

MARCH 2023

Dawson Springs

Monday

Tuesday

Wednesday

Thursday

Friday



6 Grilled Cheese or Rib Sandwich, Tater Tots, Broccoli w/Cheese, Coleslaw, Tomato Soup, Fruit, or Juice & Milk

7 Chicken Filet Sandwich or Spicy Chicken Sandwich, Baby Bakers, Glazed Carrots, Lettuce/Tomato, Fruit or Juice & Milk

1 Chicken Fried Steak or Chicken Drumstick, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

2 Beef & Cheese Nachos or Mac & Cheese, Refried Beans, Fiesta Veggies, Lettuce/Tomato Cup, Fruit or Juice & Milk

3 Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

13 Chicken Nuggets or General TSO's Chicken w/Rice, Tater Tots, Broccoli, Side Salad, Roll, Fruit or Juice & Milk

14 Rotini w/Garlic Bread, or Meatball Sub, Baby Bakers, Corn on the Cob, Side Salad, Fruit or Juice & Milk

15 Chicken Fried Steak or Chicken Drumstick, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

16 Chicken Fajita or Crispito w/Queso, Fiesta Veggies, Refried Beans, Salsa & Chips, Fruit or Juice & Milk

17 Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

20 BBQ Sandwich or Hotdog, Tater Tots, Baked Beans, Coleslaw, Fruit or Juice & Milk

21 Lasagna w/Garlic Bread, or Calzone w/Marinara, Corn on the Cob, Broccoli w/Cheese, Side Salad, Fruit or Juice & Milk

22 Chicken Fried Steak or Turkey, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

23 Tacos or Chicken Quesadilla, Fiesta Veggies, Refried Beans, Salsa & Chips, Fruit or Juice & Milk

24 Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

27 Chicken Tenders w/Roll or Buffalo Chicken Wrap, Tater Tots, Broccoli, Carrots w/Ranch, Fruit or Juice & Milk

28 Chicken Alfredo w/Garlic Bread, or Rib Sandwich, Peas & Carrots, Broccoli, Side Salad, Fruit or Juice & Milk

29 Chicken Fried Steak or Chicken Drumstick, Mashed Potatoes, Green Beans, Roll, Fruit or Juice & Milk

30 Beef & Cheese Nachos or Mac & Cheese, Refried Beans, Fiesta Veggies, Lettuce/Tomato Cup, Fruit or Juice & Milk

31 Pizza or Corndog, Corn, Baby Carrots, Side Salad, Fruit or Sidekick, Cookie & Milk

Daily Breakfast Items: Cereal, Poptarts, Fruit, Juice & Milk

- Monday: Sausage Biscuit or Mini Pancakes
- Tuesday: Breakfast Pizza or Cinnamon Roll
- Wednesday: Egg & Cheese Biscuit or Mini Donuts
- Thursday: Chicken Biscuit or Banana Bread
- Friday: Sausage Pancake on a Stick

Daily Lunch Menu Items Include:

All of these options come with Vegetable, Fruit & Milk

This Institution is an equal opportunity provider
Menu is subject to change without notice

- Ham & Cheese Croissant Sandwich w/ Chips
- Yogurt or Beef Sticks, String Cheese Stick, Muffin & Cheez-its
- Ham or Turkey & Cheese Wrap w/Chips
- Pizza Lunchable
- Chef Salad w/Roll