

Campora

Family Resource Center

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2023-24

CAMPORA
FAMILY RESOURCE CENTER

Winchester, TN

2023-24



Anger Management

Monday

4pm Youth Class— 5pm Adults

Starts: Sept 11th, 2023-Ends in April

Bring a notebook/paper with you to take notes.



Parenting

Tuesday 10am or 4pm

Starts: Sept 5th, 2023-Ends in April

Bring a notebook/paper with you to take notes.

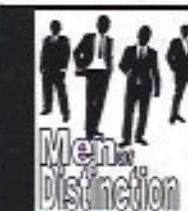


Elementary Tutoring Tues & Thurs 3:30-4:45pm

Registration/Orientation: Sept 21st, 2023 @3:30pm

First Come
First Served

Tutoring begins Tues Sept 26th, 2023



Men of Distinction

Wednesday 4-5pm

Life Skills for Boys in middle & high school

Starts: Sept 6th, 2023-Ends in April



GLOW-Girls Leading Our World Wednesday 4-5pm

Life Skills for Girls in middle & high school

Starts Sept 6th, 2023-Ends in April



Food Pantry & Clothes Closet

Open Thurs 12-1pm



Christmas Angels Assistance for children's clothing

Monday @ 11am and Wednesday @ 5pm

October 17th - November 16th, 2023

* You must make an appointment to attend orientation.*



"A hand up, not a hand out"



fcstn.net/camporafamilyresourcecenter

Program Descriptions

Mission

To provide and coordinate programs that aid in the empowerment, proficiency and development of cohesive family units with school age children.

Anger Management for Adults and Teens: Choice Based Anger is based on the simple assumption that anger is a choice and we choose our response to any person or situation.

Parenting: Parenting skills are taught to parents referred by the Department of Children's Services, local churches, businesses, local court system and self-motivated parents who are interested in obtaining strategies to empower and strengthen their families.

Social Skills/Life Skills: Life Skills for teens are taught weekly at the Franklin County Alternative Huntland Middle/High School, North Middle School, South Middle School and Franklin County High School Behavior Modification Class. Classes are also available and provided upon request to Elementary Schools. This program is designed to equip students with reasoning skills needed to make appropriate choices in social situations.

G.L.O.W. -Girls Leading Our: Girls meet weekly to discuss ways of improving their self image and outlook, as well as challenges teen girls may face.

Men of Distinction: Boys age 13-18 meet weekly to discuss the challenges teens face as they transition from children to men.

Tutoring: Elementary School students receive additional instruction from teachers and high school students, twice weekly to enhance academic performance.

Backpack Program: Food is purchased from the Second Harvest Food Bank, packed in bags, delivered to every school in Franklin County and given to the identified students to help supplement meals during weekends.

Christmas Angel Program: Families in need receive assistance purchasing clothing for children at Christmas.

Food Pantry: Pantry is stocked with food through community support. It is dispersed as needed at the request of families in the Franklin County community.

Clothes Closet: Clothes are donated, organized and made available to Franklin County families in need.

Campora does not have the financial resources to assist with gas, rent or utilities.