

SEPTEMBER 2025 HEAD START BREAKFAST MENU

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	2 Breakfast Entree Blueberry Bread Fruit Applesauce 1/2 cup serving Milk 1% Milk	3 Breakfast Entree Sunbutter & Grape Jelly Sandwich Fruit Oranges, All Sizes, 1/2 cup Milk 1% Milk	4 Breakfast Entree Chocolate Chip Muffin Fruit Apple Slices Milk 1% Milk	5 NO CLASSES
8 Breakfast Entree Cereal, Lucky Charms, Less Sugar Fruit Apple Slices Milk 1% Milk	9 Breakfast Entree Sunbutter & Grape Jelly Sandwich Fruit Oranges, All Sizes, 1/2 cup Milk 1% Milk	10 Breakfast Entree Apple Cinnamon Muffin Fruit Applesauce 1/2 cup serving Milk 1% Milk	11 Breakfast Entree Cinnamon Ultimate Breakfast Round Fruit Diced Peaches Milk 1% Milk	12 NO CLASSES
15 Breakfast Entree Honey Cheerios Cereal Fruit Oranges, All Sizes, 1/2 cup Milk 1% Milk	16 Breakfast Entree Annie's Bunny Grahams Fruit Applesauce Milk 1% Milk	17 Breakfast Entree Oatmeal Chocolate Chip BeneFIT Bar Fruit Apple Slices Milk 1% Milk	18 Breakfast Entree Maple Waffle Snap Crackers Fruit Mandarin Oranges Milk 1% Milk	19 NO CLASSES
22 Breakfast Entree Cinnamon Toast Crunch Cereal Fruit Mixed Fruit Cup Milk 1% Milk Misc. Strawberry Banana Trix Yogurt	23 Breakfast Entree Banana Bread Fruit Apple Slices Milk 1% Milk	24 Fruit Oranges, All Sizes, 1/2 cup Milk 1% Milk Misc. Mixed Berry Animal Crackers	25 Breakfast Entree Blueberry Snack Loaf Fruit Tropical Fruit Milk 1% Milk	26 NO CLASSES
29 Breakfast Entree Cocoa Puffs Cereal Fruit Diced Pears Milk 1% Milk	30 Lunch Entree Strawberry Uncrustables Sandwich Fruit Apple Slices Milk 1% Milk			

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