

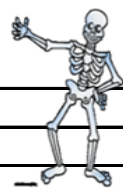


Jamestown Area School District

Head Start Breakfast Menu

October 2026



Monday	Tuesday	Wednesday	Thursday	Friday
28-Sep Muffin Monday! (WG Chocolate) Fresh Apple Slices 1% Milk	29-Sep Cheese Stick & Pretzels Cantaloupe 1% Milk	30-Sep Yogurt and Crackers Fruit Variety 1% Milk	1-Oct Mini Cinnis (Mini Cinnamon Rolls) Orange Slices 1% Milk	2-Oct Cheerios 1/2 Banana 1% Milk
5-Oct Cinnamon Chex 1/2 Banana 1% Milk	6-Oct WGBLueberry Muffin Applesauce Cup 1% Milk	7-Oct Yogurt and Crackers Fruit Variety 1% Milk	8-Oct Cheese Stick & Pretzels Orange Slices 1% Milk	9-Oct No School 
12-Oct No School 	13-Oct Banana Muffin Apple Slices 1% Milk	14-Oct Cinnamon Crumb Cake 100% Juice 1% Milk	15-Oct Cheerios 1/2 Banana 1% Milk	16-Oct Chocolate Muffin Apple Slices 1% Milk
19-Oct Blueberry Muffin Apple Slices 1% Milk	20-Oct Cheerios 1/2 Banana 1% Milk	21-Oct Yogurt & Crackers 1/2 Banana 1% Milk	22-Oct Cinnamon Chex Apple Slices 1% Milk	23-Oct Banana Muffin Apple Slices 1% Milk
26-Oct Blueberry Muffin 100% Juice Cup 1% Milk 	27-Oct Cinnamon Crumb Cake Apple Slices 1% Milk	28-Oct Cinnamon Chex 100% Juice 1% Milk	29-Oct Yogurt & Crackers 1/2 Banana 1% Milk 	30-Oct Banana Muffin Apple Slices 1% Milk 
This institution is an equal opportunity provider.				
Please Note: This menu meets qualifications per CACFP guidelines.				