



**FRAZIER SCHOOL DISTRICT**  
Inspire and Empower



**BREAKFAST MENU**

**January 2025**




Menu Subject to Change

**Frazier participates in CEP**

**All Student meals are Free**

**Adult Breakfast: \$2.85**

Elementary Alternates may Included

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> 	<b>2</b>	<b>3</b>
<b>6</b> Zee Zee Bar Assorted Fruit 100% Fruit Juice Milk Choice	<b>7</b> Banana Muffin Tiger Bites Assorted Fruit 100% Fruit Juice Milk Choice	<b>8</b> Soft Filled Cinnamon Toast Crunch Bar Assorted Fruit 100% Fruit Juice Milk Choice	<b>9</b> Dutch Waffle Assorted Fruit 100% Fruit Juice Milk Choice	<b>10</b> Cherry Frudel Assorted Fruit 100% Fruit Juice Milk Choice
<b>13</b> Cinnamon Roll Assorted Fruit 100% Fruit Juice Milk Choice	<b>14</b> Pancake & Sausage On A Stick Assorted Fruit 100% Fruit Juice Milk Choice	<b>15</b> Lucky Charms Cereal Bar Assorted Fruit 100% Fruit Juice Milk Choice	<b>16</b> Super Bakery Donut Cup Assorted Fruit 100% Fruit Juice Milk Choice	<b>17</b> Mini Confetti Pancakes Assorted Fruit 100% Fruit Juice Milk Choice
<b>20</b> 	<b>21</b> Mini Maple Waffles Assorted Fruit 100% Fruit Juice Milk Choice	<b>22</b> Super Bakery Banana Bread Slice Assorted Fruit 100% Fruit Juice Milk Choice	<b>23</b> Egg, Sausage & Cheese Bagel Assorted Fruit 100% Fruit Juice Milk Choice	<b>24</b> Mini Chocolate Chip French Toast Assorted Fruit 100% Fruit Juice Milk Choice
<b>27</b> Assorted Benefit Bars Assorted Fruit 100% Fruit Juice Milk Choice	<b>28</b> Mini Cinni Assorted Fruit 100% Fruit Juice Milk Choice	<b>29</b> Sweet Roll Assorted Fruit 100% Fruit Juice Milk Choice	<b>30</b> Breakfast Pizza Assorted Fruit 100% Fruit Juice Milk Choice	<b>31</b> Dutch Waffle Assorted Fruit 100% Fruit Juice Milk Choice

- Choose 1**  
Benefit Bar
- May Choose 2**  
1 oz Cereal Bowl  
Single Poptart  
4 oz Yogurt  
Belly Bears  
2 oz Fruit Muffin or Muffin Top or Mini Loaf  
Cereal Bar

Middle School Grab N'Go Breakfast  
Cart may Included

- Choose 1**  
Benefit Bar  
2 ct Poptarts  
Cinnamon Roll  
Mini Donuts  
4 oz Sara Lee or Otis Spunkmyer Muffin  
2 oz Cereal Bowl

High School Grab N'Go Breakfast Cart  
may Included

- Choose 1**  
Benefit Bar  
2 ct Poptarts  
Hadley Farms Cinnamon Roll  
Mini Donuts  
4 oz Sara Lee or Otis Spunkmyer Muffin  
Mini Cinni  
2 oz Cereal Bowl

Frazier School District participates in the "National School Breakfast Program." All students receive a complimentary breakfast meal each school day. Per USDA School Breakfast Program Regulations, a complete breakfast offering includes: (2) one oz. equivalents of grain, 80% of which is "whole grain rich" OR (1) one oz. equivalent serving grains and (1) one oz. meat/meat alternate and (2) ½ cup portions of fruit (may be fresh, canned, dried or 100% juice) or vegetable, and (1) ½ pint of 1% or FF milk.

\*If all components of a complete breakfast are not selected, ala cart prices are in effect, as required by USDA.

Frazier is an equal opportunity provider

The Frazier School  
District Food Service  
Department needs  
Cafeteria Workers  
Applications available  
at the Administratin Office

Food Service Manager  
Christie Mansberry  
724-736-9507 x431  
cmansberry@fraizersd.org