

August 2026 SCHS/SCJH Menu

17 Monday		18 Tuesday	19 Wednesday	20 Thursday
Teacher Institute	Teacher Institute	WG Cereal, WG Breakfast Bar 47 gm, Fruit, Juice WG Bun 28 gm, Hamburger 3 gm, Cheese Slice 2 gm or Smoothie Meal, or Chef Salad or Deli Sandwich or Yogurt Meal or WG Uncrustables Green Beans 4 gm, Peaches 14 gm, Fresh Fruit and Veggies	WG Cereal, Blueberry Muffin 46 gm, Fruit, Juice WG Bun 28 gm, Tenderloin 14 gm or Chef Salad or Yogurt Meal or WG Uncrustable or Deli Sandwich Oven Potatoes 23 gm, Rosy Applesauce 26 gm, Fresh Fruit and Veggies	21 Friday WG Cereal, Mini Cinnamon and Sugar Donuts 36 gm, Fruit, Juice WG Multi Cheese Garlic Bread 43.5 gm or Chef Salad, Deli Sandwich, WG Uncrustable, Yogurt Meal Marinara Sauce 7 gm, Romaine 1.5 gm, Mandarin Oranges 17 gm, WG Cookie 17 gm, Fresh fruit and Veggies

24 Monday WG Cereal, WG Waffle 37 gm, Syrup 20 gm, Fruit, Juice Hot Ham and Cheese <u>or</u> <u>Pepperoni Panini</u> or <u>Chef Salad</u>, <u>Deli Sandwich</u>, <u>Yogurt Meal</u>, <u>Uncrustables</u> Peas 11 gm, Carrots 6 gm, Cinnamon Applesauce 22 gm, Fresh Fruit and Veggies	25 Tuesday WG Cereal, WG Bagel w/Cream Cheese 41 gm, Fruit, Juice WG Bun 26 gm, WG Chicken Patty 156 gm or <u>Yogurt Meal</u>, <u>Uncrustables</u>, <u>Deli Sandwich</u>, <u>Chef Salad</u> Sweet Potato Fries 23 gm, Broccoli w/Cheese 10 gm, Pineapple 17 gm, Fresh Fruit and Veggies	26 Wednesday WG Cereal, Biscuit 26 gm, Sausage & Gravy 8 gm, Fruit, Juice WG Bun 28 gm, BBQ 3 gm <u>or</u> <u>Smoothie Meal</u>, <u>Yogurt Meal</u>, <u>Deli Sandwich</u>, <u>Chef Salad</u>, <u>Uncrustables</u> Baked Beans 28 gm, Pears 16 gm, Fresh Fruit and Veggies	27 Thursday WG Cereal, Cinnamon roll 43 gm, Fruit Juice WG Tortilla Chips 36 gm, Pulled Pork, Queso Blanco 6 gm or <u>Deli Sandwich</u>, <u>Yogurt Meal</u>, <u>Chef Salad</u>, <u>WG Uncrustables</u> Oven Potatoes 23 gm, Tropical Fruit 22 gm, Fresh Fruit and Veggies	28 Friday WG Cereal, WG Toast 13 gm, Egg Patty 1 gm, Sausage Patty 1 gm, Jelly 9 gm, Fruit, Juice Stuffed Crust Pizza 52.5 gm <u>or</u> <u>Yogurt Meal</u>, <u>Deli Sandwich</u>, <u>Uncrustables</u>, or <u>Chef Salad</u> Romaine 1.5 gm, Peaches 14 gm, Ice Cream Cup 19 gm, Fresh Fruit and Veggies
31 Monday WG Cereal, WG Pancake on a Stick 17 gm, Syrup 20 gm, Fruit, Juice WG Chicken, WG Waffle 43 gm <u>or</u> <u>WG Pepperoni Panini</u>, <u>Chef Salad</u>, <u>Uncrustables</u>, <u>Deli Sandwich</u>, <u>Yogurt Meal</u> Corn 14 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggies		A Plant-Based Meal is offered every day. THE MENU IS SUBJECT TO CHANGE Assorted White, Strawberry, and Chocolate Milk are offered at all meals All meals are FREE to every child.	Breakfast is Offer vs Serve. Students must take 3 of 4 items served. One must be ½ cup of fruit or juice. Lunch is also Offer vs serve. Students must take 3 of 5 items served. One must be ½ cup of fruit or veggies Check out the Breakfast cart for more options at Breakfast!	Welcome Back! Early out at 1:45 p.m. till September 4th. We will be back to our regular dismissal time on September 8th.
