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District Wellness Committee Minutes

February 20, 2019

Present:

Rachael Cacace, QFS Principal
Heather Elken, OCS Nurse
Christine Guerra, GOMS Parent
Jack Kolvig, OHS Student
Jennifer LaCapra, OHS Health/PE Teacher
Joanne Ofiero, Business Secretary
Sylvia Ouellette, Curriculum Coordinator
Olga Simoes, Director of Finance

1. Call to order at 1:46 pm.
2. Introductions
 - The committee members went around the table to introduce themselves.
3. Oxford Wellness Policy and Administrative Regulation
 - Wellness Policy needs updating within our current BOE policy.
 - The need for this committee is to update our wellness policy to align with all mandated requirements.
 - Need to discuss what is working for us? What is not working for us? What changes need to be made?
 - Review the Wellness Policy before the next meeting.
4. Needs Assessment
 - Self-Assessment/Needs Assessment tool is needed in order to create goals.
 - Find out what the needs are for our districts.
 - Develop a survey for parents & students.
 - Review the Self-Assessment and read the questions asked in the packet for the next meeting.
5. Future Meeting Dates and Agenda Items
 - 03/19/2019 – 1:30 pm
 - 04/23/2019 – 1:30 pm
 - 05/14/2019 – 1:30 pm
6. 5/14/19 – 1:30 pm Adjourn