

Southern Local Wellness Funding Plan

2019-2020, 2020- 2021, 2021-2022

Wellness Committee:

Tom Cunningham	Superintendent	Southern Local Schools
Heidi McIntosh	School Nurse	Southern Local Schools
Greg Sabbato	Treasurer	Southern Local Schools
Kristy Sampson	Grant Manager	Southern Local Schools
Jay Kiger	Principal- 7-12	Southern Local Schools
Ron Sines	Asst. Principal	Southern Local Schools
Rich Wright	Principal- PK-6	Southern Local Schools
Emily Brinker	Asst. Principal	Southern Local Schools
Brenda Foor	Family Recovery	Columbiana County Lisbon, Oh
Eric Sampson	P.E. Staff 7-12	Southern Local Schools
Kathy Randolph	P.E. Staff PK-6	Southern Local Schools
Samantha Frye	Nutrition Inc	Southern Local Schools
Marcy Higgins	Health 7-12	Southern Local Schools
Nancy Sakely	5/6th Grade	Southern Local Schools
Todd Walters	7/8th Science	Southern Local Schools

Mission:

Southern Local promotes a safe and healthy environment for students to develop appropriate habits related to hygiene, respect, social emotional strategies, and coping mechanisms in order to become contributing members of our community.

2020 Objectives:

Southern Local will provide social emotional counseling opportunities for students struggling with social emotional issues while in the educational environment. Southern Local will partner with The Redzone (Youngstown Office) to provide these services to students. The Redzone program will work with students to develop strategies to cope with social emotional struggles within the educational environment. The Redzone staff and Southern Local will also work with

families to link strategies used in the educational environment and home environment to provide consistency.

Southern Local will provide training opportunities annually to staff related to health and social emotional issues of children and teens, teaching students from traumatic environments, and knowledge of community resources to assist students and families.

Southern Local will provide hygiene guidance and supplies to families during school-community events sponsored by the school. (Back to School Bash, District Showcase, Dental Van)

Southern Local will partner with local entities such as the St. Elizabeth's Hospital to provide dental services via the Dental Van to students and The Youngstown Hunger Bank to service the backpack program to students in need on a weekly basis.

Southern Local will increase student pathways to graduation and work or college after graduation. Students will be exposed to programs and career opportunities in the county and surrounding areas. Pathways beginning in 7th grade will be initiated by student interest and community job and college possibilities in surrounding areas.

Southern Local will increase student wellness through the Physical Education Program with Wellness/Fitness/Exercise programming.

Southern Local will follow guidelines from the Columbiana County Health Department regarding the COVID pandemic outbreak 2020 to ensure that PPE items are purchased and in place for students' health, safety, and overall well being.

Expected Outcomes:

Student office referrals will decrease as well as the number of times troubled students are removed from the academic settings.

An increase in positive impacts will be seen in increases in attendance and academic outcomes.

Student confidence-self esteem, and general wellness will increase through awareness and success with strategies related to hygiene, physical health, and social emotional well being.

Identifying Needs:

Various meetings were held to plan and identify areas of need. Southern Local is a rural low socio-economic area with typical patterns of poverty, trauma, and limited access to resources. The district enrollment is currently just under 800 students with an identified special education population of 17%, and 64% of PK-6 students and 47% of students in grades 7-12 qualifying for Free and Reduced Lunch. Many of our students are part of the Columbiana County population of 64% enrolled in Public Health Care Programs. Approximately 20% of families in Columbiana County don't have dental or vision coverage. The community Google survey completed in the Fall of 2019 indicated that the community feels that the school district is a safe environment for students. Staff surveys indicate that staff feels there is a need for professional development in areas of poverty and trauma. State testing data indicates that Southern Local students are entering school below grade level in terms of achievement and school readiness. Southern Local has seen an increase from (2017-2019 data) 47.6% to 69.4% of 3rd Graders Proficient in Math, 46.7% to 67% of 7th Graders Proficient in Math, 50% to 69.4% of 3rd Graders Proficient in Reading, and 51.7% to 67% of 7th Graders Proficient in Reading. The Graduation Rate has seen a slow decline from 92.2% in 2017 to 90.8% in 2019 due to decreases in student attendance, achievement, and motivation. The district partners with Help Me Grow and HeadStart in Salineville to identify families and children in need as soon as possible. The district committee and building committee's will continue to meet during each school year to evaluate the current needs and practices and adjust to meet the needs of the school, students, and community.

Implementation and Monitoring

Action Steps	Who is responsible	Timeline	Monitoring Process	Possible Barriers
Provide pathways for graduation	7-12 admin, guidance and staff Students/Families	2019-2020 plan 2020-2021 implement	1. Scheduling of students 2. Monitoring of progress towards graduation	1. Student motivation to complete work and meet deadlines 2. Limitations with trade partners
Provide services from The	Redzone staff SL staff and admin	Annually	1. Referral process	1. Students motivation with

Redzone	students/families		2.Service delivery schedule 3.Review of progress to continue or discontinue service	strategies 2. Limited number of Redzone staff and limited service model
Provide Backpack Program for students in need	Harvest for Hunger staff SL School Nurse Volunteers	Weekly	1.Referral of students in need 2.Bag packing 3. Return of bags	1.Limited volunteers to help pack 2.Limited number of bags available to hand out
Staff Professional Development related to wellness	Admin Team School Nurse Staff	Annually during beginning and end of year PD sessions or Waiver Day's	1.Agenda and Sign in 2.Staff survey for topics of need annually 3. Certificates for staff upon completion	Possibility of not a wellness topic at each PD session- 1 per year
Dental Van	School Nurse Office staff St. Elizabeth's	Annually or Semi-Annually if possible	1.Student served list	Availability of Dental Van services
Hygiene Handout/Community Outreach	School staff Community Programs Staff	Annually at community events held at the school- Back to School Bash and District Showcase	# of events held # of hygiene products provided to community	Limited community events Limited supplies to hand out
Education on Wellness aspects	P.E. and Health Staff School Nurse	Instruction in respective classes on		

	Science Staff SS staff	hygiene, social emotional well being, spread of communicable diseases, physical fitness, and history of wellness events or occurrences in history.		
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Year 1: 2019-2020 funding amount \$186,895.71

Budget Breakdown:

- a. Redzone \$90,000
- b. Student/Staff Speaker 13 Messages \$13,000
- c. Family Literacy Nights- Elementary- \$3,000
- d. Hygiene Handouts- \$2500 (spring 2020)

Year 2020-2021- Remaining funding of Yr 1 along with Year 2 funding \$287,743.95

- a. Redzone
- b. Wellness Center Fitness equipment and programming
- c. Hygiene Handouts
- d. PAX training and supplies
- e. Pandemic Awareness- supplementing CARE funding

Year 2021-2022- Remaining from previous year and new budget.

- a. Redzone
- b. Wellness Center
- c. School Nurse- Hygiene
- d. PAX Materials

e. School Psych services- JCESC