ELEMENTARY/ MIDDLE SCHOOL MENU This institution is an equal opportunity provider. Menus are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Citizenship

Being law abiding & involved in service to school, community, & country.



<u>BREAKFAST</u>

Chicken Tender Biscuit Cereal & Graham Crackers OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk

<u>LUNCH</u>

Chicken Tenders OR Grab-N-Go Creamed Potatoes, Steamed Broccoli Hot Roll Choice of Milk

BREAKFAST

Cereal OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk LUNCH

Hamburger, Cheeseburger, Breaded Chicken Sandwich, OR Grab-N-Go French Fries Carrot/Cucumber Cup

<u>BRE</u>AKFAST

Breakfast Pizza, Cereal & Graham Crackers, OR Strawberry Pop-Tart, Choice of Fruit 100% Orange Juice, Choice of Milk

LUNCH

Pizza, Toasted Cheese Sandwich, OR Grab-N-Go Ranch Roasted Broccoli Corn Fruit Choice of Milk

BREAKFAST

Cinnamon Roll, Cereal & Graham Crackers, OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk

LUNCH

Pulled Chicken W/ Queso Cheese OR Grab-N-Go Fritos Tater Tots 100% Juice Fruit

BREAKFAST

Apple Cinnamon Toast, Cereal & Graham Crackers, OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk

LUNCH

Chili, Grilled Cheese Sandwich OR Grab-N-Go Celery/ Tomato Cup Lite Ranch 100% Juice Choice of Milk

BREAKFAST

Chicken Tender Biscuit, Cereal & Graham Crackers, OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk

LUNCH

Chicken Tenders OR Grab-N-Go **Creamed Potatoes** Green Beans Hot Roll Fruit, Choice of Milk **BREAKFAST**

Fruit, Choice of Milk

Donut, Cereal & Graham Crackers, OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk LUNCH

Hamburger, Cheeseburger, Breaded Chicken Sandwich, OR Grab-N-Go French Fries Leafy Green Trimmings Baked Beans Fruit, Choice of Milk

BREAKFAST

Breakfast Pizza, Cereal & Graham Crackers, OR Strawberry Pop-Tart, Choice of Fruit 100% Orange Juice, Choice of Milk LUNCH

Pepperoni Pizza, Toasted Cheese Sandwich, OR Grab-N-Go Corn Roasted Carrots W/ Oregano Fruit

Choice of Milk

BREAKFAST

Breakfast Bun, Cereal & Graham Crackers, Or Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk **LUNCH**

Roasted Chicken Drumstick OR Grab-N-Go Creamed Potatoes Steamed Broccoli W/ Cheese Sauce Strawberry Fruit Roll Up Hot Roll

BREAKFAST

Strawberry/ Banana Yogurt , Cereal & Graham Crackers, OR Strawberry Pop-Tart **Choice of Fruit** 100% Orange Juice, Choice of Milk

<u>LUNCH</u>

Hot Dog OR Grab-N-Go **Baked Beans** Cole Slaw Fruit Choice of Milk

BREAKFAST

Chicken Tender Biscuit, Cereal & Graham Crackers, OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk LUNCH

Chicken Tenders

OR Grab-N-Go Creamed Potatoes, Green Beans Hot Roll Fruit Choice of Milk

BREAKFAST

Cereal & Graham Crackers **OR Strawberry Pop-Tart** Choice of Fruit 100% Orange Juice, Choice of Milk LUNCH

Hamburger, Cheeseburger, Breaded Chicken Sandwich OR Grab-N-Go French Fries Carrot/Cucumber Cup Fruit Choice of Milk

20 NO SCHOOL



<u>BREAKFAST</u>

Muffin & Turkey Stick, Cereal & Graham Crackers, OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk

LUNCHGarlic Cheese Toast OR Grab-N-Go Corn **Baby Carrots** Fruit

<u>BREAKFAST</u> Mini Waffles, Cereal & Graham Crackers,

OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk **LUNCH**

Beef Dippers OR Grab-N-Go **Creamed Potatoes** Steamed Broccoli W/ Cheese Sauce Hot Roll, Fruit Choice of Milk

<u>BREAKFAST</u>

Chicken Tender Biscuit, Cereal & Graham Crackers, OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk **LUNCH**

Chicken Tenders OR Grab-N-Go **Creamed Potatoes** Green Beans, Hot Roll Fruit Choice of Milk

BREAKFAST

Pancake on a Stick, Cereal & Graham Crackers, OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk

LUNCHHamburger, Cheeseburger, Breaded Chicken Sandwich OR Grab-N-Go French Fries **Baked Beans** Fruit Choice of Milk

DON'T FORGET

BREAKFAST

Cinni Minis, Cereal & Graham Crackers, OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk **LUNCH**

Cheese Pizza, Toasted Cheese Sandwich OR Grab-N-Go Ranch Roasted Broccoli, Corn Fruit Choice of Milk

BREAKFAST

Choice of Milk

Apple Frudel, Cereal & Graham Crackers, OR Strawberry Pop-Tart Choice of Fruit 100% Orange Juice, Choice of Milk LUNCH

Salisbury Steak OR Grab-N-Go

Creamed Potatoes Steamed Broccoli W/ Cheese Sauce Hot Roll, Fruit Choice of Milk

DID YOU KNOW?

More than 36 million heartshaped boxes of chocolate are sold for Valentine's Day each year.

DED YOU KNOW?

Valentine candy "conversation hearts" have a shelf life of five years.

You can view our menu on the **Titan Family Portal**

https:// family.titankl2.com/

OR **Rhea County's Website** https://

www.rheacounty.org/