


SEPTEMBER 2025 HEAD START LUNCH MENU

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	2 Lunch Entree Garlic Cheese French Bread Pizza Vegetables Cut Green Beans Fruit Diced Peaches Milk 1% Milk	3 Lunch Entree Bacon Cheeseburger Vegetables Vegetarian Baked Beans- Head Start Fruit Mixed Fruit Cup Milk 1% Milk	4 Lunch Entree Chicken Nuggets Vegetables Battered Krunchie Wedges Fruit Diced Pears HEAD START Milk 1% Milk	5 NO CLASSES
8 Lunch Entree Boneless Chicken Wings Vegetables Whole Kernal Corn Fruit Diced Peaches Milk 1% Milk	9 Lunch Entree 4 Cheese Enchilada Vegetables Baby Carrots Fruit Fresh Banana Milk 1% Milk Misc. Mozzarella String Cheese	10 Lunch Entree Penne Pasta Alfredo Primavera with Chicken/Pre K/Head Start Vegetables California Blend Vegetables Fruit Diced Pears Milk 1% Milk	11 Lunch Entree Chicken filet Sandwich Vegetables Vegetarian Baked Beans- Head Start Fruit Fresh Apples Milk 1% Milk	12 NO CLASSES
15 Lunch Entree Beef Soft Taco Vegetables Whole Kernal Corn Fruit Diced Peaches Milk 1% Milk	16 Lunch Entree Mini Cheese Ravioli Vegetables Romaine Lettuce Fruit Fresh Banana Milk 1% Milk	17 Lunch Entree Rib Sub Sandwich (Pork) Vegetables Sweet Potato Fries Fruit Pineapple Tidbits Milk 1% Milk	18 Lunch Entree ChickenTenders Vegetables Mashed Potatoes Fruit Mixed Fruit Cup Milk 1% Milk	19 NO CLASSES
22 Lunch Entree Chicken with Gravy Vegetables Mashed Potatoes Fruit Sliced Peaches Grains Whole Grain Biscuit Milk 1% Milk	23 Lunch Entree Mini Corn Dogs Vegetables Maple Flavored Waffle Fries Fruit Fresh Banana Milk 1% Milk	24 Lunch Entree Zoo Animal Shaped Chicken Nuggets Vegetables Vegetarian Baked Beans- Head Start Fruit Applesauce Milk 1% Milk	25 Lunch Entree 4 Cheese Enchilada Vegetables Refried Beans Fruit Mixed Fruit Cup Milk 1% Milk Misc. Mixed Berry Simply Go-Gurt Yogurt	26 NO CLASSES

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Monday	Tuesday	Wednesday	Thursday	Friday
29 Lunch Entree Popcorn Chicken Vegetables Whole Kernal Corn Fruit Diced Peaches Milk 1% Milk	30 Lunch Entree Scrambled Eggs Vegetables HASH BROWN OVAL Fruit Strawberry and Banana Grains Cinnamon Toast Crunch Cereal Milk 1% Milk			

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