

SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU

APRIL 2024

4/01-4/05



Monday

Tuesday

Wednesday


Thursday

Friday


The Main Menu

 **National Smile Day!**
Baked Chicken Nuggets
Buttermilk Biscuit
Smile Fries
Smile Chat Snax 


Breakfast Sandwich
Egg, Sausage & Cheese on Whole Grain Croissant
Baked Potato Puffs

Baked Popcorn Chicken
Whole Grain Dinner Roll 
Roasted Squash


Mini Pizza Bagels 
Caesar Salad


Steak + Cheese on Ciabatta Roll w/ or w/o Onions + Peppers 
Baked Steak Fries

Alternate Lunch

Macaroni + Cheese w/Whole Grain Dinner Roll
or 
Hot Dog on Whole Grain Bun


Pizzeria Style Pizza
or
Hamburger or Cheeseburger on Whole Grain Bun

BBQ Rib on Whole Grain Bun
 or
Hot Dog on Whole Grain Roll

Spicy Chicken Patty on Whole Grain Bun
or 
Hamburger or Cheeseburger on Whole Grain Bun

Bosco Sticks w/Marinara Sauce
or
Hot Dog on Whole Grain Roll

The SMS Deli

BOARS HEAD
Turkey, Ham, Buffalo Chicken, Italian Combo 
Cheese: American, Provolone, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Mixed Pepper Strips, Onions, Olives

FRESH SALADS & More



Salad of the Week:
Chef Salad
Other Options:
Yogurt Parfait, Pretzel Meal

All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk or nonfat chocolate milk!

SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU

APRIL 2024

4/08-4/12



The Main Menu

Monday

Baked Mozzarella Sticks w/Marinara Sauce



Broccoli Florets

Tuesday

Taco Tuesday!

Seasoned Meat w/Lettuce/Tomato/Shredded Cheddar

Sour Cream + Salsa
Brown Rice
Golden Corn



Wednesday

Chicken Club Sandwich



Steamed Edamame

Thursday

French Bread Pizza

Tossed Salad with **Local Lettuce!**



Friday

Grilled Cheese

Oven Baked Crinkle Fries



Fresh Vegetable Cup w/Ranch Dip

Alternate Lunch

Macaroni + Cheese w/Whole Grain Dinner Roll

or



Hamburger or Cheeseburger on Whole Grain Bun

Pizzeria Style Pizza

or

Hot Dog on Whole Grain Roll

Cheese Calzone



or

Hamburger or Cheeseburger on Whole Grain Bun

Spicy Chicken Patty on Whole Grain Bun

or

Hot Dog on Whole Grain Roll

Bosco Sticks w/Marinara Sauce



or

Hamburger or Cheeseburger on Whole Grain Bun

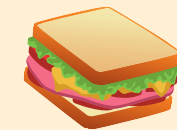
The SMS Deli

BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo

Cheese: American, Provolone, Pepperjack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Mixed Pepper Strips, Onions, Olives



FRESH SALADS & More



Salad of the Week:
Caesar Salad

Other Options:
Yogurt Parfait, Pretzel Meal

All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk or nonfat chocolate milk!



SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU

APRIL 2024

4/22-4/26



Monday

Tuesday

Wednesday

Thursday

Friday

The Main Menu

Cheese Quesadilla w/Salsa + Sour Cream



Baked Lasagna
Garlic Knot

Chicken Dipping Sandwich on Whole Grain Bun

Stuffed Crust Pizza



Baby Spinach Salad



Breakfast for Lunch!
French Toast Sticks
Sausage Patties
Oven Baked Potato Puffs

Refried Beans

Tossed Garden Salad

Oven Baked Crinkle Fries

Alternate Lunch

Macaroni + Cheese w/Whole Grain Dinner Roll



or

Hamburger or Cheeseburger on Whole Grain Bun

Pizzeria Style Pizza

or



Hot Dog on Whole Grain Roll

Mrs. T's Cheese Pierogies w/Sour Cream

or

Hamburger or Cheeseburger on Whole Grain Bun

Spicy Chicken Patty on Whole Grain Bun



or

Hot Dog on Whole Grain Roll

Bosco Sticks w/Marinara Sauce

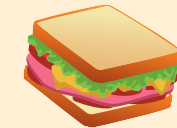
or

Hamburger or Cheeseburger on Whole Grain Bun

The SMS Deli

BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Pepperjack



Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Mixed Pepper Strips, Onions, Olives

FRESH SALADS & More



Salad of the Week:
Chef Salad

Other Options:
Yogurt Parfait, Pretzel Meal

All meals are served with our Rainbow Fruit & Veggie Tray and choice of 1% white milk or nonfat chocolate milk!



SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU

APRIL 2024

4/29-5/03



Monday

Tuesday

Wednesday

Thursday

Friday

The Main Menu

 Chicken Nachos w/
Toppings
Salsa + Sour Cream
Golden Corn


Baked Pizza
Crunchers

Broccoli Florets



**All meals are served with
our Rainbow Fruit &
Veggie Tray and choice of
1% white milk or nonfat
chocolate milk!**

Alternate Lunch

Macaroni + Cheese
w/Whole Grain Dinner
Roll

or
Hot Dog on Whole
Grain Roll

Pizzeria Style Pizza



or

Hamburger or
Cheeseburger on
Whole Grain Bun

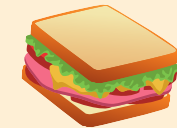
The SMS Deli

BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo

Cheese: American, Provolone, Pepperjack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Mixed Pepper Strips,
Onions, Olives



FRESH SALADS & More



Salad of the Week:
Caesar Salad

Other Options:
Yogurt Parfait, Pretzel Meal

**Breakfast AND Lunch are FREE
for ALL Students in ALL schools
up until June 2024!**