

JANIE HOWARD WILSON WELCOME BACK



"IF YOU ARE HAVING A PROBLEM OR THINK YOU WILL HAVE A PROBLEM, PLEASE COME TO THE OFFICE."

ADMINISTRATION MESSAGE:

DEAR SILVER STREAK FAMILIES,

WELCOME TO A BRAND NEW SCHOOL YEAR! OUR STAFF IS READY TO EMBRACE OUR THEME OF "LEVELING UP," AND WE ARE EXCITED TO "PRESS START"! WE HOPE YOUR SUMMER WAS FILLED WITH REST, REFLECTION, SPECIAL MEMORY MOMENTS. AS WE BEGIN THIS EXCITING JOURNEY TOGETHER, WE WANT TO EXPRESS OUR DEEP GRATITUDE FOR YOUR COMMITMENT TO CULTIVATING CURIOUS, COMPASSIONATE, AND INTERNATIONALLY MINDED LEARNERS. AT OUR IB PYP SCHOOL, WE DON'T JUST TEACH. WE INSPIRE INQUIRY, MODEL LIFELONG LEARNING, AND NURTURE THE WHOLE CHILD. THIS YEAR, WE WILL CONTINUE TO EMPOWER STUDENTS TO TAKE OWNERSHIP OF THEIR LEARNING THROUGH VOICE, CHOICE, AND MEANINGFUL ACTION. LET'S CONTINUE TO EMBED THE IB LEARNER PROFILES INTO ALL THAT WE DO, CREATING AN ENVIRONMENT WHERE STUDENTS FEEL SAFE TO EXPLORE, CHALLENGE THEIR IDEAS, AND GROW AS GLOBAL CITIZENS.

AS WE MOVE FORWARD, COLLABORATION REMAINS OUR OPPORTUNITY TO "POWER UP." TOGETHER, WE WILL CONTINUE TO BUILD STRONG UNITS OF INQUIRY, FOSTER AUTHENTIC ASSESSMENTS, AND SUPPORT ONE ANOTHER AS WE PROVIDE THE SKILLS YOUR CHILD NEEDS TO ACHIEVE SUCCESS! WE LOOK FORWARD TO THE ENERGY, CREATIVITY, AND HEART YOUR CHILD WILL BRING TO OUR SCHOOL EACH DAY! WE ARE EXCITED TO WORK WITH OUR FAMILIES TO BRING INSPIRATION, INVOLVE OUR COMMUNITY, AND HEAR INNOVATIVE IDEAS TO ENSURE WE DON'T STOP "LEVELING UP!" HERE'S TO A POWERFUL START AND AN AMAZING SCHOOL YEAR!

KIM GRIFFITHS AND JENNIFER SIMPSON

LOOKING AHEAD:

PROGRESS MONITORING ONE TESTING WINDOW - WEEK OF AUGUST 25TH

STATE TESTING PROGRESS MONITORING ONE WEEK OF SEPT 2ND

THIS YEAR, WE ARE EXCITED TO RECOGNIZE OUR "BRRICCK" STUDENTS OF THE MONTH FOR THEIR ATTRIBUTES WITH THE LEARNER PROFILES. WE WILL ALSO BE RECOGNIZING STUDENTS WHO EMBODY THE CHARACTERISTICS OF THE FLORIDA RESILIENCY SKILLS FOR THE MONTH.

● AUGUST LEARNER PROFILE: THINKER: ACTIVELY USING CREATIVE THINKING SKILLS TO ANALYZE COMPLEX PROBLEMS AND MAKE REASONED ETHICAL DECISIONS.

● AUGUST RESILIENCY CHARACTERISTIC: RESPONSIBILITY: OWNING ACTIONS, USING GOOD JUDGMENT, AND PRACTICING SELF-CONTROL. "THE PRICE OF GREATNESS IS RESPONSIBILITY." WINSTON CHURCHILL

SHOUT OUTS:

JANIE HOWARD ELEMENTARY IS RANKED AMONG THE TOP 5% OF FLORIDA SCHOOLS FOR YEAR OVER YEAR MATH PERCENT PASSING CHANGE (GRADES 3-5) FROM 2024 TO 2025. JHW HAD AN IMPRESSIVE IMPROVEMENT OF +13 PERCENTAGE POINTS — SIGNIFICANTLY SURPASSING THE STATE AVERAGE GAIN OF +03 POINTS — IS A TRUE TESTAMENT TO WHAT OUR STUDENTS CAN ACCOMPLISH.



AUGUST CALENDAR

**AUG.1-
WELCOME
BACK
TEACHERS**

**AUG.7-
ORIENTATION
11:00AM-
2:00PM
KONA ICE**

**AUG.11-
WELCOME
BACK
STUDENTS**

**AUG. 29-
EARLY
RELEASE
12:40PM**

**SEPT.1-
LABOR DAY
NO SCHOOL**

**AUGUST
2025
ISSUE NO 1**

BOLT NEWS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 No School	2 No School
3 No School	4 No School	5 No School	6 No School	7 No School	8 No School	9
10	11	12 Breakfast Entrée • Delicious Blueberry Muffin Grain • Whole Grain Honey Graham Cracker 3 pk Fruit • Strawberry Craisins • 100% Apple Juice • Applesauce Cup Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	13 Breakfast Entrée • Fluffy Pancakes • Multi-Grain Cheerios Cereal w/ Graham Crackers • Frosted Shredded Wheat Cereal • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Cracker 3 pk Fruit • Fresh Orange Slices • 100% Fruit Punch Juice • Raisins Box Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	14 Breakfast Entrée • Egg & Cheese Croissant Sandwich • Multi-Grain Cheerios Cereal w/ Graham Crackers • Frosted Shredded Wheat Cereal • Strawberry Banana Yogurt Cup Fruit • Fresh Banana • 100% Apple Juice • Strawberry Craisins Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	15 Breakfast Entrée • Maple Pigs in a Blanket • Multi-Grain Cheerios Cereal w/ Graham Crackers • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Cracker 3 pk Fruit • Fresh Apple • 100% Fruit Punch Juice • Raisins Box Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	16
17	18 Breakfast Entrée • Fluffy Jumbo Waffles w/ Turkey Sausage • Apple Cinnamon Cheerios Cereal • Cheerios Cereal • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Cracker 3 pk Fruit • Fresh Apple • 100% Fruit Punch Juice • Raisins Box Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	19 Breakfast Entrée • Chicken Biscuit Sandwich • Crispy Southwestern Hash w/ Toast • Cheerios Cereal • Apple Cinnamon Cheerios Cereal • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Cracker 3 pk Fruit • 100% Apple Juice • Applesauce Cup • Strawberry Craisins Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	20 Breakfast Entrée • Turkey Ham & Cheese Biscuit Sandwich • Multi-Grain Cheerios Cereal w/ Graham Crackers • Frosted Shredded Wheat Cereal • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Cracker 3 pk Fruit • Fresh Orange Slices • 100% Fruit Punch Juice • Raisins Box Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	21 Breakfast Entrée • Egg & Cheese English Muffin Sandwich • Multi-Grain Cheerios Cereal w/ Graham Crackers • Frosted Shredded Wheat Cereal • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Cracker 3 pk Fruit • Fresh Banana • 100% Apple Juice • Strawberry Craisins Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	22 Breakfast Entrée • Scratch-Made French Toast Casserole • Multi-Grain Cheerios Cereal w/ Graham Crackers • Strawberry Banana Yogurt Cup Grain • Whole Grain Honey Graham Cracker 3 pk Fruit • Fresh Apple • 100% Fruit Punch Juice • Raisins Box Milk • Fat Free Chocolate Milk Local • 1% Low Fat White Milk Local	23

Breakfast Entrée

- Mini Sausage Wrapped Pancakes
- Cheerios Cereal
- Apple Cinnamon Cheerios Cereal
- Strawberry Banana Yogurt Cup

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- Fresh Apple
- 100% Fruit Punch Juice
- Raisins Box

Milk

- Fat Free Chocolate Milk Local
- 1% Low Fat White Milk Local

Breakfast Entrée

- Breakfast Chicken & Waffle
- Cheerios Cereal
- Apple Cinnamon Cheerios Cereal
- Strawberry Banana Yogurt Cup

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- Strawberry Craisins
- 100% Apple Juice
- Applesauce Cup

Milk

- Fat Free Chocolate Milk Local
- 1% Low Fat White Milk Local

Breakfast Entrée

- Turkey Sausage Breakfast Pizza
- Multi-Grain Cheerios Cereal w/ Graham Crackers
- Frosted Shredded Wheat Cereal
- Strawberry Banana Yogurt Cup

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- Fresh Orange Slices
- 100% Fruit Punch Juice
- Raisins Box

Milk

- Fat Free Chocolate Milk Local
- 1% Low Fat White Milk Local

Breakfast Entrée

- Turkey Ham & Cheese Croissant Sandwich
- Multi-Grain Cheerios Cereal w/ Graham Crackers
- Frosted Shredded Wheat Cereal
- Strawberry Banana Yogurt Cup

Fruit

- Fresh Banana
- 100% Apple Juice
- Strawberry Craisins

Milk

- Fat Free Chocolate Milk Local
- 1% Low Fat White Milk Local

Breakfast Entrée

- Bacon, Egg & Cheese Breakfast Tacos
- Multi-Grain Cheerios Cereal w/ Graham Crackers
- Strawberry Banana Yogurt Cup

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- Fresh Apple
- 100% Fruit Punch Juice
- Raisins Box

Milk

- Fat Free Chocolate Milk Local
- 1% Low Fat White Milk Local

This information and the Menus can change regularly and foods are substituted periodically without notice. To obtain the most up-to-date information, contact your school's cafe manager.

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August 2025

Janie Howard Wilson Elementary

Lunch

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 No School	2 No School
3 No School	4 No School	5 No School	6 No School	7 No School	8 No School	9
10	11	12 Lunch Entrée • Cheesy Chicken Quesadilla • Crispy Chicken Patty Sandwich • Pepperoni Pizza Power Pack Vegetables • Homemade Seasoned Beans Baked • Fresh Baby Carrots • Fresh Broccoli Florets • Fresh Tomato Wedges Fruit • Sweet Diced Peaches • 100% Fruit Punch Juice • Raisins Box Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	13 Lunch Entrée • Sweet & Sour Popcorn Chicken w/ Brown Rice • Hot Dog (Pork-Free) • PB & Jelly Uncrustable w/ String Cheese & Graham Cracker Vegetables • Steamed Crinkle Carrots • Fresh Baby Carrots • Fresh Cucumber with Zesty Lemon & Chili • Fresh Zucchini & Yellow Squash Fruit • 100% Apple Juice • Fresh Orange • Strawberry Craisins Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	14 Lunch Entrée • Baked Shepherds Pie w/ Roll • Grilled Cheeseburger • Pepperoni Pizza Power Pack Vegetables • Zingy Crinkle Fries • Fresh Baby Carrots • Fresh-Cut Cucumber Slices • Fresh Celery Sticks Fruit • Fresh Banana • INACTIVE 100% Orange-Pineapple Juice • Raisins Box Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	15 Lunch Entrée • Classic Pepperoni Pizza • Delicious Cheese Pizza Vegetables • Fresh Baby Carrots Fruit • 100% Apple Juice • Fresh Apple • Strawberry Craisins Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	16
17	18 Lunch Entrée • Chicken Nuggets w/Roll • Cheese Stuffed Breadsticks w/Marinara • Italian Sub Vegetables • Spiced Green Beans • Fresh Baby Carrots • Fresh Broccoli Florets • Fresh Celery Sticks Fruit • 100% Grape Juice • Cinnamon Applesauce Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	19 Lunch Entrée • BBQ Chicken Panini • Grilled Cheeseburger • Crispy Chicken Nugget Salad w/Croutons Vegetables • Cheesy Mexican Mix Refried Beans • Fresh Baby Carrots • Fresh Broccoli Florets • Fresh Celery Sticks • Fresh Salsa Fruit • Diced Pears • 100% Fruit Punch Juice • Raisins Box Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	20 Lunch Entrée • Creamy Garlic Chicken over Penne • BBQ Chicken Sandwich • Italian Sub Vegetables • Seasoned Peas & Carrots • Fresh Baby Carrots • Fresh Celery Sticks • Fresh Broccoli Florets Fruit • 100% Apple Juice • Fresh Orange Slices • Strawberry Craisins Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	21 Lunch Entrée • Creamy Macaroni & Cheese • Chicken Tenders w/ Biscuit • Crispy Chicken Nugget Salad w/Croutons Vegetables • Vegetarian Mashed Potatoes • Fresh Baby Carrots • Fresh-Cut Cucumber Slices • Garbanzo Bean & Tomato Salad Fruit • 100% Grape Juice • Fresh Banana • Raisins Box Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	22 Lunch Entrée • Delicious Cheese Pizza • Turkey Ham Hawaiian Pizza Vegetables • Peppered Broccoli Florets • Side Salad Fruit • 100% Apple Juice • Fresh Apple Milk • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local	23

Lunch Entrée

- Nutty Noodle Bowl
- Down Home Chicken & Waffles
- Peanut Butter & Jelly Uncrustable w/ Cheese & Goldfish

Vegetables

- Fresh Baby Carrots
- Fresh Broccoli Florets
- Fresh Tomato Wedges
- Steamed Corn

Fruit

- INACTIVE 100% Orange-Pineapple Juice
- Cinnamon Applesauce
- Strawberry Craisins

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Spaghetti Meatsauce
- Beef Nachos
- Turkey Ham & Cheese Salad

Grain

- Homemade Croutons

Vegetables

- Charro Beans without Jalapeños
- Fresh Baby Carrots
- Fresh Cucumber with Zesty Lemon & Chili
- Fresh Broccoli Florets
- Fresh Salsa

Fruit

- Raisins Box

Milk

- 100% Grape Juice
- Mixed Tropical Fruit Milk
- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Orange Chicken
- Cheese Quesadilla
- Peanut Butter & Jelly Uncrustable w/ Cheese & Goldfish

Grain

- Seasoned Brown Rice

Vegetables

- Peppered Broccoli Florets
- Fresh Baby Carrots
- Fresh Broccoli Florets
- Fresh-Cut Cucumber Slices

Fruit

- 100% Apple Juice
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local
- Fat Free Strawberry Milk Local

Lunch Entrée

- Southern Chicken Bowl w/ Mashed Potatoes & Corn
- Cheese Stuffed Sticks
- Turkey Ham & Cheese Salad

Vegetables

- Spiced Green Beans
- Fresh Baby Carrots
- Fresh-Cut Cucumber Slices
- Roasted Garbanzo Beans

Fruit

- 100% Fruit Punch Juice
- Fresh Banana
- Raisins Box

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Peanut Butter & Jelly Sandwich w/ String Cheese

Vegetables

- Fresh Celery Sticks
- Fresh Baby Carrots

Fruit

- 100% Apple Juice
- Fresh Apple
- Strawberry Craisins
- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

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AUGUST

RESPONSIBILITY

Resiliency



☀ Trait Focus: *Responsibility*

Definition: Owning my actions, using good judgment, and practicing self-control

Why it matters: Students who demonstrate responsibility show increased academic achievement, stronger relationships, and better emotional regulation. Modeling and teaching responsibility helps foster independence and community-minded behavior in and out of the classroom.



💡 Classroom Ideas for August

- Morning Meeting Question: "What's something you're responsible for at home or school?"
- Book Recommendation (K-2): A Chair for My Mother by Vera B. Williams – A story of teamwork, saving, & family responsibility.
- Book Recommendation (3-5): Esperanza Rising by Pam Muñoz Ryan– Esperanza learns to take responsibility for her family and adapt to a new life.
- Create a "Responsibility Chart" for classroom jobs or personal goals. Encourage reflection weekly.
- Team Builder Idea: "Chain Reaction" – In small groups, students build a paper chain of responsible actions they've taken, linking each to a classroom value or goal.

📘 NEW: Resiliency Education Resource Page!

We're excited to launch our Polk County Resiliency Resource Page – your one-stop hub for:

- ✓ Trait-aligned book lists (by grade band)
- ✓ Sanford Harmony Meet Up conversation starters
- ✓ Monthly announcements, videos & posters
- ✓ Lesson plans, family tips, and more!

[🔗 K-5 Resiliency Schoology Page](#)



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