

3. Ansley Long

Ansley Long has been a product of the Central Lion family since Kindergarten, attending Central Elementary, Middle, and High. In Middle and High school, Long participated in drama club, art club, and even excelled in AP Literature courses. She graduated in 2015, where she lettered all four years in track and field. As a team captain of the women's track team, Long made an appearance every year at the Georgia High School State Championship. With her biggest accomplishment, her senior year winning the 3-AAA state title in the long jump with a leaping school record of 19 feet and 5.5 inches. This is still the current Central High School record today. Long has held school records in the following events: 100 meters, 200 meters, long jump, and the 4x100 meter relay.

After high school, Ansley earned a fully paid scholarship to Shorter University in Rome, GA. Long went on to compete all four years at Shorter. Her biggest accomplishment was her final debut at the NCAA Division Two National Outdoor Championship, where she obtained runner-up in the women's long jump. With a bounding jump of twenty feet and six point two five inches. This jump was her personal all-time best and still to this day Shorter University's long jump record. She is also the University's current record holder in the 100 meters with a time of 11.55 seconds, which she accomplished at the Gulf South Conference Championship. Long held several qualifications while she attended college: she was an all-conference history 1st team participant in the 100 meters, 4x100 meter relay, and long jump in 2018 and 2019. She was a two-time Gulf South Conference weekly award winner and a six-time Gulf South Conference yearly event winner.

Ansley graduated from Shorter University in 2019 with a bachelor's in marketing in her four years of schooling, she consistently stayed on the dean's list with a 3.5 GPA which is another major accomplishment for her. She is currently obtaining her master's degree in general business.

Presently, Long is serving in the United States Army. She was deployed to Iraq in 2024. She has been stationed in South Korea, North Carolina, and currently Germany. In the years of being in the Army, she has been blessed to visit over 12 countries with family and friends. Her family has supported her through the years with countless prayers and endless love. But Ansley wants to give a special shoutout to her father for his mentorship, coaching, and timeless efforts. If she were to give any words of wisdom to any younger lions, it would be to "keep going and never give up."

CHS class of 2015, Ms. Ansley Long

