

SEPTEMBER 2021

Alvord ISD – Alvord High School

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken and Tot Breakfast Bowl OR

Cereal and String Cheese

Smackers Chicken Bowl Chicken Philly Sub Buffalo Chicken Pizza

Breakfast Burrito OR Cereal and Toast

BBQ Pork Sandwich Smoked Sausage Coins Chicken Ranch Wrap Cheese Pizza

Glazed Donut OR Cereal and String Cheese

Crispitos with Cheese Sauce Bacon Cheeseburger Meatza Pizza



Sausage Biscuit OR Cereal and Toast

> Walking Taco Hamburger/Cheeseburger Sausage Pizza

Scrambled Eggs, Bacon & Toast Cereal and String Cheese

Red Beans and Sausage over Rice Breaded Chicken Sandwich Pepperoni Pizza

Sausage, Egg and Cheese Taco OR Cereal and Toast

Chicken Alfredo & Garlic Toast Turkey Bacon Ranch Wrap 3 Pigs Pizza

Dutch Waffle OR Cereal and String Cheese

Piggy Mac Nashville Hot Mega Minis & Hot Roll Pepperoni Pizza

Kolache 13 Cereal and String Cheese

20

General Tso's Chicken over Fried Rice Chile Verde Chicken Salad with Chips Pepperoni Pizza

Bacon and Cheese Biscuit OR Cereal and Toast

Cheese Enchiladas with Red Sauce Two PB&J Sandwiches Cheese Pizza

Pancake Sausage Sandwich Or Cereal and String Cheese

Cowbov Grilled Cheese Toasted Ham and Grilled Cheese Green Chile Chicken Quesadilla Buffalo Chicken Pizza

Ultimate Hashbrown Taco Or Cereal and Toast

Sloppy Joe Crunchy Chicken Cheddar Wrap Meatza Pizza

Cinnamon Roll OR Cereal and String Cheese

Chicken and Waffles OR French Toast Hot & Spicy Chicken Drumstick & Hot Roll Cheese Pizza

Breakfast on a Stick

Cereal and String Cheese

Tangerine Chicken over Fried Rice Two Corn Dogs Cheese Pizza

Honey Butter Chicken Biscuit **OR Cereal and Toast**

Two Chicken Fajita Tacos Two Turkey Soft Tacos Chicken Ranch Wrap Sausage Pizza

Fruit & Yogurt Parfait OR

Cereal and String Cheese

Two Chili Cheese Dogs/Hot Dogs Turkey Chef Salad with Breadstick Twist Pepperoni Pizza

Bacon, Egg & Cheese Taco OR Cereal and Toast

Baked Ziti with Garlic Texas Toast Hamburger/ Cheeseburger 3 Pigs Pizza

Chocolate Chip Muffin OR

Cereal and String Cheese

Crispitos with Cheese Sauce Frito Taco Salad Pepperoni Pizza

PB&J Uncrustable OR Cereal and String Cheese

Teriyaki Chicken over Asian Noodles Beef Taco Snack Pepperoni Pizza

Sausage, Egg & Cheese Croissant Q OR Cereal and Toast

> Chili Cheese Nachos Chicken Fajita Nachos Buffalo Chicken Wrap Cheese Pizza

Chicken and Tot Breakfast Bowl OR

Cereal and String Cheese

Breaded Chicken Pieces with Macaroni and Cheese & Hot Roll Cobb Salad with Breadstick Twist Buffalo Chicken Pizza

Breakfast Burrito OR Cereal and Toast

Cheesy Chicken over Rice with Hot Roll Bacon Cheeseburger Meatza Pizza



1% low fat unflavored milk and fat free flavored milk are available at breakfast and lunch daily. Fresh, dried or canned fruit and/or fruit juice is also available daily.

Substitutions may sometimes need to be made with a nutritionally comparable menu item