cucumber Slices Tortilla chips Salsa	Side Salad Carrot Sticks w/ Ranch Tater Tots Fruit
Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza
Fruit & Veg	Crinkle Cut Fries Broccoli w/ Ranch	Carrots & Cucumbers w/ Ranch Fruit	Side Salad Tater Tots Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Dried Chick Peas Fruit
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Meat Options	Chicken Strips Hard Boiled Egg Shredded Cheese Queso Cheese	Diced Ham Diced Turkey	Chicken Strips Queso Cheese	Beef Vegetable Soup Diced Turkey	Tuna Salad Cheese Cubes
Grain, Bean & Starchy Veg	Tortilla Chips w/ Queso Black Beans Corn	Cheese Its Club Crackers Green Peas	Tortilla Chips w/ Queso Black Beans Rockin' Ola Corn Crunch Buffalo Ranch	Corn Muffin Crackers Chickpeas	Apple Loaf Crackers Kernal Corn

**Sumter County High School
February Lunch Menu**

	Monday February 19th	Tuesday February 20th	Wednesday February 21st	Thursday February 22nd	Friday February 23rd
Entrée #1		Spaghetti w/ Meatsauce	BBQ Chicken	Loaded Tots w/Cheese & Ground Beef, Lettuce, Tomato, Jalepeno, Sour Cream & Salsa	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Cucumber Slices w/ranch Fruit
Entrée #2		Chicken Tenders	Spicy Chicken Sandwich	BBQ Sandwich	Uncrustable PB & J String Cheese Stick
Sides	NO SCHOOL	Cooked Broccoli Bread Stick Sweet Potato Fries Side Salad Fruit	Crinkle Cut Fries Mac & Cheese Green Beans Celery Sticks w/ Ranch Dinner Roll Fruit	Coleslaw Potato Wedges Baked Beans Fruit	Doritos Potato Wedges Broccoli & Carrots w/ Ranch Fruit
Pizza		Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza
Fruit & Veg		Side Salad Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Fruit	Side Salad Tater Tots Fruit
Salad	NO SCHOOL	Salad Bar	Salad Bar	Salad Bar	Pre-Made Salad w/ Carrot, Cucumber, Tomato
Meat Options		Chicken Strips Black Beans Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Diced Turkey Hard Boiled Egg Shredded Cheddar	Chicken Strips Corn Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Hard Boiled Egg Shredded Cheddar
Grain & Fruit		Tortilla Chips Fruit	Sun Chips Muffin (Variety) Fruit	Tortilla Chips Bread Stick Fruit	Muffin (Variety) Club Crackers Fruit

**Sumter County High School
February Lunch Menu**

	February 26th	February 27th	February 28th	February 29th	
Entrée #1	Cheeseburger w/ Lettuce & Tomato	BBQ Chicken	Garlic French Bread Cheese Pizza w/ Marinara Cup	Hamburger Steak	Milk and Fruit choices available at every meal!
Entrée #2	Chicken Tenders	Spicy Chicken Sandwich	Cheeseburger w/ Lettuce & Tomato	BBQ Sandwich	
Sides	Sweet Potato Fries Cucumber Slices w/ranch Fruit	Mac & Cheese Baked Beans Collard Greens Celery Sticks w/ Ranch Dinner Roll Fruit	Tots Side Salad Broccoli & Carrots w/ranch Fruit	Sweet Potato Brown Rice Mashed Potatoes Green Beans Carrots w/ Ranch Fruit	
Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	Smart Mouth Pizza	
Fruit & Veg	Side Salad Fruit	Carrots & Celery w/ Ranch Fruit	Side Salad Fruit	Carrots & Celery w/ Ranch Fruit	
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
Meat Options	Chicken Strips Black Beans Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Diced Turkey Hard Boiled Egg Shredded Cheddar	Chicken Strips Chickpeas Hard Boiled Egg Shredded Cheddar Queso Cheese	Diced Ham Diced Turkey Hard Boiled Egg Shredded Cheddar	
Grain & Fruit	Tortilla Chips Fruit	Sun Chips Muffin (Variety) Fruit	Tortilla Chips Fruit	Sun Chips Muffin (Variety) Fruit	