

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
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| <b>*** Breakfast &amp; Lunch Menu items subject to change based on availability***</b>  | <b>K-8 Breakfast Menu</b>  |  | <b>September 1</b><br>Assorted Cereal<br>Honey Bun<br>Diced Pear Cups<br>Fresh Apples<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Orange Juice                       | <b>September 2</b><br>Assorted Cereal<br>Apple or Blueberry Muffins<br>Tropical Fruit Cups<br>Fresh Apple Slices<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Orange Juice          |
| <b>September 5</b><br><br>Labor Day   | <b>September 6</b><br>Assorted Cereal<br>Cinni Minis<br>Mozzarella String Cheese<br>Fresh Fruit<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit Juice                      | <b>September 7</b><br>Assorted Cereal<br>Cinnamon Crunch Bar<br>Diced Peach Cups<br>Fresh Fruit<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Orange Juice                                   | <b>September 8</b><br>Assorted Cereal<br>Chicken Biscuit<br>WG Breakfast Cookie<br>Fresh Fruit<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit Juice               | <b>September 9</b><br>Assorted Cereal<br>Simmered Grits<br>Sausage Patties<br>Applesauce Cups<br>WG Breakfast Cookie<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit Juice       |
| <b>September 12</b><br>Assorted Cereal Kits<br>Sausage Biscuit<br>Applesauce Cups<br>Fresh Fruit<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Orange Juice                       | <b>September 13</b><br>Assorted Cereal Kits<br>Pancakes w/ Sausage Patty<br>Fresh Fruit<br>Mozzarella String Cheese<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Orange Juice | <b>September 14</b><br>Assorted Cereal<br>Assorted Muffins<br>Mixed Fruit Cups<br>Fresh Orange Wedges<br>Mozzarella String Cheese<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit Juice  | <b>September 15</b><br>Assorted Cereal<br>Cinnamon Pop tarts<br>Diced Peach Cups<br>Mozzarella String Cheese<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit Juice | <b>September 16</b><br>Assorted Cereal<br>Honey Buns<br>Fresh Fruit<br>Mozzarella String Cheese<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit Juice                            |
| <b>September 19</b><br>Assorted Cereal<br>Nutri-Grain Bar<br>Graham Crackers<br>Fresh Fruit<br>Mozzarella String Cheese<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit Juice | <b>September 20</b><br>Assorted Cereal<br>French Toast<br>Mozzarella String Cheese<br>Mixed Fruit Cups<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit Juice               | <b>September 21</b><br>Assorted Cereal<br>Apple Frudel<br>Graham Crackers<br>Blue Raspberry Applesauce<br>Mozzarella String Cheese<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit Juice | <b>September 22</b><br>Assorted Cereal<br>Crunch Mania<br>Mozzarella String Cheese<br>Fresh Fruit<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit Juice            | <b>September 23</b><br>Assorted Cereal<br>Cinnamon Pop Tarts<br>Graham Crackers<br>Mozzarella String Cheese<br>Fresh Fruit<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit Juice |
| <b>*** Breakfast &amp; Lunch Menu items subject to change based on availability***</b>  | <b>K-8</b>   |  | <b>September 1</b><br>Pizza<br>PB&J<br>Side Salad with Low-Fat   | <b>September 1</b><br>Red Rice & Sausage<br>PB&J   |

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| <b>subject to change based on availability***</b>  | <b>Lunch Menu</b>   |  | Dressing<br>Simmered Whole kernel Corn<br>Seasoned Asparagus<br>Mozzarella String Cheese<br>Asst. Fresh Fruit<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit juice   | Savory Peas<br>Succotash<br>Homemade Cornbread<br>Pineapple Tidbits<br>Asst. Fresh Fruit<br>1% White Milk<br>Nonfat Chocolate Milk<br>100% Fruit juice   |
| <b>September 5</b><br><br>Labor Day  | <b>September 6</b><br>Hamburger or Cheeseburger on WG Bun<br>PB&J<br>Baked Beans<br>Frozen Side Kicks<br>Lettuce/Sliced Tomatoes<br>1% White Milk<br>Nonfat Chocolate Milk<br>Nonfat Strawberry Milk<br>Low-Fat<br>Ketchup/Mustard/Mayo | <b>September 7</b><br>Country Fried Steak w/ Brown Gravy<br>PB&J<br>Mashed Potatoes<br>Seasoned Lima Beans<br>Gelatin w/ Fruit<br>Mozzarella String Cheese<br>1% White Milk<br>Nonfat Chocolate Milk<br>Nonfat Strawberry Milk | <b>September 8</b><br>Turkey & Cheese Sandwich on WG Bun<br>PB&J<br>Fresh Carrots w/ Ranch Dressing<br>Assorted Baked Chips<br>Diced Peach Cups<br>Mozzarella String Cheese<br>1% White Milk<br>Nonfat Chocolate Milk | <b>September 9</b><br>Assorted Pizza<br>PB&J<br>Oven Baked French Fries<br>Fresh Asst. Fruit<br>Seasoned Green Beans<br>Mozzarella String Cheese<br>1% White Milk<br>Nonfat Chocolate Milk<br>Nonfat Strawberry Milk |
| <b>September 12</b><br>Hotdog w/wo Chili on WG Bun<br>PB&J<br>Baked Bens<br>Applesauce Cups<br>Asst. Fresh Fruit | <b>September 13</b><br>BBQ Chicken<br>PB&J<br>Steamed Brown Rice<br>Simmered Collard Greens<br>Mixed Fruit Cups   | <b>September 14</b><br>Ham & Cheese on WG Bun<br>PB&J<br>Fresh Carrot Sticks<br>Mozzarella String Cheese<br>Asst. Fresh Fruit  | <b>September 15</b><br>Chicken Nuggets<br>PB&J<br>Mashed Potatoes<br>Seasoned Sweet Peas<br>Chilled Pineapple Tidbits   | <b>September 16</b><br>Fish Fillet on Whole Grain Bun<br>Turkey Wrap<br>PB&J<br>Oven Baked Fries<br>Seasoned Mixed Vegetables  |

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| Mozzarella String Cheese<br>1% White Milk<br>Nonfat Chocolate Milk<br>Nonfat Strawberry Milk | Homemade Cornbread<br>1% White Milk<br>Nonfat Chocolate Milk<br>Nonfat Strawberry Milk<br><br>100% Fruit Juice | Diced Peach Cups<br>1% White Milk<br>Nonfat Chocolate Milk<br>Nonfat Strawberry Milk<br>Low-Fat Mayo | Mozzarella String Cheese<br>1% White Milk<br>Nonfat Chocolate Milk<br>Nonfat Strawberry Milk<br>Low-Fat Ketchup<br>Whole Grain Dinner Roll | Mozzarella String Cheese<br>1% White Milk<br>Nonfat Chocolate Milk<br>Nonfat Strawberry Milk<br>Low-Fat Mustard/Ketchup |
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