District Wellness Committee Minutes

February 20, 2019

Present:
Rachael Cacace, QFS Principal
Heather Elken, OCS Nurse
Christine Guerra, GOMS Parent
Jack Kolvig, OHS Student
Jennifer LaCapra, OHS Health/PE Teacher
Joanne Ofiero, Business Secretary
Sylvia Ouellette, Curriculum Coordinator
Olga Simoes, Director of Finance

1. Call to order at 1:46 pm.

2. Introductions
   • The committee members went around the table to introduce themselves.

3. Oxford Wellness Policy and Administrative Regulation
   • Wellness Policy needs updating within our current BOE policy.
   • The need for this committee is to update our wellness policy to align with all mandated requirements.
   • Need to discuss what is working for us? What is not working for us? What changes need to be made?
   • Review the Wellness Policy before the next meeting.

4. Needs Assessment
   • Self-Assessment/Needs Assessment tool is needed in order to create goals.
   • Find out what the needs are for our districts.
   • Develop a survey for parents & students.
   • Review the Self-Assessment and read the questions asked in the packet for the next meeting.

5. Future Meeting Dates and Agenda Items
   • 03/19/2019 – 1:30 pm
   • 04/23/2019 – 1:30 pm
   • 05/14/2019 – 1:30 pm

6. 5/14/19 – 1:30 pm Adjourn