

Livingston County Schools
2023-2024 Wellness Report Submission of Findings and Recommendations

Area of Assessment: Nutrition

Findings: The 2023-2024 Alliance for a Healthier Generation Healthy Schools Assessment noted three of Livingston County’s four schools do not have access to multiple alternative points of sale for reimbursable meals at lunch.

Recommendations: The Student Nutrition Department will work with administrators to collaborate on ways to make alternative points of sale, such as grab and go options and salad bars, work for their respective schools.

Area of Assessment: Nutrition

Findings: The 2023-2024 Alliance for a Healthier Generation Healthy Schools Assessment showed both of Livingston County’s elementary schools partially have policies in place to prohibit giving students food as a reward and withholding food as punishment. Upon further conversations with elementary administrators, the withholding of food is strictly prohibited, however food is occasionally used as a reward.

Recommendations: The Wellness Coordinator will collaborate with elementary principals to determine other engaging options for rewarding students. Elementary Schools will phase out food rewards beginning in January 2024.

Area of Assessment: Nutrition

Findings: The 2023-2024 Alliance for a Healthier Generation Healthy Schools Assessment showed all Livingston County Schools have Farm to School activities partially in place. Activities range from local/regional products incorporated into the meal programs, lessons on agriculture and nutrition, and career day activities. In order to receive the “fully in place” designation, schools must incorporate four to five Farm to School activities.

Recommendations: Funding provided by the Healthy Meal Incentives Rural Schools Grant will facilitate the increase in Farm to School activities through the implementation of school produce gardens and an increase in local/regional farm partnerships. The Student Nutrition Department will further highlight local/regional produce and begin to provide tastings.