

November, 2023 Breakfast, Lunch & Supper

1ST

BACON SCRAMBLE PIZZA

**POPCORN CHICKEN BOWL
OVER MASHED POTATOES
BISCUIT
GREEN BEANS
PINEAPPLE**

**SLOPPY JOE ON BUN
WAFFLE FRIES
STEAMED CARROTS
FRUIT COCKTAIL**

2ND

CINNAMON ROLL

**TURKEY TETRAZZINI
BREADSTICK
GLAZED CARROTS
PEARS**

**BLACK PEPPER GARLIC BEEF RICE BOWL
STEAMED BROCCOLI
MANDARIN ORANGES**

3RD

BREAKFAST SANDWICH

**BEEF HOT DOG ON BUN
SWEET POTATO FRIES
CREAMY COLESLAW
PEACHES**

6TH

MINI WAFFLES W/ SYRUP

**CHEESEBURGER ON BUN
WAFFLE FRIES
MIXED VEGETABLES
PEACHES**

**SWEET & SOUR CHICKEN
VEGETABLE FRIED RICE
EGG ROLL
MIXED FRUIT SALAD**

7TH

BREAKFAST BURRITO W/ SALSA

**PEPPERONI PIZZA
STEAMED BROCCOLI
GLAZED CARROTS
PEARS**

**MEATLOAF DINNER
ROLL
MACARONI & CHEESE
GARDEN PEAS
FRUIT COCKTAIL
POPSICLE**

8TH

BAGELS W/ CREAM CHEESE

**CHICKEN FRIED CHICKEN
ROLL
MASHED POTATOES W/ GRAVY
GARDEN PEAS & CARROTS
STRAWBERRIES**

9TH

SAUSAGE & GRAVY PIZZA

**SPAGHETTI W/ MEAT SAUCE
GARLIC BREAD
ITALIAN VEGETABLE BLEND
MELON**

**LOADED BAKED POTATO W/
HAM, BACON, CHEESE,
SOUR CREAM, BROCCOLI,
BLACK BEANS, SALSA
APPLE CRISP W/ ICE CREAM**

10TH

BREAKFAST SANDWICH

**SHREDDED PORK ON BUN
BAKED BEANS
ROASTED CAULIFLOWER
FROZEN FRUIT CUP**

13TH

FRUDEL

**TURKEY CORN DOG
SWEET POTATO TOTS
GOLDEN CORN
FRUIT COCKTAIL**

**OVEN FRIED CHICKEN LEG
SLICED BREAD & BUTTER
MASHED POTATOES W/ GRAVY
APPLESAUCE**

14TH

PANCAKES W/ SYRUP

**HOT TURKEY & CHEESE SANDWICH
CHIPS
SLICED CUCUMBERS & CARROT STICKS
ORANGE SLICES**

15TH

DONUT/OATMEAL

**ROASTED TURKEY
FIXINS
PUMPKIN SPICE CUPCAKE**

16TH

EGG & POTATO BOAT

**BEEF, BEAN, CORN ENCHILADAS
CORNBREAD
REFRIED BEANS
TROPICAL FRUIT SALAD**

**CHEESE OMELET
SAUSAGE
HASH BROWN TRIANGLE
MANDARIN ORANGES**

17TH

BREAKFAST SANDWICH

**LEMON PEPPER TILAPIA
ROLL
ROASTED POTATOES
SPINACH
BANANA**

20TH

NO SCHOOL

21ST

NO SCHOOL

22ND

NO SCHOOL

23RD

NO SCHOOL

24TH

NO SCHOOL

27TH

PANCAKE ON A STICK

**3-CHEESE CHICKEN BAKE
GARLIC BREAD
GREEN BEANS
PEARS**

**BBQ RIB SANDWICH
SWEET POTATO TOTS
STEAMED BROCCOLI
GRAPES**

28TH

MUFFIN/OATMEAL

**COUNTRY BAKED STEAK
ROLL
MASHED POTATOES W/ GRAVY
STEAMED CARROTS
STRAWBERRIES**

**FRENCH BREAD PIZZA W/ MARINARA SAUCE
GREEN BEANS
CORN
PINEAPPLE**

29TH

MINI WAFFLES W/ SYRUP

**GRILLED CHEESE
TOMATO SOUP
MIXED VEGETABLES
MELON**

**BEEF LASAGNA
GARLIC BREAD
MIXED GREEN SALAD
PEACHES**

30TH

BREAKFAST BURRITO W/ SALSA

BEEF TACO SALAD

REFRIED BEANS

FROZEN FRUIT CUP

CHURRO

SHRIMP POPPERS

VEGETABLE FRIED RICE

EGG ROLL

GARDEN PEAS

MANDARIN ORANGES