

PLEASE VISIT: SEL.MOVETHISWORLD.COM
USERNAME:
PASSWORD:

Resources for building a healthier foundation for lifelong learning

We are committed to providing your student with the best educational opportunities, and that means utilizing practices that promote cognitive development and improved academic outcomes. We've chosen Move This World, an evidence-based curriculum to support mental, social, emotional, and life-skills development, and we want to be sure you have a clear understanding of what your child will be learning.

WHAT ARE WE BUILDING?

- Our ability to identify and recognize our emotions
- Critical social skills, like active listening
- Problem solving, critical thinking & goal setting skills
- Our ability to navigate challenges

SELF- AWARENESS SELF- MANAGEMENT SOCIAL AWARENESS RELATIONSHIP SKILLS RESPONSIBLE DECISION MAKING

WHAT ARE WE USING TO BUILD THESE SKILLS?

- Video-based lessons that are engaging and interactive
- Exercises that incorporate participatory movement and creative expression
- A common language that supports consistent and meaningful communication



We are sharing login information for the MTW family courses, which will provide you with access to a selection of videos to practice at home. We're so glad you'll be able to access MTW at home, and hope you find these resources helpful for your student and family.