

Franklin County High School
833 Bypass Rd
Winchester, TN 37398
Phone number: 931-967-2821
Instructor: Amy Crabtree, R.N.
License No. RN 171776
Program Coordinator: Amy Crabtree, RN
Monday, Tuesday, Thursday, and Friday classes are 1 hour and 30 min
Wednesday class will be 1 hour or 1 hr and 20 min

Clinical Site: Elk River Health and Nursing Home
 32 Memorial Drive
 Winchester, TN 37398
 Phone number: 931-967-8250
 Administrator: Mike Maxwell
 DON: Tammy Seals, RN

Objective: To prepare students who will have the education, knowledge, and clinical skills (prepared) to sit for and pass the Certified Nursing Assistant Test and deliver safe quality health care.

Methodology: Lecture, Powerpoint, Videos, Demonstration, Return Demonstration

Evaluation: Group and Individual Verbal response, Worksheets, Tests, Skills Check-off, Tests

Course Content and Outline:

100 hr. minimum, 40 instruction, 20 classroom lab, 40 clinical, 24 of 40 must be long term care

Text: *Nursing Assistant Care: Long-term Care* 3rd edition by Susan Alver Hedman, Jetta Fuzy, and Suzanne Rymer. By Harman Publishing Inc., 2014.

Date(s)	Content/Skills Reviewed/Tests
January 8	Introductions Class Rules & Guidelines PLPs and required paperwork Book handout Syllabus review and calendar of events
January 9-11	Chapters 1, 2 & 4 Understanding Healthcare Nursing Assistant & Care Team Communication & Interpersonal Skills Complete required vocabulary for the chapters-Due Jan. 11
January 12	Test over Chapters 1,2, & 4 Will begin Chapter 5-Infection Control

January 15	NO SCHOOL
January 16	Chapters 6 & 7 Safety & Emergency Procedures
January 17	Lab Instruction and Practice Handwashing & PPE
January 18	Test over Chapters 5, 6, & 7 Begin CPR
January 19	CPR videos and practice
January 22	CPR skills check-offs
January 23	CPR written test Skills check-offs
January 24	Chapter 8-Promoting Resident Independence Human Needs & Development
January 25	Chapter 8-Promoting Resident Independence Human Needs & Development
January 26	Test over Chapters 8 Begin Chapter 3-Resident's Rights Legal & Ethical Issues
January 29	Test over Chapter 3 Begin Chapter 9
January 30	Chapter 9 Basic Body Function (Healthy Human Body) Blood Pressure, Vital Signs, Obtaining Height/Weight
January 31	Chapter 10 Positioning, Transfers, & Ambulation Stand, Pivot, & Transfer with Gait Belt* Ambulation with Gait Belt & Walker**
February 1	Chapter 11 Admitting, Transferring & Discharging Position Resident on Side*
February 2	Chapter 12 The Resident's Unit Making an Occupied Bed* Making an Unoccupied Bed
February 5-7	Chapter 13 Personal Care Skills

	Denture Care* Dressing a Dependent Resident* Nail Care (on one hand)* Hair Care Mouth Care (Brushing Teeth)* Mouth Care on a Comatose Resident* Partial Bed Bath-Face, Arm, Hand, and Underarm* Perineal Care on a Female with Handwashing*
February 8	Test over Chapters 9-13 Begin Skills Practice
February 9	Skills Practice and Check-off
February 12	Skills Check-off Begin Chapter 14 Basic Nursing Skills Vital Signs*, Height & Weight
February 13-14	Chapter 15-Nutrition & Hydration Feeding the Dependent Resident*
February 15-16	Chapter 16-Urinary Elimination Bedpan and Output with Handwashing* Catheter Care, Male with Handwashing*
February 19	NO SCHOOL
February 20	Chapter 17-Bowel Elimination Emptying a Urinary Drainage Bag, Gown & Gloves with Handwashing*
February 21	Chapter 18 Common Chronic & Acute Conditions Review Skills
February 22	Test over Chapters 14-18 Begin Skills Review
February 23	Skills Day
February 26	Content Review Day Skills Practice Day
February 27	Practice Test
February 28	Chapter 19 Confusion, Dementia, & Alzheimer's Disease
February 29	Chapter 20 Mental Health & Mental Illness

March 1	Chapter 21 Rehabilitative & Restorative Care Range of Motion Shoulder* Range of Motion Knee & Hip*
March 4	Test over Chapters 19-21 Skills Practice
March 6	Chapter 22 Special Care Skills
March 7	Chapter 23 Dying, Death, & Hospice
March 8	Chapter 24 Caring for Your Career and Yourself
March 11	Test over Chapters 22-24 Skills Practice
March 12	Skills Practice & Check-off
March 13	Skills Check-off
March 14	Mock Skills Test
March 15	Mock Skills Test
March 18	Clinicals Begin March 18-22
March 25-April 1	Spring Break
April 2-May 10	Clinicals
May 13-15	Lab Open for Practice

OTHER IMPORTANT DATES:

- Class fees are due by February 1st.
- PLP is due by May 10th.

All tests are bolded and mandatory skills are highlighted.

All dates are subject to change. I will do my best to stick to this schedule, but if we have to change any dates, I will let you know ASAP.