

FIGHTING BACK

Fighting for our future, one kid at a time.

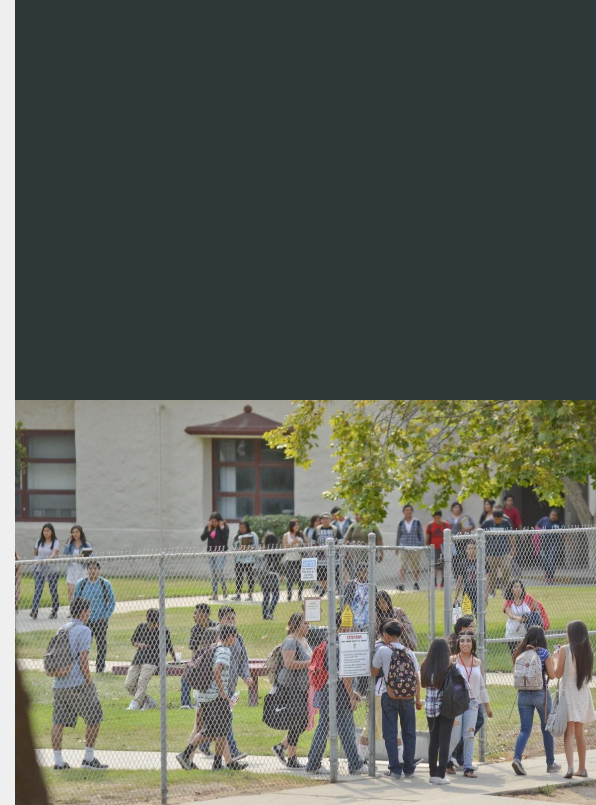
SANTA MARIA VALLEY



MISSION

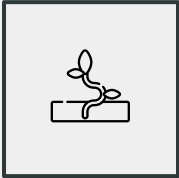


It's our mission to partner with all members of the community to achieve resilience against substance use, reductions in violence and promote a healthy and safe environment for our youth and families.



STRATEGY

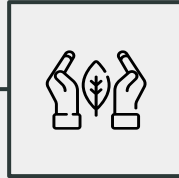
RESILIENCE



RESTORATION



REDUCTION



RESOURCES



RELATIONSHIPS



Services to SMJUHSD Students and Families Funded by SMJUHSD

Foster Student Support

Foundations
for
Success

Conflict Resolution

Mediation Utilizing
Restorative Approach

Trauma Informed Education Training

The
Community Resiliency
Model

Homeless Student Support

Students
in
Transition

Attendance

School Attendance
Review Board

Restorative Approach Training

Student Engagement
Strategies

COMMUNITY RESILIENCY MODEL (CRM)

Self Awareness and Regulation

FBSMV has partnered with the Trauma Resource Institute in bringing the Community Resiliency Model® to Santa Barbara County. This set of six wellness skills that help bring the nervous system back into balance. The skills are easy to learn and are for everyone. FBSMV has consistently trained staff on the impact of Trauma and how to help students who have high ACE Scores. FBSMV has 7 staff certified to teach CRM to others and all 41 staff have the ability to implement CRM skills with their students/clients.



Goal:

CRM's goal is to help create "trauma-informed", "resiliency-informed and focused" communities that share a common understanding of the impact of trauma and chronic stress on the nervous system and how resiliency can be restored or increased using a simple skills-based approach.

RESTORATIVE APPROACH

Conflict Mediation

FBSMV has provided Conflict Mediation utilizing Restorative Approach since 2015 in the SMJUHSD. In the current school year from 7/1/22-6/5/23 we have provided 586 conflict mediation in all 4 schools. We have also provided 6 trainings sessions for approximately 45 administratives, teachers and staff at the 3 comprehensive high school on Restorative Approaches. Most recently FBSMV has started conflict Mediation in the SMBSD Jr High Schools and a Restorative Pracitioner in Juvenile Hall.

Goals:

Promote healing for the victims and engage with offenders to establish accountability and responsibility for the consequences of their actions

Support mediation and communication, encourage and facilitate appropriate consequences/reparation, and seek reconciliation

Equip the offender(s) with the tools necessary to resolve conflict and reintegrate back into school rather than face traditional school expulsion

FOUNDATIONS FOR SUCCESS

Foster Students

- 89 foster students with their educational outcomes by providing
- 2,718 direct and case management services
- 15 foster seniors are expected to graduate high school and
- 3 Foster juniors are expected to graduate.
- A foster student has a full ride scholarship to Stanford.
- All 15 seniors have completed their FAFSAs.
- We did a Respect Day Youth Summit to 80 foster/homeless and at risk students.
- We took 7 students to the state Foster Youth Education Summit



Goals:

High School
"C" Grade or Higher Achieved
20% of A-G Requirements Achieved
Involved in an Extracurricular Activity



STUDENTS IN TRANSITION

Homeless Student Services

- 378 referred homeless students, received 5,589 direct and case management services.
- We took approximately 45 foster/homeless students on college tours to local universities and colleges.

Goals:



Policies and practices to improve implementation of the protections and supports provided to homeless children and youth by federal law:

- #1** Identification
- #2** Engagement and participation in school
- #3** Access to mental health services

Policies and practices to address and mitigate highly prevalent risk behaviors:

- #1** Establish a culture of care
- #2** Empower self-advocacy
- #3** Create physical safe spaces

School Attendance Review Board (SARB)

SARB is a community based effort to bring together multiple resources to assist families with attendance, truancy, and behavior issues so that students will stay in school, attend school regularly, and graduate. Fighting Back Santa Maria Valley has continued to serve as the administrative support and co-chair for the School Attendance Review Board.

FY 22/23: SMJUHSD referred 21 students to SARB (17 attended)

Such assistance includes monitoring attendance, assistance with transportation, referrals to other organizations (i.e. mental health services, small-group support services), and even personal incentives such as salon appointments and graduation gifts.

Services to SMJUHSD Students and Families Funded by Others

Tobacco Prevention

Tobacco Use Prevention
Education Funded
through Tobacco Tax

Substance Use Prevention

Funded Through SB
County BeWell

A Team for Every Child

Funded through State
ACES Buffering
Services

Cannabis Use Prevention

Funded Through Prop 64

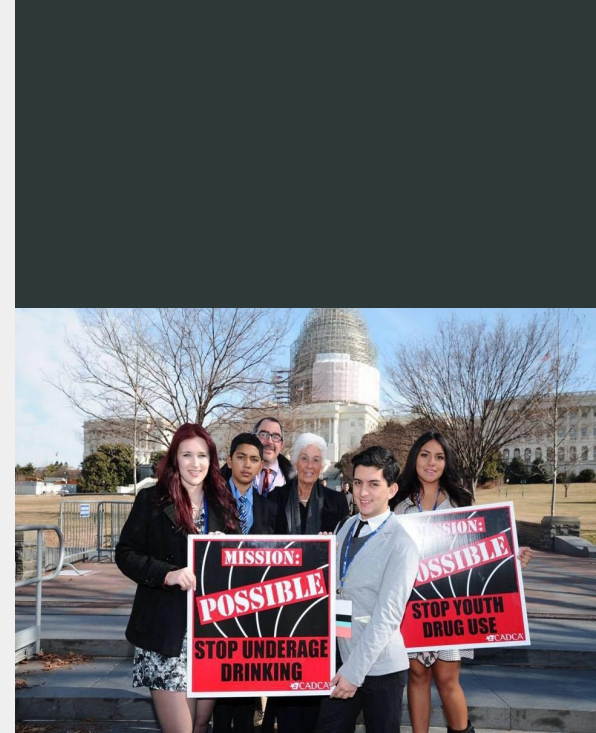
Young Adult Homeless Service Program

Housing Services for
Transitional Aged
Youth 16-24

Justice Involved Youth Services

Funded through
Probation Department

REDUCTION



It's all about
relationships

Young Adult Homelessness Service and Resilient Place



Homeless Transitional Aged Adult Outreach

Homeless Services TAY 18-24

- Get runaways off the street
- Engage with families of runaways
- Connect with interventions
- Provide Mental Health Triage referral
- CSEC-IT Screening
- Collaborate with CWS and other agencies
- Advocate for a North County Runaway Shelter
- Street outreach
- Permanent supportive housing
- Last year successfully housed 46 18-24 homeless individuals

NEW: FBSMV purchased a home to provide permanent supportive housing for Transitional Aged Youth (TAY 18-24). The house, Resilient Place was recently renovated June 2020 and tenants moved in July 2020.

FBSMV COALITION

Community Coalition

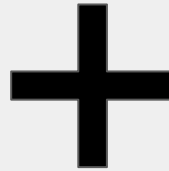
Fighting Back Santa Maria Valley Coalition focuses on youth substance use prevention by bringing 12 sectors of the community together to identify and address issues affecting our youth today. Over the last year we have expanded our prevention efforts to address multiple substances and other harmful behaviors that impact the youth in our community.



The coalition meets every first Tuesday of the month. We encourage you to get involved.



Prevention Strategies



The 6 CSAP Prevention Strategies

1. Information Dissemination
2. Education
3. Alternatives
4. Problem ID and Referral
5. Community Based Processes
6. Environmental

The Strategic Prevention Framework (SPF) outlines a process that an organization, initiative, community, or state can follow in order to prevent and reduce the use and abuse of alcohol, tobacco, and drugs.

The CSAP Strategies are methods or mechanisms of substance abuse prevention delivery. FBSMV utilizes all 6 strategies throughout its prevention programs.

Behavioral Wellness Coalition Grant

Youth Substance Abuse Prevention

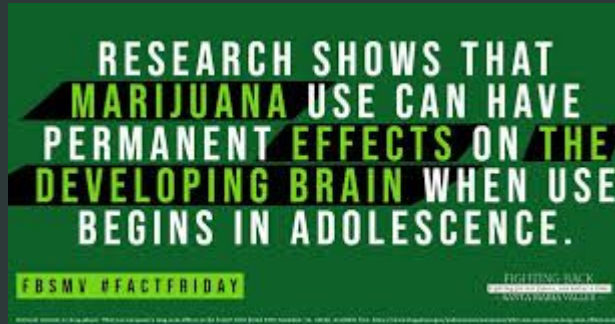
We were awarded the SB County Behavioral Wellness Coalition Grant to enhance the FBSMV Coalition's efforts to include excessive drinking and opioid use.

Through Be-Well FBSMV:

- Creates multiple media campaigns on teen substance abuse
- Provides substance abuse education in 7-12 grade classrooms including peer-to-peer education **FY 22/23: *2,340 SMJUHS students served**
- Provides mock teen bedroom presentations to parents and community members **FY 22/23: *390 SMJUHS parents served**
- Works to change policy that will change access and protect youth from substance abuse.

Goals:

Raise awareness and educate community to reduce underage drinking, excessive drinking, underage marijuana use, and Opioid misuse.

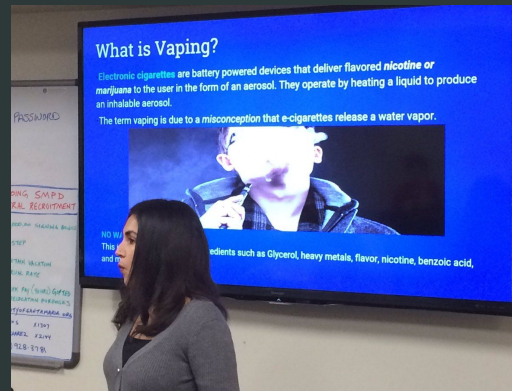
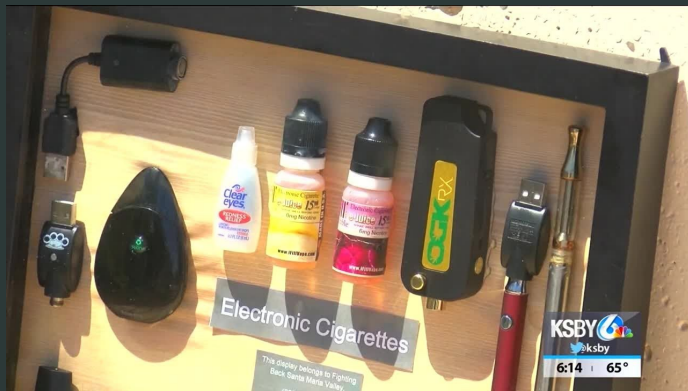


TOBACCO USE PREVENTION EDUCATION

Tobacco Prevention

As the TUPE Coordinator for Santa Barbara County, FBSMV assists 20 school districts and charter schools in developing capacity and building sustainability into their existing TUPE programs and activities.

FBSMV Tobacco Preventionist educates students, parents, school administration and the community on the dangers associated with tobacco use and addresses the vaping epidemic that our community is currently experiencing. In partnership with SB County, FBSMV has help to pass a TRL Policy and Tobacco Flavor-Ban Policy in both the city of Santa Maria and the county.



TUPE - Tier 2

Tobacco Prevention

FBSMV was awarded a TUPE Tier 2 grant that will allow continued prevention for all tobacco products as well as intervention and cessation. 4 Prevention Specialists will work to:

- Host a half-day training on You and Me, Together Vape-Free Curriculum.
- Implement You and Me, Together Vape-free program in all 6th grade classes.
- Establish Fresh Air Clubs Tobacco-Free (FACT) at local Jr. High Schools
- Facilitate cessation groups for all junior/high school students including in lieu of suspension. [FY 22/23:*46 SMJUHSD students served](#)
- Continued community education through presentations and media campaigns



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STD Prevention and Education

FBSMV was awarded a grant for STD Prevention and Education from Santa Barbara County. FBSMV staff will be providing interventions and services to homeless, females of childbearing age (12-44), youth (high school and junior high), and incarcerated youth (juvenile hall) within the Santa Maria Valley.

- Provide STD educational presentations to all high schools and Junior High Schools
- Provide targeted individual consultations with homeless, incarcerated and foster youth. **FY 22/23: *58 SMJUHSD students served**
- Collaborate with local health professionals to implement a comprehensive sexual health program.
- Create a “Best Practices in Sexual Health” packet for clinicians dealing with the 15-24 age group.



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one
COUNTY
one
FUTURE

Cannabis Education Prevention

Fighting Back Santa Maria Valley is contracted by the Santa Barbara County Probation Department to provide Cannabis Education classes and case management of community service hours for youth between the ages of 12 -18-year-old. Youth must be referred by law enforcement which includes school resource officers.

- FBSMV utilizes the evidence-based Project Towards No Drug Abuse (TND)
- Curriculum that was developed by the University of Southern California. The curriculum provides different tools for youth to use for better decision making in everyday life.
- FBSMV Prevention Specialists help youth connect with local agencies to schedule and complete their required community service hours. Youth are to track their hours on a timesheet and get them signed by their site supervisor.

FY 22/23: *264 students served county-wide, * 64 SMJUHSD students served



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JOVEN NOBLE

Youth Development Classes

This is a 10-week program, which works with the children of the parents attending PP Senior. Joven Noble is a youth development, support and leadership enrichment program that provides a process and a vehicle for the continued “rites of passage” development of youth, ages 11-17. It recognizes that youth need other men/women, their family, and community to care for, assist, heal, guide, and successfully prepare them for the true manhood/womanhood.



STRENGTHENING FAMILIES

Parenting Classes

Parenting series where youth and parents participate in an interactive class setting. Working together, parents and youth learn how to interact positively and build their family strengths.

Goals:

Strengthen
Family Bonds

Reduce Substance
Abuse and
Delinquency

Improve
communications
between family
members

Reduce Family
Conflict

RELATIONSHIPS



It's all about
relationships

ANY QUESTIONS?

THANK YOU!

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