

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

NO SCHOOL

4

NO SCHOOL

5

POPTARTS
PIZZA
CARROTS
CUCUMBERS
TEDDY GRAHAMS

6

BREAKFAST TACOS
CHILIMAC
MIXED VEGETABLES
GREEN BEANS
ROLLS

7

DONUTS
GRILLED CHEESE
SANDWICH
CELERY
BROCCOLI
CHIPS

10

CINNAMON TOAST
SLOPPY JOES
TRITOTS
BEANS

11

BREAKFAST TACOS
TOSTADAS
LETT / TOM
CORN
CHIPS/SALSA

12

MUFFINS
POPCORN CHICKEN
SALAD
CARROTS
ROLLS

13

EGGS,SAUSAGE,TOAST
PIZZA
CUCUMBERS
BROCCOLI
TEDDY GRAHAMS

14

WAFFLES
TURKEY SANDWICH
CELERY
CARROTS
CHIPS

17

YOGURT
HAMBURGERS
FRENCH FRIES
BEANS

18

BREAKFAST TACOS
CRISPITOS
REFRIED BEANS
CARROTS
CHIPS/SALSA

19

CINNAMON ROLLS
CHICKEN NUGGETS
MASHED POTATOES
GREEN BEANS
ROLLS

20

EGGS,SAUSAGE,TOAST
RAVIOLI
CORN
BROCCOLI
GARLIC BREAD

21

HONEY BUNS
FRITO PIE
MIXED VEGETABLES
SALAD
TEDDY GRAHAMS

24

OATMEAL
CHICKEN BURGERS
TATER TOTS
BEANS

25

BREAKFAST TACOS
NACHOS
REFRIED BEANS
LETT/TOM
TEDDY GRAHAMS

26

STRUDEL
STEAK FINGERS
MASHED POTATOES
GREEN BEANS
ROLLS

27

EGGS,SAUSAGE,TOAST
BAKED POTATO
W/ HAM
SALAD
BREADSTICKS

28

BREAKFAST ON A STICK
CHICKEN AND RICE
MIXED VEGETABLES
CELERY
ROLLS

31

MUFFINS
HOT DOGS
BAKED BEANS
FRENCH FRIES
CHIPS

Jan

FEED YOUR
CREATIVITY



Announcements:

MENU SUBJECT TO
CHANGE

CEREAL, MILK , FRUIT
AND JUICE SERVED WITH
BREAKFAST

FRUIT AND MILK SERVED
WITH LUNCH

REMEMBER TO TAKE
THREE ITEMS ONE OF
THEM NEEDS TO BE A
FRUIT OR VEGETABLE



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



Updated 1/1/2021
www.SquareMeals.org

FEED YOUR
CREATIVITY

January

WEEK OF: _____

ANNOUNCEMENTS:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



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FEED YOUR
CREATIVITY

January

TODAY'S MENU:

ANNOUNCEMENTS:



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LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

3

4

5

6

7

10

11

12

13

14

17

18

19

20

21

24

25

26

27

28

31

Enero

ALIMENTA TU
CREATIVIDAD



Anuncios:



DEPARTAMENTO DE AGRICULTURA DE TEXAS
COMISIONADO SID MILLER

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ALIMENTA TU
CREATIVIDAD

Enero

SEMANA DE: _____

ANUNCIOS:

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES



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ALIMENTA TU
CREATIVIDAD

Enero

MENÚ DEL DÍA:

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