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| Logo  Description automatically generated**Farmhouse School Breakfast Menu** **Vista Grande****November 2022** |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |  |
|  |  | **31** | **1** | **2** | **3** | **4** |  |
|  |   | Zucchini Muffins, Fruit, and Milk | Yogurt Parfait, Granola, Fruit, and Milk | Baked Apple Crumble, Yogurt and Milk | Home Fries w/ cheese, Fruit, and Milk |  |
|  |  | **7** | **8** | **9** | **10** | **11** |  |
|  | Granola, Milk and Fruit | Corn Bread, Fruit, Milk | Blue Corn Atole, Fruit, Milk | Banana Bread, Fruit, Milk | English Muffin, Fruit Salad, Milk |  |
|  |  | **14** | **15** | **16** | **17** | **18** |  |
|  | English Muffin w Cheese, Milk, Fruit | Corn Flake Cereal, Fruit, Cheese Stick, Milk | Oatmeal w/raisins and sunflower seeds, Fruit, Milk | Breakfast Burrito, Fruit, Milk | Pumpkin Muffins, Fruit, Milk  |  |
|  |  | **21** | **22** | **23** | **24** | **25** |  |
|  | Cold Oat Cereal Fruit and Milk | Zucchini Muffins, Fruit, and Milk  | **Fall Break** | **Fall break** | **Fall break** |  |
|  |  | **28** | **29** | **30** |  | **No**  |  |
|  | Granola, Yogurt, Milk, Fruit | Corn Bread, Fruit, Milk | Blue Corn AtoleFruit, Milk |  |  |  |

Thank you for helping to support local farmers and ranchers by participating in the Farmhouse USDA School Lunch program!

 *Featuring local vegetables from Cerro Vista Farms and fruit from Freshies*