

Monday

1
French Toast Sticks with
Sausage Patty
Bagel & Cream Cheese
Cereal & Grahams

8
French Toast Sticks with
Sausage Patty
Bagel & Cream Cheese
Cereal & Grahams

15
French Toast Sticks with
Sausage Patty
Bagel & Cream Cheese
Cereal & Grahams

22
Winter Break

29
Winter Break

Tuesday

2
Panther Sandwich
Fruit & Yogurt Parfait
Cereal & Grahams

9
Panther Sandwich
Fruit & Yogurt Parfait
Cereal & Grahams

16
Panther Sandwich
Fruit & Yogurt Parfait
Cereal & Grahams

23
Winter Break

30
Winter Break

Wednesday

3
Sausage Gravy & Biscuit
Muffin & Yogurt
Cereal & Grahams

10
Sausage Gravy & Biscuit
Muffin & Yogurt
Cereal & Grahams

17
Sausage Gravy & Biscuit
Muffin & Yogurt
Cereal & Grahams

24
Winter Break

31
Winter Break

Thursday

4
Ham, Egg, & Cheese
Croissant
Mini Strawberry Cream Bagels
Cereal & Grahams

11
Ham, Egg, & Cheese
Croissant
Mini Strawberry Cream Bagels
Cereal & Grahams

18
Ham, Egg, & Cheese
Croissant
Mini Strawberry Cream Bagels
Cereal & Grahams

25
Winter Break

Friday

5
Breakfast Pizza
Muffin & Yogurt
Cereal & Grahams

12
Breakfast Pizza
Muffin & Yogurt
Cereal & Grahams

19
Breakfast Pizza
Muffin & Yogurt
Cereal & Grahams

26
Winter Break

Daily Offerings:
Fresh Fruit
Fruit Juice
Milk Choice



DECEMBER 2025

Rappahannock County Elementary School

Student Lunch: FREE
Adult Lunch: \$4.82

*Must select 1/2 cup Veg or Fruit with Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

1

Chicken Sandwich
French Fries
Carrots

2

Baked Chicken w/ Roll
Mashed Potatoes
Baked Beans

3

Fresh Baked Pizza
French Fries
Side Salad

4

Tomato Soup w/
Grilled Cheese
Green Beans

5

Chicken Nuggets w/ Roll
Potato Wedges
Vegetable Blend

8

Chicken Soft Taco
Rice
Refried Beans
Salsa

9

French Toast
Sausage Patty
Hash Brown
Broccoli

10

Holiday Meal
Ham w/Dinner Roll
Mashed Potatoes
Corn
Lima Beans

11

Mac n Cheese
Spinach Salad
Green Beans

12

Chicken Tender w/ Roll
French Fries
Cucumber Tomato Salad

15

Cheeseburger w/
Lettuce, Tomato & Pickles
Sweet Potato Waffle Fries
Broccoli

16

Nachos
Lettuce, Tomato, & Cheese
Seasoned Black Beans
Salsa

17

Fresh Baked Pizza
French Fries
Spinach Salad

18

Chicken Tenders w/ Roll
Mashed Potatoes
Green Beans

19

Bagged Lunch
Turkey Sandwich or
PB&J Sandwich
Carrots

22

Winter Break

23

Winter Break

24

Winter Break

25

Winter Break

26

Winter Break

29

Winter Break

30

Winter Break

31

Winter Break

Daily Offerings:
Salad Bar
Baked Potato
PBJ
Fresh Fruit
Milk Choice

Menus are subject to change. For information on which menu items may contain allergens, please contact the cafeteria manager.

"This institution is an equal opportunity provider."

Harvest of the Month **SPINACH**

