



ALABAMA STATE DEPARTMENT OF EDUCATION

Seizure Individual Health Care Plan



Student Name: _____ School Year: _____

Section II – Nurse (Please Check all that apply)

Has Parent/ Guardian presented seizure management plan to School Nurse NO YES?

Does student experience an aura before seizures? No Yes If "Yes," describe:

Behavior or activity student usually exhibits during seizures:

School Plan: *A completed & signed authorization form required for each medication administered in school setting.

IF YOU SEE THIS...	DO THIS...
SEIZURE ACTIVITY: Student has VNS? <input type="checkbox"/> Yes → Swipe Magnet* (Refer to Order Form) <input type="checkbox"/> No	<ol style="list-style-type: none"> 1. Remain with student, provide privacy, and clear area. 2. If tonic/clonic seizure, place student on side-lying position. 3. Do not put anything in mouth or restrict student. Protect head. 4. Time/duration of seizure. Document activity on Seizure Log. 5. Contact parent/emergency contact to inform him/her of seizure. 6. Contact parent and/or EMS if student is unable to return to normal activity following postictal period. Student will not remain at school. 7. NAME OF UNLICENSED SEIZURE MEDICAL ASSISTANT IF ONE _____
*Emergency Medication ordered for school? Yes No	
UNLICENSED SEIZURE MEDICATION ASSISTANT (USMA) Yes No *Administer Medication after _____ minutes and repeat as ordered.	UNLICENSED SEIZURE MEDICATION ASSISTANT (TRAINED) Name _____ Coverage Time _____ <ol style="list-style-type: none"> 1. Administer emergency medication as prescribed <u>Nurse or USMA.</u> 2. *MEDICATION DOSAGE: _____ 3. Contact parent/emergency contact. EMS will treat per protocol.

Bus Plan:

IF YOU SEE THIS...	DO THIS...
Seizure activity is noted. _____ *Emergency Medication ordered for bus ride? Yes No	<ol style="list-style-type: none"> 1. Bus driver will pull over at first safe location and call 911. 2. Driver or aide will remain with student and provide privacy as possible. 3. Place student on his/her side and do not restrain. Protect head. 4. Administer emergency medication if trained. 5. Notify parent or emergency contact and dispatch. 6. Document time and specifics of seizure. Report same to EMS personnel. Parent or Emergency Contact Name and Number _____ _____ Phone _____

Parent Signature _____

Date _____

School Nurse Signature _____

USMA Signature _____

USMA Signature _____

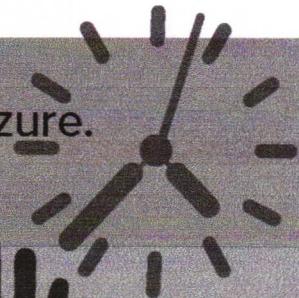
Medication	Expiration Date	Self-Carry?	Location of Medication and/or Magnet

Seizure First Aid

What to do in the event of a seizure

1

STAY with the person and start timing the seizure. Remain *calm* and check for medical ID.



2

Keep the person **SAFE**. Move or guide away from *harmful objects*.



3

Turn the person onto their **SIDE** if they are not awake and aware. *Don't block airway*, put something small and soft under the head, loosen tight clothes around neck.

4

Do **NOT** put *anything* in their mouth. Don't give water, pills or food until the person is awake.



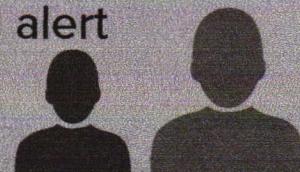
5

Do **NOT** *restrain*.



6

STAY with them until they are awake and alert after the seizure. *Most seizures end in a few minutes.*



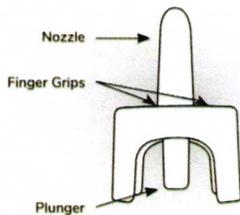
Call 911:

- ▲ Seizure lasts longer than 5 minutes
- ▲ Repeated seizures
- ▲ Difficulty breathing
- ▲ Seizure occurs in water
- ▲ Person is injured, pregnant, or sick
- ▲ Person does not return to their usual state
- ▲ First time seizure

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Instructions for Use
NAYZILAM® (NAY-zil-am)
(midazolam) nasal spray, CIV

You and your family members or caregivers should read this Instructions for Use before you start using NAYZILAM nasal spray and each time you get a refill. There may be new information. This information does not take the place of talking to your healthcare provider about your medical condition or treatment. If you and your family members or caregivers have any questions about NAYZILAM, ask your healthcare provider or pharmacist.



Important: NAYZILAM is for use in the nose only.

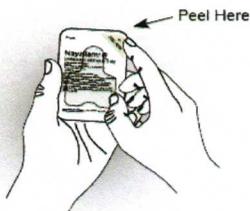
- **There is only 1 dose of NAYZILAM in the nasal spray unit.**
- **Do not** try to test or prime the nasal spray unit before use. You will lose the dose.
- **Do not** open the blister packaging until ready to use.
- **Do not** use if the nasal spray unit appears damaged.
- **Do not** use past the expiration date printed on the blister packaging.
- Throw away (dispose of) the nasal spray unit after use.

How to use NAYZILAM nasal spray:

Step 1: Peel open the blister packaging

- When ready to use, open the blister packaging.
- Hold blister packaging in the palm of your hand.
- On the foil backing, find the “**Peel Here**” tab and pull down (**see Figure 1**).
- Remove the nasal spray unit carefully.

Figure 1



Step 2: Hold the nasal spray unit

- Hold the nasal spray unit with your thumb on the plunger and your middle and index fingers on each side of the nozzle (**see Figure 2**).
- **Do not press the plunger yet. If you press the plunger now, you will lose the dose.**

Figure 2

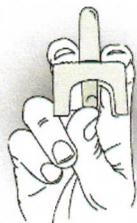


Figure 3



Step 3: Place the tip into 1 nostril

- Place the tip of the nozzle into 1 nostril until your fingers on either side of the nozzle touches the bottom of the nose (see Figure 3).

Step 4: Press the plunger

- Press the plunger firmly to deliver the dose of NAYZILAM nasal spray (see Figure 4).
- Make sure to firmly press the plunger using 1 motion.

The patient does not need to breathe deeply when you give them the medicine.

Figure 4



What to do after the NAYZILAM nasal spray has been used:

Remove the nozzle from the nostril after giving the dose.

Note: The plunger will remain inside the nasal spray unit after the dose is given.

Throw away (dispose of) the nasal spray unit and blister packaging in the trash.

What to do if a Second Dose is needed:

Important: If the seizure cluster is continuing **10 minutes** after the first dose of NAYZILAM, a second dose of NAYZILAM **may be used if you have been told to do so by your healthcare provider.**

If you need to give a second dose of NAYZILAM, follow the instructions in this Instructions for Use using a new nasal spray unit in **the other nostril.** (Repeat Step 1 through Step 4)



Call for help if any of the following happens:

- Seizure or seizures continue after giving NAYZILAM to the person as instructed by the healthcare provider.
- Seizure behavior in the person is different from other episodes.
- You are alarmed by the number or severity of the seizure or seizures in the person.
- You are alarmed by the color or breathing of the person.

Local Emergency Number: _____

Healthcare Provider's Number: _____

Information for Emergency Responder

Time of first NAYZILAM
dose: _____

Time of second NAYZILAM dose (if
given): _____

Manufactured for UCB, Inc., Smyrna, GA 30080.

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For more information, go to www.nayzilam.com or call 1-844-599-2273.

This Instructions for Use has been approved by the U.S. Food and Drug Administration

Issued: 1/2023

INSTRUCTIONS FOR USE

For 5 mg and 10 mg Doses



You, your family members, caregivers, and others who may need to give VALTOCO should read these Instructions for Use before using it. Talk to your healthcare provider if you, your caregiver, or others who may need to give VALTOCO have any questions about the use of VALTOCO.

Important: For Nasal Use Only.

Do not test or prime the nasal spray device. Each device sprays one time only.
Do not use past the expiration date printed on box and blister pack.
Do not open blister pack until ready to use.

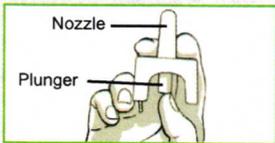


Each blister pack contains 1 nasal spray device.
1 dose = 1 nasal spray device.

To give VALTOCO nasal spray:



Step 1: Open the blister pack by peeling back the corner tab with the arrow. Remove the nasal spray device from the blister pack.



Step 2: Hold the nasal spray device with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

Do not press the plunger yet. If you press the plunger now, you will lose the medicine.



Step 3: Insert the tip of the nozzle into 1 nostril until your fingers, on either side of the nozzle, are against the bottom of the nose.



Step 4: Press the bottom of the plunger firmly with your thumb to give VALTOCO. The person does not need to breathe deeply when VALTOCO is given.

Remove the nasal spray device from the nose after giving VALTOCO.

After giving VALTOCO nasal spray:

Throw away (discard) the nasal spray device and the blister pack after use.

Call for emergency help if any of the following happen:

- Seizure behavior in the person is different from that of other episodes.
- You are alarmed by how often the seizures happen, by how severe the seizure is, by how long the seizure lasts, or by the color or breathing of the person.

Make a note of the time VALTOCO was given and continue to watch the person closely.

Time of first VALTOCO dose: _____ **Time of second VALTOCO dose (if given):** _____

The healthcare provider may prescribe another dose of VALTOCO to be given at least 4 hours after the first dose. If a second dose is needed, repeat Steps 1 through 4 with a new blister pack of VALTOCO.

For more information about VALTOCO, visit www.valtoco.com or call 1-866-696-3873. Report side effects of prescription drugs to the FDA by visiting www.fda.gov/medwatch or by calling 1-800-FDA-1088.

These Instructions for Use have been approved by the U.S. Food and Drug Administration. Issued: 02/2022

INSTRUCTIONS FOR USE

For 15 mg and 20 mg Doses



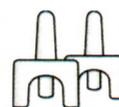
You, your family members, caregivers, and others who may need to give VALTOCO should read these Instructions for Use before using it. Talk to your healthcare provider if you, your caregiver, or others who may need to give VALTOCO have any questions about the use of VALTOCO.

Important: For Nasal Use Only.

Do not test or prime the nasal spray devices. Each device sprays one time only.

Do not use past the expiration date printed on box and blister pack.

Do not open blister pack until ready to use.



Each blister pack contains

2 nasal spray devices.

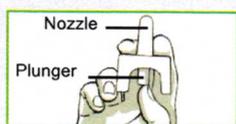
1 dose = 2 nasal spray devices.

To give VALTOCO nasal spray:



Step 1: Open the blister pack by peeling back the corner tab with the arrow.

Remove the first nasal spray device from the blister pack.



Step 2: Hold the nasal spray device with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

Do not press the plunger yet. If you press the plunger now, you will lose the medicine.

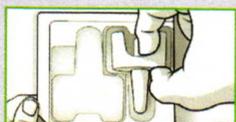


Step 3: Insert the tip of the nozzle into 1 nostril until your fingers, on either side of the nozzle, are against the bottom of the nose.



Step 4: Press the bottom of the plunger firmly with your thumb to give VALTOCO. The person does not need to breathe deeply when VALTOCO is given.

Remove the nasal spray device from the nose after giving VALTOCO.



Step 5: You have not given the full dose of VALTOCO yet.

Remove the second nasal spray device from the blister pack.

Repeat Steps 2 through 4, using the second nasal spray device in the other nostril to give the full dose of VALTOCO.

After giving VALTOCO nasal spray:

Throw away (discard) both nasal spray devices and the blister pack after use.

Call for emergency help if any of the following happen:

- Seizure behavior in the person is different from that of other episodes.
- You are alarmed by how often the seizures happen, by how severe the seizure is, by how long the seizure lasts, or by the color or breathing of the person.

Make a note of the time VALTOCO was given and continue to watch the person closely.

Time of first VALTOCO dose (first dose equals 1 spray in each nostril): _____ / _____

Time of second VALTOCO dose (if given, second dose equals 1 spray in each nostril): _____ / _____

The healthcare provider may prescribe another dose of VALTOCO to be given at least 4 hours after the first dose. If a second dose is needed, repeat Steps 1 through 5 with a new blister pack of VALTOCO.

For more information about VALTOCO, visit www.valtoco.com or call 1-866-696-3873. Report side effects of prescription drugs to the FDA by visiting www.fda.gov/medwatch or by calling 1-800-FDA-1088.

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