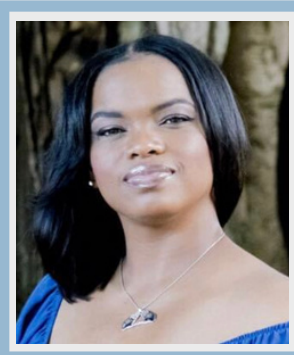


MINDS IN MOTION MESSENGER



THE SOCIAL WORK CORNER



Ms. Floyd, JM RCSWI
School Social Worker



WHAT'S INSIDE?!

- Quote of the Month
- Attendance Spotlight
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QUOTE OF THE MONTH

"Success is the sum of small efforts, repeated day in and day out." – Robert Collier
Stay motivated, GCHS! Every small step counts toward your goals.

ATTENDANCE SPOTLIGHT

September is Attendance Awareness Month!

Last month, 88 students had 5+ absences, and 271 had perfect attendance. Every day matters—missing just two days a month affects learning. Check out the "Attendance & Truancy" PowerPoint for more info.

COMMUNITY RESOURCE

This month, we highlight 2-1-1 Big Bend, offering crisis assistance, support, education, and referrals.

Contact: (850) 617-6333 | www.211bigbend.org

MENTAL HEALTH TIP

Practice Mindfulness

Take 5 minutes daily to pause, breathe, and refocus. It helps manage stress, boost focus, and improve well-being. Perfect for study breaks!

FEATURED EVENT

Hope Harvest Food Pantry Sept. 21 9-11AM

1110 Rich Bay Rd Havana, FL 32333

Contact Person: Karusha Sharpe; Phone: (850)766-1207

Need Additional Resources or Assistance?

Ms. Floyd: Floydm@gcpsmail.com

Ms. Henderson: Hendersonal@gcpsmail.com