

Dr. Richard Rogers

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#### PRESS RELEASE

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## **Lindsey Student Support Center December 2025 Events**

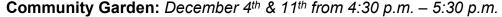
HOUSTON COUNTY, GA – The Lindsey Student Support Center (LSSC) will host the following events for students and their families. All will be held at the LSSC unless noted otherwise. Registration is required for all events.

Parenting the Challenging Child: December  $4^{th}$  from 9:00 a.m. -3:00 p.m. at the Perry Annex

Learn to effectively manage family conflicts as opportunities to form more positive relationships. Participants will learn about the following:

- Building positive relationships
- Understanding stress and conflicts
- Putting language to emotions
- Preventative skills building

Registration is required and lunch will be provided. Parenting the Challenging Child Registration



Come join us for some horticulture therapy and help tend to the community garden while receiving tips and tricks to help your own garden thrive. This class is for adults. Please register at <a href="Community Garden Registration">Community Garden Registration</a>.

What's Your "E"? - Enlistment Night: December 4th from 5:30 p.m. - 7:00 p.m.

The LSSC will be hosting a military enlistment event. This is the second event in our What's Your "E" series. These events highlight post-secondary options for high school students. It is never too early to plan your high school path or solidify plans after graduation. Speak with a recruiter and get useful information about enlisting in a branch of the military. Register at What's Your "E" - Enlistment Night Registration.

## MORE







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**Middle Georgia GLRS Transition Resource Fair:** December 11<sup>th</sup> from 10:00 a.m. – 1:00 p.m. This event is designed to provide students with disabilities and their families with resources for transitioning from school into the community. Learn about:

- NOW/COMP waivers
- Post secondary resources
- Community agencies

Food trucks will be onsite! Bring cash. For additional information, contact the Middle GA GLRS Transition Consortia: Larissa Beecher at (478) 988-7170 or Ibeecher@mgresa.us.

**Clinic Day:** *December 16<sup>th</sup> from 9:00 a.m. – 4:00 p.m.* 

The LSSC and the Georgia Department of Public Health - North Central Health District are partnering to bring health appointments to the families in Houston County. Appointments are available on a first come, first served basis and pre-registration is required. The appointments will be free or low cost for families. Nurses are able to treat mild/moderate conditions, high blood pressure, diabetes, and more. Health screenings, physicals and vaccines can also be provided. Prescriptions will be given as needed. Middle Georgia Community Action Agency will be on site to assist with prescription resources. Medications will not be on-site, and dental services will not be available. Click <a href="English">English</a> or <a href="Spanish">Spanish</a> for registration forms.

<u>Check out our monthly newsletter here.</u> All event information, including flyers in English and Spanish, can be found at www.hcbe.net/lindseycalendar.

The Lindsey Student Support Center is located at 81 Tabor Drive in Warner Robins. For more information about what the Center offers, visit <a href="https://www.hcbe.net/lindseycenter">www.hcbe.net/lindseycenter</a>.

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