



Breakfast – 7am-7:25am

Wk2	Monday	Tuesday	Wednesday	Thursday	Friday
FRUITS	Apples & 100% Assorted Juice	Pineapples	Pears	Mixed Fruit	Pineapples & 100% Assorted Juice
GRAINS	Whole Wheat Grain Cereal & Animal Crackers	Whole Wheat Grain Pancakes	Whole Wheat Grain Cinnamon Buns	Whole Wheat Grain Croissants	Whole Wheat Grain Cereal & Animal Crackers
OTHER FOODS/ CONDIMENTS	N/A	Syrup	N/A	N/A	N/A

Milk is offered with every meal

- Fat – Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need



Breakfast – 7am-7:25am

Wk3	Monday	Tuesday	Wednesday	Thursday	Friday
FRUITS	Apples & 100% Assorted Juice	Pears	Peaches & 100% Assorted Juices	Pineapples	Mandarin Oranges & 100% Assorted Juice
GRAINS	Whole Wheat Grain Cereal & Animal Crackers	Whole Wheat Grain Poptarts (1pck= 2 pcs)	Whole Wheat Grain Cereal & Animal Crackers	Whole Grain Donuts	Whole Wheat Grain Cereal & Animal Crackers
OTHER FOODS/ CONDIMENTS	N/A	N/A	N/A	N/A	N/A

Milk is offered with every meal

- Fat – Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need



Breakfast – 7am-7:25am

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
FRUITS	Apples & 100% Assorted Juice	Pineapples	Peaches & 100% Assorted Juices	Mixed Fruit	Mandarin Oranges & 100% Assorted Juice
GRAINS	Whole Wheat Grain Cereal & Animal Crackers	Whole Wheat Grain Pancakes	Whole Wheat Grain Poptarts (1pck= 2 pcs)	Whole Wheat Grain Croissants	Whole Wheat Grain Cereal & Animal Crackers
OTHER FOODS/ CONDIMENTS	N/A	Syrup	N/A	N/A	N/A

Milk is offered with every meal

- Fat – Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need



Breakfast – 7am-7:25am

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
FRUITS	LABOR DAY!	Pears	Pineapples	Mixed Fruit	Mandarin Oranges
GRAINS	SCHOOL CLOSED	WGR Mini Pancakes	WGR Cereal	WGR Donut Holes	WGR Cereal
OTHER FOODS/ CONDIMENTS		Syrup			

Milk is offered with every meal

- Fat – Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need



Breakfast – 7am-7:25am

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
FRUITS	Whole Apples	Pineapples	Peaches & 100% Assorted Juices	Pears	Pineapples & 100% Assorted Juice
GRAINS	WGR Cereal & WGR Animal Crackers	Whole Wheat Grain Pancakes	Whole Wheat Grain Cereal & Animal Crackers	Whole Wheat Grain Muffins	Whole Wheat Grain Cereal & Animal Crackers
OTHER FOODS/ CONDIMENTS		Syrup	N/A	N/A	N/A

Milk is offered with every meal

- Fat – Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need

