



EHS June 2026

Cook Inlet

Native Head Start Menu

Nonfat Milk (2-5 year olds), whole milk (1-2 year olds), or Pacific Ultra Soy (children with a documented medical statement) is served with breakfast and lunch.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Peaches Cream of Wheat Lunch Stir-fry Fajita with Chicken Squash and corn Brown Rice Pears Snack Cheese Stick Honeydew	2 Breakfast Cheerios Strawberries Lunch Beef Sliders Baked Carrots Watermelon Snack Goldfish Zucchini	3 Breakfast Mandarin Oranges WG Bagel Cream Cheese Lunch Turkey Bean Soup Mango WG Tortilla Chips Snack Ritz Mandarin Oranges	4 Breakfast Oatmeal Mixed Berries Lunch Baked Salmon Quinoa Salad Orange Vinaigrette Fruit Salad Snack Peaches Fruity Dip	5 Breakfast Avocado Scrambled eggs Lunch Tortilla Ground beef Spaghetti Apples/Pears WG Noodles Snack Banana Yogurt
8 Breakfast Pancakes (B-13) Blueberries Lunch Pulled Pork Steamed Baby Carrots Pineapple and Mango Wheat Roll Snack Goldfish Cantaloupe	9 Breakfast Mango WG Cheerios Hard Boiled Egg Lunch Turkey Noodle Soup Green Beans Pears 1oz Cheese Stick Snack Fruit Salsa Graham crackers	10 Breakfast Peaches Cream of Wheat Lunch Vegetable Chili Cornbread Shredded cheese Watermelon Snack Blueberry Lemon Parfait	11 Breakfast Breakfast Pizza with reindeer sausage Zucchini Lunch Salmon Patties Mixed Fruit Baked sweet potatoes Croissant Snack Pita Bread Hummus	12 Breakfast Oatmeal Raspberries Lunch Shredded chicken WG Tortilla tomato Shredded cheese Peaches Snack Watermelon Cucumber Salad
15 Breakfast Shredded Wheats Raspberries Lunch Sloppy Joe Wheat Roll Coleslaw Apple Snack Banana Sushi Roll	16 Breakfast Grapes French Toast (C-02) Scrambled Eggs Lunch Halibut Nuggets Peas/Corn Quinoa Salad w orange vinaigrette Fruit Salsa Snack Deli Bento Box	17 Breakfast Strawberries Whole Wheat Muffin B-12 Lunch Bean Soup (5-08) Carrots with Yogurt Sunflower Seed Dip WG Tortilla Chips Mixed Fruit Snack Tuna Salad (F-11) Wheat Thins	18 Breakfast Oatmeal Mixed Berries Lunch Turkey Spaghetti Mango/Pineapple Snack Goldfish Fruit Smoothie	19 No School Juneteenth
22 Breakfast Blueberries Croissant Lunch Beef Goulash Kiwi W Mixed Fruit Snack Egg Salad Toasted English Muffin	23 Breakfast Applesauce WG Bagel Cream Cheese Lunch Cod Tacos WG Tortilla Shredded Cabbage Pineapple Snack Ritz Crackers Mandarin Oranges	24 Breakfast Zucchini Sunshine Tacos (eggs, cheese, tortilla wrap) Lunch Tofu Vegetable Soup Wheat Roll Grapes Cheese Stick Snack Peaches Fruity Yogurt Dip	25 (Last day of school) Breakfast Oatmeal Fruit Smoothie Lunch Reindeer Gravy (D-16) W Noodles Peas Oranges Snack Salmon Salad (F-11) Wheat Thins	26 No School

This menu meets CACFP guidelines for low salt, low sugar and low-fat content.

This institution is an equal opportunity provider.

For questions or comments on approved rotating menu, please contact the Executive Assistant at (907) 433-1602