

# December 2024

Owosso Public Schools  
Elementary Menu

This institution is an equal opportunity provider. Menus are subject to change.

OPS Food & Nutrition Department

We are excited to have our students back to school and eating FREE nutritious meals again this school year.

Please feel free to reach out to our department with any questions.....  
989.729.5486  
Joy = Hartman@owosso.k12.mi.us

Please feel free to visit our website for more information and links to online forms and menu's  
<https://www.owosso.k12.mi.us/foodnutritionservices>

**YOU'RE GOOD**



**ALL STUDENTS EAT BREAKFAST @ NO COST ALL YEAR LONG**



**Monday, December 2**

**Breakfast**  
WG Muffin Flat  
MI Fresh Apple  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Chicken Drumies  
WG Gold Fish Crackers  
Yellow Corn  
Fresh MI Veg Cup  
Orange Wedges  
Michigan Milk

**Tuesday, December 3**

**Breakfast**  
WG Breakfast Round  
Fruit Cup  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Walking Taco's  
Shredded Lettuce  
MI Diced Tomatoes  
Shredded Cheese  
Mixed Fruit  
Michigan Milk

**Wednesday, December 4**

**Breakfast**  
WG Breakfast Bread  
Raisins  
100% Fruit Juice  
Michigan Milk

**Lunch**  
Cheeseburger on a WG Bun  
Potato Tots  
MI Grape Tomatoes  
Fresh Apple  
Michigan Milk

**Thursday, December 5**

**Breakfast**  
WG Benefit Bar  
Fresh Banana  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Mac & Cheese  
MI Spinach Salad  
MI Sliced Cucumbers  
Diced Peaches  
Michigan Milk

**Friday, December 6**

**Breakfast**  
WG Fruity PopTart  
Fresh Fruit  
100% Fruit Juice  
Michigan Milk

**Lunch**  
Perfect WG Pizza  
Tossed MI Romaine Salad  
Fresh Veg Cup  
Clementine's  
Michigan Milk

**Available Daily**

Fresh Fruit & Vegetable Bars  
Freshly Baked Whole Grain Rolls  
Your Choice of  
White or Chocolate Michigan Milk  
Fresh Daily Salads w/Gold Fish Crackers  
Monday—Peanut Butter & Jelly  
Tuesday—Ham Sub Sandwich  
Wednesday—Peanut Butter & Jelly  
Thursday—Turkey Sub Sandwich  
Friday-Grilled Cheese Sandwich

**Monday, December 9**

**Breakfast**  
WG Breakfast Bun  
Raisins  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Chicken Shapes  
WG Gold Fish Crackers  
Baby Carrots  
Yellow Corn  
MI Great Grapes  
Michigan Milk

**Tuesday, December 10**

**Breakfast**  
WG Benefit Bar  
Michigan Apple  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Soft Taco  
Shredded Lettuce  
Diced Tomatoes  
Shredded Cheese  
Orange Wedges  
Michigan Milk

**Wednesday, December 11**

**Breakfast**  
WG Pumpkin Bread  
Clementine  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Bosco Sticks  
Broccoli  
MI Cucumber Coins  
MI Mixed Berries Cup  
Michigan Milk

**Thursday, December 12**

**Breakfast**  
WG French Toast Bar  
Fresh Pear  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Rotini  
WG Garlic Bread  
Mixed Fresh Vegetables  
Green Beans  
Strawberry Cup  
Michigan Milk

**Friday, December 13**

**Breakfast**  
WG Waffle  
AppleSauce  
100% Fruit Juice  
Michigan Milk

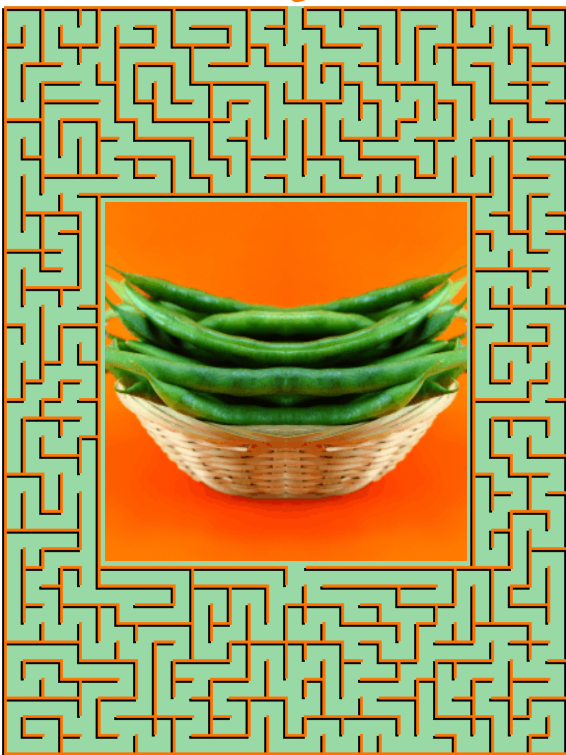
**Lunch**  
Perfect WG Pizza  
MI Tossed  
Romaine Salad  
MI Fresh Veg Cup  
Mixed Fruit  
Michigan Milk



## Set the beans free!

Green Beans are loaded with vitamins, minerals, and fiber. But on our holiday tables, these super heroes are too often overwhelmed with butter and gooey sauces. You can help! Find your way to the center of the maze, where fresh green beans, ready to be steamed with helpful seasonings (and, if you insist, just a touch of butter!), are waiting for you to set them free!

➔ *Start here!*



Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)



## Word of the Month

be·nev·o·lent

*adj.* 1. charitable; kind  
2. showing love to others and a desire to promote their happiness and well-being



### Monday, December 16

#### Breakfast

Mini Pancakes  
Raisins  
100% Fruit Juice  
Michigan Milk

#### Lunch

WG PopCorn Chicken  
WG Gold Fish Crackers  
Broccoli  
MI Celery  
MI Berry Cup  
Michigan Milk

### Tuesday, December 17

#### Breakfast

WG Breakfast Round  
Fruit Cup  
100% Fruit Juice  
Michigan Milk

#### Lunch

WG Walking Taco  
Shredded Lettuce  
Diced Tomatoes  
Shredded Cheese  
Orange Wedges  
Michigan Milk

### Wednesday, December 18

#### Breakfast

WG Benefit Bar  
Round Orange  
100% Fruit Juice  
Michigan Milk

#### Holiday Feast

Beef Roast  
WG Roll  
Mashed Potatoes  
Green Bean Casserole  
Fresh MI Fruit  
Michigan Milk

### Thursday, December 19

#### Breakfast

WG Muffin  
MI Fresh Fruit  
100% Fruit Juice  
Michigan Milk

#### Lunch

WG Mac & Cheese Bites  
MI Romaine Salad  
Fresh Mixed Vegetable  
Strawberry Cup  
Michigan Milk

### Friday, December 20

#### Breakfast

WG Cinnamon Roll  
MI Fresh Apple  
100% Fruit Juice  
Michigan Milk

1/2 Day

Sack Lunch

SEE YOU IN

2 HAPPY NEW YEAR! 25

Last day of school:  
Friday,  
December 20

Classes resume:  
Monday,  
January 6