



FRAZIER SCHOOL DISTRICT

Inspire and Empower



MIDDLE SCHOOL

AUGUST/SEPTEMBER 2026



Lunch Menu

Frazier participates in CEP

All Student meals are Free

Adult Lunch: \$5.05



Monday	Tuesday	Wednesday	Thursday	Friday
24 Cheeseburger on Bun w/ Pickle Chips Crinkle Cut Fries Fruit & Vegetable Bar Milk Choice	25 Meatballs w/ Marinara Garlic Bread Sticks Seasoned Mixed Veggies Fruit & Vegetable Bar Milk Choice	26 Chicken Patty on Bun Potato Smiles Fruit & Vegetable Bar Milk Choice	27 BBQ Rib on Bun Potato Chips Seasoned Green Beans Fruit & Vegetable Bar Milk Choice	28 School Made Pizza w/o Pepperoni Seasoned Carrots Fruit & Vegetable Bar Milk Choice
31 Sloppy Joe on Bun Golden Tatar Tots Fruit & Vegetable Bar Milk Choice	1 Mini Corn Dogs French Fries Fruit & Vegetable Bar Milk Choice	2 Crazy Dipper Day Chicken Tenders, Cheese Stick Bread Stick & Carrots Fruit & Vegetable Bar Milk Choice	3 Buffalo Chicken Dippers w/ Tostito Chips Pretzel Rod & Seasoned Corn Fruit & Vegetable Bar Milk Choice	4 Mac & Cheese Mini Cornbread Loaf Seasoned Green Beans Fruit & Vegetable Bar Milk Choice
7 	8 French Toast Sticks Sausage Links Golden Hash Browns Fruit & Vegetable Bar Milk Choice	9 Chicken Nuggets Tiger Paws Crispy Tatar Tots Fruit & Vegetable Bar Milk Choice	10 Penne Pasta w/ Meat Sauce/Garlic Bread Stick/Mixed Veggies Fruit & Vegetable Bar Milk Choice	11 School Made Pizza w/o Pepperoni Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
14 Chicken Quesadilla w/ Salsa & Sour Cream Fruit & Vegetable Bar Milk Choice	15 Walking Taco Cheese, Lettuce, Salsa, Sr Cream & Seasoned Corn Fruit & Vegetable Bar Milk Choice	16 Hot Dog on Bun w/o Cheese Baked Beans Fruit & Vegetable Bar Milk Choice	17 General Tso Chicken o/ Rice Seasoned Broccoli Fruit & Vegetable Bar Milk Choice	18 Italian Dunkers w/ Dipping Sauce Seasoned Peas Fruit & Vegetable Bar Milk Choice
21 Grilled Cheese Sandwich Tomato Soup Golden Hashbrown Fruit & Vegetable Bar Milk Choice	22 Popcorn Chicken Bowl Mashed Potatoes w/ Gravy Dinner Roll, Seasoned Corn Fruit & Vegetable Bar Milk Choice	23 COOKOUT Burgers and Dogs Pasta Salad & Baked Beans Fruit & Vegetable Bar Milk Choice	24 Chicken Smackers w/ Dipping Sauce French Fries Fruit & Vegetable Bar Milk Choice	25 School Made Pizza w/o Pepperoni Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
28 Chicken Parm Sandwich Potato Smiles Fruit & Vegetable Bar Milk Choice	29 Beef Nachos w/ Tostito Chips Seasoned Mixed Veggie Fruit & Vegetable Bar Milk Choice	30 Italian Hoagie w/ Lettuce, Tomato & Pickle Potato Chips Fruit & Vegetable Bar Milk Choice		

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

Additional Choices of Fresh Fruits and Vegetables offered daily may include:

Apples, Apple Slices, Oranges, Grapes, Bananas, Seasonal Fruits, , Baby Carrots, Cucumber Slices and Celery Sticks

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges
Mixed Fruit, Peaches, Pears,
Pineapple Tidbits

Students are offered low fat and non fat milk choices daily and is included with all meals

Food Service Manager

Christie Mansberry

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Department needs Cafeteria Workers
Applications available at the Administration Office