

Adult Meal Price - \$4.75

Monday

Tuesday

Wednesday

Thursday

Friday

Now hiring Cafeteria Team Members.
For more information, contact Denise Moschgat at 814-736-9636 ex1500 or dmoschgat@mustangmail.org



Deli Ham & Cheese on Pretzel Bun
Fresh Baby Carrots
Side Salad with Sliced Tomatoes
Mixed Fruit
Craisins/Dried Strawberry Apple Slices
Dragon Punch Juice
Choice of Milk **4**

Chicken Cantina Bowl with Tostitos
Fresh Broccoli
Side Salad with Sliced Tomatoes
Whole Apple
Craisins/Dried Strawberry Apple Slices
Grape Juice
Choice of Milk **5**

Philly Steak Sandwich Or
Wow Butter & Strawberry Jelly Sandwich
Mixed Vegetables
Side Salad with Sliced Tomatoes
Mandarin Oranges
Craisins/Dried Strawberry Apple Slices
Cherry Star Juice
Choice of Milk **6**

Breaded Ravioli
Fresh Veggie Boat
Side Salad with Sliced Tomatoes
Fresh Apple Slices
Craisins/Dried Strawberry Apple Slices
Fruit Punch Juice
Choice of Milk **7**

Pollock Fish Nuggets
Steamed Vegetables
Side Salad with Sliced Cucumbers
Diced Pears
Craisins/Dried Apple Slices
Sunset Sip Juice
Choice of Milk
Chat Snax Vanilla Graham Crackers **1**

Hot Dog with Bun
Baked Beans
Side Salad with Sliced Cucumbers
Fresh Banana
Craisins/Dried Apple Slices
Dragon Punch Juice
Choice of Milk **11**

Hard Shell Tacos
Mexican Street Corn
Side Salad with Sliced Cucumbers
Applesauce Cup
Craisins/Dried Apple Slices
Grape Juice
Choice of Milk **12**

Spaghetti with Meat Sauce Or
Wow Butter & Grape Jelly Sandwich
Steamed Vegetables
Side Salad with Sliced Cucumbers
Pineapple Chunks
Craisins/Dried Apple Slices
Cherry Star Juice
Choice of Milk **13**

Sliced Ham with Dinner Roll
Shredded Hash Browns with Cheese
Side Salad with Sliced Cucumbers
Fresh Apple Slices
Craisins/Dried Apple Slices
Fruit Punch Juice
Choice of Milk
Chocoalte Ice Cream Sundae **14**

Pierogi's
Steamed Corn
Side Salad with Sliced Tomatoes
Diced Peaches
Craisins/Dried Strawberry Apple Slices
Sunset Sip Juice
Choice of Milk
Strawberry Ice Cream Sundae **8**

Tomato Soup with Toasted Cheese Sandwich
Steamed Corn
Side Salad with Sliced Cucumbers
Diced Pears
Craisins/Dried Apple Slices
Sunset Sip Juice
Choice of Milk
Scooby-Doo Bones Cinnamon Grahams **15**

Chicken Patty with Bun
Crispy Spiral French Fries
Side Salad with Sliced Tomatoes
Mixed Fruit
Craisins/Dried Strawberry Apple Slices
Dragon Punch Juice
Choice of Milk **18**

Chicken & Cheese Quesadilla
Fresh Sliced Cucumbers
Side Salad with Sliced Tomatoes
Whole Apple
Craisins/Dried Strawberry Apple Slices
Grape Juice
Choice of Milk **19**

Popcorn Shrimp with Three Cheese Cavatappi Pasta Or
Wow Butter & Strawberry Jelly Sandwich
Cucumber/Tomato Salad
Side Salad with Sliced Tomatoes
Mandarin Oranges
Craisins/Dried Strawberry Apple Slices
Cherry Star juice
Choice of Milk **20**

Mustang Hoagie
Pasta Salad
Side Salad with Sliced Tomatoes
Fresh Apple Slices
Craisins/Dried Strawberry Apple Slices
Fruit Punch Juice
Choice of Milk **21**

Breaded Mozzarella Sticks
Steamed Peas
Side Salad with Sliced Tomatoes
Diced Peaches
Craisins/Dried Strawberry Apple Slices
Sunset Sip Juice
Choice of Milk
Chat Snax Vanilla Graham Crackers
EARLY DISMISSAL **22**

Chicken Nugget
Smiley Fries
Side Salad with Sliced Cucumbers
Fresh Banana
Craisins/Dried Apple Slices
Dragon Punch Juice
Choice of Milk **25**

Taco Dip with Tostitos
Fresh Sliced Green Peppers
Side Salad with Sliced Cucumbers
Applesauce Cup
Craisins/Dried Apple Slices
Grape Juice
Choice of Milk **26**

Orange Chicken with Brown Rice Or
Wow Butter & Grape Jelly Sandwich
Steamed Broccoli
Side Salad with Sliced Cucumbers
Pineapple Chunks
Craisins/Dried Apple Slices
Cherry Star Juice
Choice of Milk **27**

Deli Turkey & Cheese Croissant
Fresh Veggie Boat
Side Salad with Sliced Cucumbers
Fresh Apple Slices
Craisins/Dried Apple Slices
Fruit Punch Juice
Choice of Milk
EARLY DISMISSAL **28**

No School **29**


To qualify as a free lunch, students must take 3 (minimum) components, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>