

# AUGUST 2023

## Henry L. Slater Elementary Menu

BREAKFAST IS COMPLEMENTARY TO ALL STUDENTS (after morning bell)

**Lunch – \$3.50** Paid SY23-2024 & **0¢-Reduced**  Extra Milk – **45¢** Juice is **.45¢**

**Lunch includes:** Entrée with Salad bar options, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Menu is subject to change. Some items may contain nuts.

*Food allergies, such as fluid milk intolerance, need to be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when student is participating in the breakfast or lunch programs.*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY



**Lunch cost to all  
Paid Students  
\$3.50 @ Slater  
\$3.55 @ HMS&BHS**

**Mymealtime.com  
To pay with a DEBIT or  
Credit Card online &  
Monitor your students  
lunch account  
Cash & Checks accepted**

21 **Breakfast**  
Cereal Bar w/ String Cheese  
Apple, Milk  
**Lunch**  
Cheese Pizza  
PB & J Sand w/ Cheese Stick  
Fruit, veggies, Milk

22 **Breakfast**  
Yogurt w/ Granola  
Fruit & Juice, Milk  
**Lunch**  
Nacho's w/ Meat & Cheese  
Bean & Cheese Burrito  
Sweet Corn  
Fruit, veggies, Milk

23 **Breakfast**  
Cinnamon Roll  
Applesauce & Dried Fruit, Milk  
**Lunch**  
Meat Lasagna w/ TX Toast or  
Soft Pretzel w/ /Cheese  
Green Beans  
Fruit, veggies, Milk

24 **Breakfast**  
Cereal , Sun seeds  
Dried Fruit & Milk  
**Lunch**  
BBQ Pork Rib Sand  
Turkey & Cheese Sand  
Fruit, veggies, Milk

28 **Breakfast**  
Apple Strudel  
Apple Juice & Dried Fruit,  
Milk  
**Lunch**  
Crispy Chicken Burger  
Corn Dog  
Seasoned Baked Beans  
Fruit, veggies, Milk

29 **Breakfast**  
Breakfast Bar w/ Cracker  
Peaches, Dried Fruit & Milk  
Milk  
**Lunch**  
Crunchy Beef Taco  
Beef Taco Salad  
Seasoned Rice  
Fruit, veggies, Milk

30 **Breakfast**  
Pancake on a Stix  
Applesauce, Dried Fruit, Milk  
**Lunch**  
Italian Meatball Sub  
Yogurt & Granola Pack  
Fruit, veggies, Milk

31 **Breakfast**  
Cereal, Cracker  
Banana & Milk  
**Lunch**  
Baked Potato w/ Chili &  
Cheese  
New Toasted Cheese Sand  
Fruit, veggies, Milk

**This institution is an equal opportunity provider.**