Amite County Elementary School

 November 2022 Lunch Menu

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  | Nov - 1Chicken NuggetsMashed Potatoes /CheeseGreen BeansRollKetchup 2Dipping Sauce 1FruitMilk | Nov - 2Hamburger FriesBaked BeansKetchup 3Mayonnaise 1Mustard 1Pudding CupFruitMilk | Nov - 3Pork ChopRice / GravyMustard GreensSteamed CarrotsCornbreadFruitMilk | Nov - 4Chicken Fajita WrapMexicali CornBaby Carrots Snack CookiesSour Cream 1Taco Sauce 1Fruit JuiceFruitMilk |
| Nov - 7PizzaTater TotsGreen BeansKetchupFruitMilk | Nov - 8Spaghetti & Meat SauceGarlic ToastBlack-Eyed PeasVegetable JuiceFruitMilk | Nov - 9Turkey & Cheese HoagieFriesConfetti ColeslawMayonnaise 1Mustard 1 Ketchup 2Strawberry GelatinFruitMilk | Nov - 10Red Beans and Rice with SausageCornbreadMustard GreensItalian Sliced CarrotsFruitMilk | Nov - 11Beefy Nachos GrandeSalsaWhole Kernel CornYellow CakeSliced StrawberriesMilk |
| Nov - 14Corn DogFriesCalifornia VeggiesKetchup 2Mustard 1FruitMilk | Nov - 15Chicken Fajita WrapMexicali CornBaby Carrots BrowniesSour Cream 1Taco Sauce 1FruitMilk | Nov - 16Glazed BBQ MeatballsMashed Potatoes /CheeseBaked BeansGarlic ToastChocolate Chip CookieFruitMilk | Nov - 17Turkey and DressingYam PattiesGreen PeasCranberry SauceJello with ToppingFruitMilk | Nov - 18Ham & Cheese on HoagieTater TotsCheesy BroccoliKetchup 2Mayonnaise 1Mustard 1FruitMilk |
| Nov – 21School Holiday | Nov – 22School Holiday | Nov – 23School Holiday | Nov – 24School Holiday | Nov – 25School Holiday |
| Nov - 28Manager’s ChoiceFruit JuiceFruitMilk | Nov – 29Chili Cheesy BreadstickSaltine CrackersCheesy BroccoliFruitMilk | Nov - 30Chicken TendersFriesItalian Sliced CarrotsRollKetchup 3FruitMilk |  |  |

\*Milk served daily: fat-free Chocolate and low-fat white milk. \*

\*\*Menu subject to change due to unforeseen circumstances. \*\*

\*\*\*This institution is an equal Opportunity Provider\*\*\*

Amite County Schools are Offer vs Serve schools

Students are encouraged to select all five components offered:

Meat/Meat alternative, Grain, Vegetable, Fruit, Milk

However, students are only required to select at least three components

with ONE of those three being a fruit or a vegetable to be a reimbursed meal from the federal government.