

2025-2026 North Zulch I.S.D. - School Health Advisory Council (SHAC) Meeting Minutes- 09/17/2025

Mrs. Lucherker took attendance and advised the group that this meeting will be recorded and posted to the website. Meeting started at 1:36 p.m.

Individuals in attendance:

Mrs. Janie Pope, Elementary Principal
Mr. Don May, Assistant Principal
Mrs. Alice Kirk, Parent
Ms. Kori Batten, Counselor/Safety
Mrs. Casey Lucherker, Campus Nurse/parent
Matt Srader, Campus SRO/parent
Pam, Department State Health Services (DSHS)

Introduction – Mrs. Lucherker: Updated on SHAC requirements. Texas Law requires school districts to have a School Health Advisory Council Appointed by the Board which is comprised of 5 members and the majority being parents.

Meeting minutes from last meeting reviewed from 02/05/2025: Wellness Policy updated, reviewed and submitted, Triannual report per Mrs. Chapman, Annual board presentation

Department Updates:

- DSHS: Office hours and location (Centerville) shared, DSHS provides free to low-cost immunizations to students, information provided
- Health services- Minimal illnesses as compared to start of last year. Numerous changes in TEA updates. Nursing department waiting on complete updated information regarding SB 12. Parents must opt in for medical and mental health services, basic care such as band-aids and ice packs are okay as per the updates. Webinar meeting on September 30 for required updates. Required immunization reports in process of being completed and Snapshot date is in October to submit state required report, waiting on “opt in” consents. STB training completed for 6-12th graders, 160 student participated via BVRAC (Brazos Valley Regional Advisory Council), in the future, attempting to complete STB training for students. PTO assisting greatly with hygiene items. CERT (Cardia Emergency Response Team) must be implemented in future. “Go” bags in all rooms on campus with emergency lantern and STB kits.
- Ms. Batten: 80% staff trained for Youth Mental Health. TAMU health science center: mental health program for 8th graders and staff training via TAMU AgriLife: YAM “Youth achieving for mental health”-5 week session-45minute sessions provided in spring semester. TX School safety center with new training in November for K-6th grades and then JH/High school.
- Mrs. Beal- Able to offer diet soda in cafeteria as per new guidelines, and more items in the warmer bins and states the revenue has increased greatly in the past month.
- Ms. Pope: Increased disinfecting via custodial and air purifiers increased during weekends.
- SRO- On 9/16/24 our Lockdown drill was completed-Previously a fire drill was completed. CrisisGo app and new PA system were utilized. Overall students and staff did very well. This was the first lockdown drill of the school year. Students handled very well. Separated students elementary and high school to speak with deputies afterwards.

-Concession stand (Mrs. Kirk): Presented different grants available for concession stand policy upgrades. TxDept of Ag has the MyPlate Ambassadors working with the school menus. Last year students completed the taste tasting. Local wellness policy and SHAC meetings, one must be attended, requesting 2 or 3 SHAC members to attend workshop at Region 6 to see how local wellness policies can be strengthened from rural to midsize to urban. Second opportunity CDC grant supports first grant. Focused on improving school health environment, identifying and developing policy that can be shared state wide in supporting more healthful options to sell at concession stands. Introduce and change the culture of the school and community on the vision of healthy foods and availability of fresh produce and lower sodium. The intent is not to do away with current items, but introduce more items. Some schools include how concessions are run in their policy. Key points are included for all, whether it's PTO, booster club or a class. Can create a subcommittee. PTO has increased in membership, had two meetings already.

Determine SHAC Officers for 2024-2025

Determination held until November 5, 2025 meeting due to low attendance of parents, students, staff members.

-Discussion of potentially moving meeting time to after school to see if any increased attendance. To discuss at next meeting.

Review of Yearly Goals from previous meeting

- Sub-committee to be established for Concession Stand Policy upgrade, CERT (Cardiac Emergency Response Team) protocol. Goals will be encouraged to address community collaboration, wellness tool/assessment, PE and activity, and cafeteria and employee wellness.

Update: SHAC must hold 4 meetings per year.

Next Meeting: Set for Wednesday, November 5, 2025 at 1:30 p.m.

Motion to adjourn meeting- Adjournment at 2:01 pm