# Windham-Ashland-Jewett Central School District





Student Athlete Name:	Grade:	Sport/Activity:
Parent/Guardian Name(s):		Season/Year:

Participation in athletics and extracurricular activities at WAJ is a privilege that carries high expectations. Our goal is to develop character, teamwork, leadership, and Warrior pride in representing our school and community. This contract outlines the responsibilities of our student athletes and their families to ensure that each participant contributes positively to their team and to WAJ. Go Warriors!

## **Student Athlete Expectations**

As a WAJ athlete, I understand that my actions reflect on my team, my school, and myself. I agree to the following:

## 1. Program Commitment

- I understand that being part of the program requires dedication, effort, and respect for teammates and coaches.
- I will attend all practices, meetings, and competitions unless excused in advance.
- I will arrive on time, prepared, and ready to contribute to the program's success.
- I accept that playing time and roles are determined by the coach based on what's best for the team.
- I understand that modified athletes can be promoted to the varsity level based upon program needs, athletic ability, and athletes skill level.

#### 2. Academic & Behavioral Standards

- I will maintain the academic good standing and follow the requirements of academic eligibility.
- I understand that participation depends on my conduct inside and outside the classroom.
- I will follow all school and athletic rules, and represent WAJ with respect, sportsmanship, and integrity.

#### 3. Conduct & Sportsmanship

- I will treat coaches, officials, opponents, and teammates with courtesy and respect.
- I will refrain from profanity, taunting, bullying, or unsportsmanlike behavior.
- I understand that violations of the student code of conduct may result in suspension or removal from the team.

#### 4. Health, Safety & Substance Use

- I will make healthy choices and avoid the use of tobacco, vaping, alcohol, or drugs.
- I will report any injury or illness promptly to my coach and school nurse.
- I will care for my equipment and uniforms and help maintain a safe environment for my team.
- In the event that I am injured and unable to participate, I will still attend all practices and games unless otherwise excused by the coach in advance.

### 5. Communication & Responsibility

- I will communicate proactively with my coach or advisor if I will miss a practice or event.
- I will take responsibility for my attitude, effort, and commitment every day.
- I will remember that being part of a WAJ team is a privilege earned through respect, teamwork, and consistent effort.

### **Parent/Guardian Expectations**

As a parent or guardian of a WAJ athlete, I play an important role in shaping the experience for my child and their team. I agree to the following:

### 1. Support and Respect

- I will encourage my child to meet their academic and athletic responsibilities.
- I will demonstrate good sportsmanship and model respectful behavior toward coaches, officials, athletes, and other spectators.
- I will support the coach's decisions and avoid undermining the program or other team members.

#### 2. Communication

- I will communicate appropriately and respectfully with the coach when concerns arise, following the proper chain of command: Coach → Athletic Director → Principal.
- "24 Hour Rule" I will not approach coaches immediately before, during, or after contests to discuss playing time or strategy.
- I will ensure my child arrives on time and prepared for all practices, games, and events.

### 3. Program Support

- I will familiarize myself with the WAJ Athletic & Extracurricular Manual and uphold its expectations.
- I will help promote a positive team environment and school spirit.
- I understand that continued participation is dependent on compliance with all school and athletic policies.

#### **Mutual Commitments**

Together, we agree to:

- Represent WAJ with pride, dignity, and sportsmanship at all times.
- Prioritize academics, teamwork, and personal growth over individual accolades.
- Foster a positive, inclusive, and safe environment for all participants.
- Recognize that participation in athletics and extracurricular activities is a privilege, not a right, and that
  failure to meet expectations may result in consequences including reduced playing time, suspension, or
  removal from the program.

# **Signatures**

By signing this contract, we acknowledge that we have read and understand the expectations outlined above and in the **WAJ Athletic & Extracurricular Manual**. We agree to uphold the standards of the program and support the values of teamwork, respect, and responsibility.

Student Athlete Signature:	Date:
Parent/Guardian Signature:	Date:
Coach/Advisor Signature:	Date:
Athletic Director/Principal Signature:	Date: