

**ALEXANDER CITY SCHOOLS
MIDDLE/HIGH MENU
AUGUST 2023**


Breakfast Options:

Fruit, 100% Juice & Assorted 1% & Skim Milk offered daily. Cereal offered daily.

Lunch Options:

Assorted 1% & Skim Milk offered daily.

Additional items may be added to the menu. Please Check w/ your local schools for additional choices.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
07	FRENCH TOAST STICKS, SAUSAGE, FRESH FRUIT BUFFALO CHICKEN DIP HOT DOG W/ CHIPS STEAMED GREEN BEANS CORN FRESH SIDE SALAD FRESH FRUIT	08	BREAKFAST PIZZA, FRESH FRUIT CHEESY CHICKEN PASTA W/ ITALIAN BREADSTICK BEEF SOFT TACOS W/ CILANTRO LIME RICE TOMATO & ZUCCHINI GRATIN BLACK-EYED PEAS FRESH SIDE SALAD FRESH FRUIT	09	SAUSAGE, GRAVY BISCUIT, FRESH FRUIT SOUTHWEST CHICKEN W/ WARM ROLL HAMBURGER PARMESAN ROASTED BROCCOLI FRENCH FRIES FRESH SIDE SALAD FRUIT	10	CINNAMON ROLL, FRESH FRUIT SPAGHETTI W/ ITALIAN BREADSTICK CHICKEN NUGGETS W/ WARM ROLL CITRUS CINNAMON GLAZED CARROTS SEASONED STEAMED SQUASH FRESH SIDE SALAD FRESH FRUIT FROSTED CUPCAKE	11	SCRAMBLED EGGS, BACON, WAFFLES, FRESH FRUIT CHILI W/ GRILLED CHEESE CRISPY CHICKEN SANDWICH TATER TOTS STEAMED GREEN BEANS FRESH SIDE SALAD FRESH FRUIT
14	CHICKEN BISCUIT, FRESH FRUIT TERIYAKI CHICKEN W/ FRIED RICE & EGG ROLL MINI CORNDOGS STIR FRY VEGGIES BLACK-EYED PEAS FRESH SIDE SALAD FRUIT	15	WAFFLES, SAUSAGE LINK, FRESH FRUIT CHICKEN NOODLE SOUP W/ GRILLED CHEESE CHEESE QUESADILLA STEAMED BROCCOLI SWEET POTATO FRIES FRESH SIDE SALAD FRUIT	16	MUFFIN & YOGURT, FRESH FRUIT TACO SALAD W/ CILANTRO LIME RICE HERB ROASTED CHICKEN W/ WARM ROLL CORN REFRIED BEANS FRESH SIDE SALAD FRUIT	17	SAUSAGE BISCUIT, FRESH FRUIT HONEY BALSAMIC PORK W/ WARM ROLL CHICKEN TENDER BASKET LEMON ROASTED CARROTS TOMATO & ZUCCHINI GRATIN FRESH SIDE SALAD FRUIT COOKIE	18	SCRAMBLED EGGS, BACON, BISCUIT, FRESH FRUIT BUFFALO CHICKEN DIP CRISPITO STEAMED GREEN BEANS FRENCH FRIES FRESH SIDE SALAD FRUIT
21	FRENCH TOAST STICKS, SAUSAGE, FRESH FRUIT COUNTRY FRIED STEAK & GRAVY W/ WARM ROLL CHICKEN NUGGETS W/ WARM ROLL MASHED POTATOES GREEN PEAS FRESH SIDE SALAD FRESH FRUIT	22	BREAKFAST PIZZA, FRESH FRUIT CHICKEN TWISTED PASTA W/ ITALIAN BREADSTICK CHEESEBURGER STEAMED GREEN BEANS FRENCH FRIES FRESH SIDE SALAD FRESH FRUIT	23	SAUSAGE, GRAVY BISCUIT, FRESH FRUIT CARIBBEAN CHICKEN W/ WARM ROLL FISH BOAT BROCCOLI WITH CHEESE BLACK-EYED PEAS FRESH SIDE SALAD FRESH FRUIT HOT FUDGE CAKE	24	CINNAMON ROLL, FRESH FRUIT SPAGHETTI W/ ITALIAN BREADSTICKS GRILLED CHICKEN SANDWICH CITRUS CINNAMON GLAZED CARROTS SPINACH FLORENTINE FRESH SIDE SALAD FRESH FRUIT	25	SCRAMBLED EGGS, BACON, WAFFLES, FRESH FRUIT BEEF SOFT TACO W/ CILANTRO LIME RICE CHILI DOG W/ CHIPS FRESH VEGGIE DIPPERS CORN FRESH SIDE SALAD FRESH FRUIT
28	CHICKEN BISCUIT, FRESH FRUIT GREEK CHICKEN W/ RICE PILAF & WARM ROLL CRISPITOS STEAMED GREEN BEANS BLACK-EYED PEAS FRESH SIDE SALAD FRESH FRUIT	29	WAFFLES, SAUSAGE LINK, FRESH FRUIT CHIPOTLE CHICKEN NACHOS W/ FRIED RICE HAMBURGER STEAMED BROCCOLI SWEET POTATO FRIES FRESH SIDE SALAD FRESH FRUIT	30	MUFFIN & YOGURT, FRESH FRUIT LASANGA W/ ITALIAN BREADSTICK CORN DOG FRENCH FRIES LEMON ROASTED CARROTS FRESH SIDE SALAD FRESH FRUIT	31	SCRAMBLED EGGS, BACON, BISCUIT, FRESH FRUIT HAMBURGER STEAK W/ GRAVY & WARM ROLL CHICKEN TENDER BASKET MASHED POTATOES GREEN PEAS FRESH SIDE SALAD FRESH FRUIT COOKIE		
				WELCOME BACK TO SCHOOL					

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