

March

Lunch 8-12 High School

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Fajitas Hamburger Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Spanish Rice Spinach Salad Steamed Broccoli Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Flavored Raisins Fruit Juice Low Fat Milk Chocolate Milk Graham Crackers Mayonnaise Mustard Ketchup	4 White Chicken Chili Grilled Chix Sandwich Fruit and Yogurt To Go Chix Salad w/Crackers Grilled Chicken Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Broccoli Florets w/ Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Mexican Cornbread Low Fat Milk Chocolate Milk Assorted Gelatins with Whipped Topping Mayonnaise Mustard Ketchup	5 Chicken Spaghetti Corn Dog Tuna Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Carrots Green Peas Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Banana Pudding	6 Manager's Choice	7 Manager's Choice
10 Holiday	11 Holiday	12 Holiday	13 Holiday	14 Holiday
17 Wave Week Sack Lunch Ham & Cheese on Bun Turkey & Cheese/Bun Fresh Fruit Bowl Fruit Juice Vegetable Juice Baby Carrots w/Dip Chips Low Fat Milk Chocolate Milk Mayonnaise Mustard	18 Wave Week Sack Lunch Ham & Cheese on Bun Turkey & Cheese/Bun Fresh Fruit Bowl Fruit Juice Vegetable Juice Baby Carrots w/Dip Chips Low Fat Milk Chocolate Milk Mayonnaise Mustard	19 Wave Week Sack Lunch Ham & Cheese on Bun Turkey & Cheese/Bun Fresh Fruit Bowl Fruit Juice Vegetable Juice Baby Carrots w/Dip Chips Low Fat Milk Chocolate Milk Mayonnaise Mustard	20 Wave Week Sack Lunch Ham & Cheese on Bun Turkey & Cheese/Bun Fresh Fruit Bowl Fruit Juice Vegetable Juice Baby Carrots w/Dip Chips Low Fat Milk Chocolate Milk Mayonnaise Mustard	21 Wave Week Sack Lunch Ham & Cheese on Bun Turkey & Cheese/Bun Fresh Fruit Bowl Fruit Juice Vegetable Juice Baby Carrots w/Dip Chips Low Fat Milk Chocolate Milk Mayonnaise Mustard
24 Mexican Pizza Grilled Chix Sandwich Fruit and Yogurt To Go Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Tossed Salad w/ Dressing Crinkle Cut Fries Mixed Vegetables Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard Chocolate Chip Cookie	25 Cheeseburger Stuffed Crust Pizza Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Spinach Salad Broccoli Florets w/ Dip Tater Tots Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruited Gelatin Fruit Juice Low Fat Milk Chocolate Milk Ketchup Fruit Crisp	26 Chicken Nuggets Turkey & Cheese Wrap Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Tossed Salad w/ Dressing Crinkle Cut Fries Cheesy Broccoli and Cauliflower Baked Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Chilled Fruits Flavored Raisins Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Assorted Gelatins with Whipped Topping Variety of Dipping Sauce Ketchup	27 Stromboli Supreme Chix Patty Sandwich Fruit and Yogurt To Go Chef Salad Chicken Salad Salad Saltine Crackers Croutons Ranch Dressing Spinach Salad California Veggies Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup Blueberry Muffin Loaf	28 Beefy Nachos Grande Turkey & Cheese/Bun Fruit and Yogurt To Go Grilled Chicken Salad Saltine Crackers Ranch Dressing Tossed Salad w/ Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Tart Lemon Squares
31	1	2	3	4

Sloppy Joe on Bun Southern Chicken Sandwich Fruit and Yogurt To Go Chix Salad w/Crackers Saltine Crackers Ranch Dressing Tossed Salad w/ Dressing Baked Beans Spicy Fries Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup Graham Crackers	Meat Lovers Pizza Grilled Chix Sandwich Fruit and Yogurt To Go Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Tossed Salad w/ Dressing Crinkle Cut Fries Cucumber Slices w/Dip Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard Chocolate Chip Cookie	Chicken Tenders Turkey & Cheese Wrap Fruit and Yogurt To Go Chef Salad Saltine Crackers Croutons Ranch Dressing Tossed Salad w/ Dressing Black-Eyed Peas Seasoned Cabbage Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Assorted Gelatins with Whipped Topping Variety of Dipping Sauce	Roasted Chix Wings Chili Dog Fruit and Yogurt To Go Grilled Chicken Salad Saltine Crackers Ranch Dressing Garden Salad W/Dressing Seasoned Green Beans Cheesy Msh Potatoes Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Brownies	Chili Cheese/Corn Chips Turkey & Cheese/Bun Fruit and Yogurt To Go Grilled Chicken Salad Saltine Crackers Ranch Dressing Tossed Salad w/ Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Tart Lemon Squares
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This institution is an equal opportunity provider.