

# **School Health Advisory Council Meeting**

**December 12, 2024**

## **Odem Intermediate Library**

### **Agenda**

1. Welcome and Introductions
2. Our mission is to implement a coordinated school health program to prevent Obesity, Cardiovascular Disease, and Type II Diabetes in students through a combined effort of the school district and community.
3. Read and approve minutes from the November 14, 2024, meeting.
4. Reports from each Committee:
  - A. Nutrition
  - B. Physical Education
  - C. Health Services
  - D. Healthy School Environment
  - E. Health Education
  - F. Counselors
  - G. Family and Community Involvement
  - H. Health Promotion for Staff
5. Christine Yi will discuss the “Esteem Health Curriculum”
6. Discuss the assigned Great Body Shop Issues
7. Discuss any recommendation on themes for the Health Fair.
8. Discuss and possibly take action on the Esteem Health Curriculum for the 2025-2026 school year for 5<sup>th</sup> through 8<sup>th</sup> grade.
9. Open Discussion
10. Meeting adjourned